

Resource Booklet



*Aging and Disability Resource Center
Of Buffalo and Pepin Counties*

DISCLAIMER:

This list is provided to you for informational purposes only. You are solely responsible to verify the credentials of a provider/resources. The ADRC does not assume any responsibility for these providers/resources and does not guarantee the quality or availability of services. This is not an all-inclusive list.

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INTRODUCTION

The Aging and Disability Resource Center (ADRC) of Buffalo and Pepin Counties is a single point of contact for information and assistance to residents of Buffalo and Pepin Counties, all at no cost to you. We can help you sort through the options that are available for older adults aged 60+ and adults with disabilities, mental illness and/or substance abuse disorders, along with their family members and caregivers. Having this knowledge will enable you to make informed decisions about such things as:

- Maintaining your independence
- Choices for long-term care and related services
- Medicare benefits and other health-related benefits
- Social Security benefits
- Supportive services and resources in your community

Pepin County publishes a monthly newsletter called the “Golden Age Newsletter”. This newsletter includes information and local resources for seniors and their family/caregivers. To start receiving this newsletter by mail or email, call (866)-578-2372.

ABUSE AND NEGLECT

Adult protective services provide aid to elder adults and Adults-at-Risk who have been abused, neglected, or exploited. If you suspect an elder adult or adult at risk has experienced, is currently experiencing, or is at risk of experiencing abuse, neglect, self-neglect, or financial exploitation, please contact your county agency.

Buffalo County Department of Health & Human Services (608) 685-4412

407 S. 2nd Street, Alma, WI 54610

<https://www.buffalocounty.com>

- Business Hours: Monday - Friday 8:00 am - 4:30 pm
- *EMERGENCY AFTER HOURS: (608) 685-4433*

Pepin County Department of Human Services (715) 672-8941

740 7th Ave West, Durand, WI 54736

<https://www.co.pepin.wi.us>

- Business Hours: Monday - Friday 8:30 am - 4:30 pm
- *EMERGENCY AFTER HOURS: (715) 672-5944*

Long-Term Care Ombudsman (800) 815-0015

1402 Pankratz St. Suite 111 Madison, WI 53704

<http://www.longtermcare.wi.gov>

- Responds to complaints and problems of residents or recipients of long-term care, such as care in nursing homes, community-based residential facilities and services of managed long-term care programs (Family Care and IRIS).

New Horizons (715) 538-2810

21104th Avenue NE, Menomonie, WI 54751

<http://www.nhagainstabuse.org/>

- New Horizons offers FREE and confidential services to victims and survivors of domestic and sexual abuse in Buffalo County, Wisconsin. The shelter's Crisis Advocates provide support and advocacy for victims throughout their shelter stay.
- *24 Hour Crisis Line: Call (800) 706-8586*

The Bridge to Hope (715) 235-9074

21104th Avenue NE, Menomonie, WI 54751

<https://www.thebridgetohope.org>

- The Bridge to Hope offers FREE and confidential services to victims and survivors of domestic abuse, sexual assault and human trafficking in Dunn and Pepin Counties, Wisconsin.
- *24 Hour Hotline: Call (800) 924-9918 or Text (715) 505-3640*

Victim / Witness Services

Call your local District Attorney's Office

Provides information, support and advocacy to victims of crime and to witnesses for hearings.

- Buffalo County District Attorney's Office: (608) 685-6237
- Pepin County District Attorney's Office: (715) 672-8939

ADULT DAY CARE / RESPITE

Adult Day Care is daytime care for functionally and/or cognitively impaired adults. It is provided through a structured program of social and rehabilitative services in a supportive group setting. Funding may be provided by the National Family Caregiver Support Program, or the Alzheimer's Family Caregiver Support Program. (Please refer to Page 8 of this booklet for more information on "Caregiver Assistance" and related programs). Adult Day Care and hourly respite are available at the facilities listed. Meals and activities may be included.

Arc of Dunn County, INC. (715) 235-7373 Ext. 20
2602 Hils Court, Menomonie, WI 54751 <http://arcofdunncounty.org/>

Augusta Health & Rehab Adult Day Services / Respite (715) 286-2266
901 Bridge Creek Lane, Augusta, WI 54722 <http://augustahealthandrehab.com/>

Benedictine Adult Day Services (507) 457-3810
1347 West Broadway, Winona, MN 55987 <http://www.saintanneofwinona.org/>

Grace Adult Day Services (715) 832-8811
2441 New Pine Drive, Altoona, WI 54720 www.livegracefully.org

Hmong Adults Daycare Center LLC (715) 514-3491
1724 Westgate Road, Eau Claire, WI 54703

Hurlburt's Haven (715) 672-4049
1227 E Prospect Street, Durand, WI 54736 <https://hurlburtshaven.weebly.com/>

Lake Winona Manor (507) 457-4366
865 Mankato Ave, Winona, MN 55987

Plum City Care Center (715) 647-2401
301 Cherry Ave W, Plum City, WI 54761 <https://www.plumcitycare.com/>

REACH: Helen's House (715) 833-7755
309 Selma Street, Eau Claire, WI 54703 <http://reach-inc.org/>

- Selma House is for any adult with a disability.

REACH: Menomonie Adult Day Program (715) 235-7733
3375 Kothlow Ave, Suite 35, Menomonie, WI 54751 <http://reach-inc.org/>

- Serves adults with disabilities. Offers day programs and vocational programming.

ALZHEIMER'S, DEMENTIA & MEMORY LOSS

Alzheimer's Caregiver Support Program **(866)-578-2372**

Funding to assist caregivers of persons with a dementia diagnosis to help with temporary respite or supplemental services like adaptive aids, transportation, or other things to help caregivers.

Alzheimer's Association of Greater Wisconsin **(920) 469-2110**

404 ½ N. Bridge Street, Chippewa Falls, WI 54729

<https://www.alz.org/gwwi>

- *24-Hour Helpline: (800) 272-3900*

Memory Cafés **(866)-578-2372**

A place for people with early memory loss to socialize, join in interesting activities or enjoy speakers on topics of health and wellness.

- Coffee and Conversation Café @ Hurlburt's Haven
1227 E Prospect Street, Durand, WI 54736
Meets from 10 am-11:30 am on the 3rd Thursday of each odd numbered month.
- Food For Thought Café @ Immanuel Lutheran Church
205 Pine Street, Pepin, WI 54759
Meets from 10 am-11:30 am on the 2nd Tuesday of each even numbered month.
- The Alma Gathering Café @ Alma Lion's Club
110 N. Main Street, Alma, WI 54610
Meets from 10 am-11:30 am the second Thursday of each odd numbered month.
- The Morning Crew Café @ Central Lutheran Church
221 W Main Street, Mondovi, WI 54755
Meets from 10 am-11:30 am the 3rd Monday of each even numbered month.

Disclaimer: The information above is believed to be accurate at the time of printing. For updated information and information on other support groups available in your area, please reach out to the ADRC at 866-578-2372 or Michelle Brown, Dementia Care Specialist for Trempealeau, Buffalo and Pepin counties at 715-538-3198 or michelle.brown@co.trempealeau.wi.us.

Memory Screens **(866) 578-2372**

740 7th Ave. W, Durand, WI 54736

A memory screen is a wellness tool that helps identify possible changes in memory and cognition. It creates a baseline of where a person is at so that future changes can be monitored. The confidential screen takes about 10 minutes and can be done in your home or the ADRC Office. Talk to an Information and Assistance Specialist at your local ADRC for more information and to schedule your free memory screen.

ASSISTANCE PROGRAMS

Energy and Heating

Buffalo County Department of Health and Human Services (608) 685-4412
407 S. 2nd Street, Alma, WI 54610 <https://www.buffalocounty.com>

- *Must be a Buffalo County Resident*
- **Wisconsin Home Energy Assistance Program (WHEAP):** Provides eligible households with assistance for their home heating and energy costs. One-time per heating season (Oct 1 - May 15) benefit. Energy Crisis Assistance also available.

Western Dairyland (715) 985-2391
23122 Whitehall Road, Independence, WI 54747 <https://www.westerndairyland.org>

- *Must be a Buffalo County Resident*
- **Weatherization:** Common weatherization services include installing attic and sidewall insulation, sealing major air leaks, repairing or replacing furnaces, caulking and/or repairing inefficient windows and doors, adding weather stripping, insulating hot water heaters, installing energy-efficient light bulbs and appliances, plus other energy-conserving activities. If you received Wisconsin Home Energy Assistance Program (WHEAP) benefits during the last heating season, you are automatically eligible for weatherization services. You may also qualify if your income is at or below 60% of the Wisconsin median income.

WestCAP (715) 265-4271
525 Second Street, PO Box 308, Glenwood City, WI 54013 <http://westcap.org>

- *Must be a Pepin County Resident*
- **Weatherization:** The weatherization program exists to improve the energy efficiency of the housing stock for low/moderate income people. The eligibility for weatherization is the same as for energy assistance and all applications are taken by the County Energy Assistance Offices. The program is available to eligible people who own or rent (with landlord's approval). Work can be done on homes, mobile homes, duplexes and apartment buildings.
- **Wisconsin Home Energy Assistance Program (WHEAP):** WHEAP provides eligible households heating assistance, non-heat electric assistance, emergency services, and furnace assistance. The regular WHEAP season runs from October 1 through May 15, with Weatherization extending to September 30. Please be aware that funds are limited.

Home Buying / Home Repair Programs

Chippewa County Housing Authority (715) 839-6230

711 N. Bridge Street, Chippewa Falls, WI 54729

<https://www.co.chippewa.wi.us/community/housing-authority>

- Homebuyer Program: No interest, deferred payment loans are available for down payment and closing costs assistance to income-eligible homebuyers. Maximum loan cannot exceed 10% of purchase price.
- Housing Rehabilitation Program: A loan program designed to assist low and moderate-income households with repairs to their homes.

Foundation for Rural Housing, Inc. (608) 238-3448

PO Box 314, Oregon, WI 53575

<https://www.wisconsinruralhousing.org/>

- Provides financial assistance toward Security Deposit, Rent, Mortgage, Utilities and Property Taxes. Applicant must be under the 50% County Median Income. Other program restrictions apply.

Tomorrow's Home Foundation (608) 255-1088

258 Corporate Dr, Ste 200 C, Madison, WI 53714 <https://www.tomorrowshomefoundation.org/>

- Tomorrow's Home Foundation is designed to assist low-income mobile and manufactured homeowners who need critical repairs to their primary residence. Critical home repairs are those that are essential to remain in the home.

USDA Rural Development (715) 232-2614 Ext. 4

390 Red Cedar Street Suite G, Menomonie, WI 54751

<https://www.rd.usda.gov/wi>

- Provides a variety of low-interest loans to income eligible persons for housing needs. Also provides grants to persons age 62 + that are unable to repay a repair loan.

Western Dairyland (715) 985-2391

23122 Whitehall Road, Independence, WI 54747

<https://www.westerndairyland.org/>

- **Rapid Rehousing Program:** The goal of the program is to move homeless families and individuals into permanent housing as quickly as possible. For information about the program call (715) 836-7511.
- **Home Repair & Accessibility Program:** Provides funds for making essential improvements to homes. Services available include Septic Systems and Wells; Structural Problems and Safety Hazards; Roofing and Siding; Accessible Ramps & Bathrooms; Energy-related Improvements. To be eligible for the program, household incomes must be at or below 80% of the County Median Income.
Property must be the primary residence of the owner & be located in Eau Claire, Buffalo, Trempealeau or Jackson County.

MEDICATIONS

The Medicine Program <https://www.themedicineprogram.com/>

A Patient Advocate Organization and is FREE service. The goal of The Medicine Program is to assist you and your family find, apply and qualify for the right Patient Assistance Program(s). By working closely with you, your doctor and the prescription drug manufacturers they help cut through the red tape and assist you in receiving your medicine free or almost free-of-charge.

Medicine Assistance Tool <https://medicineassistancetool.org/>

A search engine for many of the patient assistance resources that the biopharmaceutical industry offers.

Needy Meds <https://www.needymeds.org>

NeedyMeds is a national non-profit information resource dedicated to helping people locate assistance programs to help them afford their medications & other healthcare costs.

FamilyWize <https://familywize.org/>

A free prescription savings card that lets you get discount prices for any prescription medication that is FDA approved. Just present the card with each prescription from your doctor to the participating pharmacy at the time of purchase and receive your discount!

Other Assistance / Programs

Food Share & Medicaid **(888) 627-0430**

Western Region for Economic Assistance (WREA)

<https://www.dhs.wisconsin.gov/forwardhealth/imagency/western.htm>

To apply for Food Share and/or Medicaid Insurance there are 4 options:

- Online: Visit <https://access.wisconsin.gov> to complete an application
- Call: WREA at (888) 627-0430 to complete a phone interview
- Local Agency: Call WREA at (888) 627-0430 to request a face-to-face appointment with someone from your local agency.
- Mail or Fax: Complete a paper application and mail to: CDPU PO Box 5234, Janesville, WI 53547 OR Fax to (855) 293-1822

Connect to your benefits anywhere, anytime using the MyAccess mobile app available for download from Google Play or the Apple Store

Goodwill Vouchers**Contact your Local Agency**

Vouchers are available to Buffalo and Pepin County residents experiencing a financial hardship and in need of clothing. Vouchers are valued at \$25 and can be used at most Goodwill stores.

- Buffalo County Human Services: (608) 685-4412
- Pepin County Human Services: (715) 672-8941

Homestead Tax Credit Program**(866) 578-2372**

The Homestead Credit is a tax benefit for renters and homeowners with low or moderate incomes. Eligible persons can get back some or all of their state taxes withheld during the year. Those who do not have earnings, or whose earnings were too small to have taxes withheld, can get extra cash back from the State. For more information or to apply, contact your local ADRC.

Salvation Army**Call your Local Agency****www.salvationarmy.com**

The Salvation Army provides short-term emergency financial assistance and help for people in a crisis. Funds can be used toward shelter, heat/utilities, food, clothing, medical and transportation.

- Buffalo County Human Services: (608) 685-4412
- Pepin County Human Services: (715) 672-8941

St. Vincent DePaul**(715) 672-8617**

825 E Prospect Street, Durand, WI 54736

<https://www.vinnies.org.au/>

Volunteers are trained to work closely with local agencies and charities. Together they can help families and individuals in need of financial assistance, help for bills and expenses, and other services to help those less fortunate. They also run a thrift store which can provide low cost household items and/or clothing.

- Must be a resident of Pepin County to receive financial assistance.

ASSISTED LIVING (RCACs)

Residential Care Apartment Complexes (RCACs):

***** = *Also a CBRF Facility*

- Residential Care Apartment Complexes (RCACs) are adult independent apartments.
- Private lockable entrance, kitchen with stove, private bathroom, sleeping/living areas.
- Individual can receive up to 28 hours of assistance per week.
- Current listing of residential care apartment complexes: <https://www.dhs.wisconsin.gov/guide/rcac.htm>

***The Homeplace of Mondovi** (715) 926-4777

158 E. Main Street, Mondovi, WI 54755 <https://www.thehomeplaceof.com/>

Autumn Village (715) 235-3697

915 Elm Avenue E, Menomonie, WI 54751 <https://www.americanlutheranhomes.com/>

***Comforts of Home Menomonie RCAC** (715) 231-4980

917 22nd Ave NE, Menomonie, WI 54751 <https://wpseniorliving.com>

***Heritage Oakwood Hills** (715) 831-9118

3706 Damon St, Eau Claire, WI 54701 <https://heritagesenior.com/>

Oak Gardens Place (715) 839-8000

342 Twin Oak Dr, Altoona, WI 54720 <http://www.enlivant.com>

The Homeplace of Durand (715) 672-4813

315 Country Lane, Durand, WI 54736 <https://www.thehomeplaceof.com/>

Valley Villas Assisted Living (715) 778-5535

S820 Westland Dr, Spring Valley, WI 54767 <http://svhcs.org/>

Welcome Home Assisted Living (715) 639-3400

1121 Industrial Road, Elmwood, WI 54740

Dove Healthcare Osseo Assisted Living (715) 597-2493

51017 Ridge View Rd, Osseo, WI 54758 <http://www.dovehealthcare-osseo.com/>

Clover Way RCAC (715) 538-4518

36125 E End Rd, Independence, WI 54747 <http://www.tchcc.com/>

Gundersen St. Elizabeth's Senior Living (651) 565-5566

1200 5th Grant Blvd W, Wabasha, MN 55981 <https://www.gundersenhealth.org/>

High Street House Assisted Living (651) 345-5000

317 North High Street, Lake City, MN 55041 <http://highstrethouseassistedliving.com/>

Brookdale Winona (507) 454-3090

835 East Bellevue Street, Winona, MN 55987 <https://www.brookdale.com/en.html>

Callista Court - St. Anne of Winona (507) 457-0280

1455 West Broadway, Winona, MN 55987 <http://www.saintanneofwinona.org/>

ASSISTED LIVING (CBRFs)

Community Based Residential Facilities (CBRFs): * * = *Memory Care Facility*

- State licensed: 24-hour supervision, meals, medication monitoring, personal care, semi-private/private rooms or apartments.
- May or may not have a private bathroom in each room.
- Facilities generally have 5-25 residents.
- Current listing of Community Based Residential Facilities:
<https://www.dhs.wisconsin.gov/guide/cbrf.htm>

<u>Hillview Senior Living</u>	(715) 926-4962
210 Memorial Drive, Mondovi, WI 54755	https://www.americanlutheranhomes.com/
* * <u>The Homeplace of Mondovi</u>	(715) 926-4777
158 E. Main Street, Mondovi, WI 54755	https://www.thehomeplaceof.com/
<u>St. Michael's Assisted Living</u>	(608) 468-6380
270 North Street, Fountain City, WI 54629	https://www.tlha.org/communities/
* * <u>Care Partners Menomonie</u>	(715) 235-6333
1902 Talen St, Menomonie, WI 54751	http://www.carepartners-countryterrace.com/
<u>Potters Country Home</u>	(715) 235-6789
N3430 State Rd 25, Menomonie, WI 54751	
* * <u>Azura Memory Care of Eau Claire</u>	(715) 563-2618
4803 Bullis Farm Rd, Eau Claire, WI 54701	https://www.azuramemory.com/
<u>Dove Healthcare South Assisted Living</u>	(715) 552-1035
3656 Mall Dr, Eau Claire, WI 54701	http://www.dovehealthcare-southeauclaire.com/
* * <u>Preferred Senior Living of Ellsworth</u>	(715) 273-6600
429 W Wayne St, Ellsworth, WI 54011	https://www.preferredseniorliving.com/
<u>The Seasons</u>	(715) 647-2169
301 Cherry Ave W, Plum City, WI 54761	https://www.theseasonsassistedliving.com/
<u>Family Circle</u>	(715) 695-3531
211 6th Ave N, Strum, WI 54770	
<u>River Oaks at Lake Pepin</u>	(651) 345-2713
815 North High Street, Lake City, MN 55041	https://www.riveroaksmn.com/lake-city-mn/
<u>Green Prairie Place</u>	(507) 534-3191
810 2nd Avenue NW, Plainview, MN 55964	https://monarchmn.com/
* * <u>Adith Miller and Roger Metz Manor - Winona Health</u>	(507) 452-0179
885 Mankato Avenue, Winona, MN 55987	https://www.winonahealth.org/

ASSISTED LIVING (AFHs)

Adult Family Home (AFH):

- State licensed: 24-hour supervision, meals, medication monitoring, personal care and private rooms.
- Can accommodate 2 - 4 residents.
- May include up to 7 hours per week of nursing care per resident.
- Current listing of Adult Family Homes:
<https://www.dhs.wisconsin.gov/guide/afhdir.pdf>

Linden House (715) 233-0329
E5532 700th Ave, Menomonie, WI 54751

Solomon Hill Residential Care (715) 505-6498
N5903 238th Street, Menomonie, WI 54751

Apple Valley Home (715) 835-5141
6700 Hwy 53, Eau Claire, WI 54701

Dearwood LLC (715) 830-0518
2011 N 60TH Ave, Eau Claire, WI 54703

Assisted Living of Durand (715) 672-3936
1103 E Laneville Ave, Durand, WI 54736

Brookside (715) 273-5060
N5335A 760th St, Ellsworth, WI 54011

Clover Way Adult Family Home (715) 538-4518
36125 East End Rd, Independence, WI 54747

BENEFIT SPECIALIST PROGRAMS

A Benefit Specialist is an individual who has been trained to help persons who are having difficulty with their private or government benefits. Benefit Specialists are often called “red tape cutters” because they are experts at helping adults with disabilities and the aging population with the extensive and complicated paperwork that is often required in applying for and obtaining benefits.

An *Elder Benefit Specialist (EBS)* assists anyone that is 60 years of age or older with answering questions or helping with the complicated paperwork that comes along with:

- Medicare A, B, C, and D
- Medicare Supplement Policies
- Social Security
- Other Public and Private Benefit Programs

A *Disability Benefit Specialist (DBS)* assists individuals ages 18-59 who have physical and/or developmental disabilities, mental illness, or substance use disorders. They provide information and assistance regarding public and private benefit programs and help individuals apply for and/or appeal the denial of benefits. Some areas and programs that they can assist with include:

- Medicaid (Medical Assistance)
- Medicare, Including Part D
- Prescription Drug Assistance
- Health Insurance Issues
- Employment
- Supplemental Security Income (SSI)
- Social Security Disability (SSDI)
- Housing & Utility Issues
- Low-Income Tax Credits
- Food Share

****You may make an appointment with a Benefit Specialist through the ADRC of Buffalo and Pepin Counties by calling (866) 578-2372.**

CAREGIVER ASSISTANCE

National Family Caregiver Support Program **(866) 578-2372**

Funding to help caregivers who care for a person age 60 and over; or a person with Alzheimer's disease or a related disorder regardless of age, with temporary respite or supplemental services like adaptive aids, transportation, etc. Funding assistance is also available to grandparents or relative caregivers 55 years of age and older who care for children under the age of 19, or care for a relative with a disability who is 19-59 years of age.

Family Caregivers Rock Nonprofit **Communication by Email**

PO Box 2434, Appleton, WI 54912

<https://familycaregiversrock.org/>

Family Caregivers Rock is a nonprofit that supports caregivers through the granting of wishes at no cost to the caregiver. Anyone who is an unpaid caregiver may apply for a wish to be granted. "Wish Applications" may be requested by sending an email to:

FamilyCaregiversRock@outlook.com

Caregiver Teleconnection **(866) 390-6491**

<https://www.caregiverteleconnection.org>

The Caregiver Teleconnection program has one-hour conference calls, at no cost. These sessions cover a wide range of interesting topics related to the care you provide to your loved one. You can get expert advice, ask questions and talk to other people who are also providing care.

COMMUNITY RESOURCES

Aptiv (715) 926-3987

132 South Eau Claire Street, Mondovi, WI 54755 <https://www.aptiv.org/>

Aptiv provides a spectrum of innovative support through customized services for individuals with disabilities, age 3 through adult. Examples of services include bathing, counseling, supportive homecare, community supported living, daily skills training, job development, supported employment, mentoring and much more!

Center for Independent Living (CIL) (715) 233-1070

2920 Schneider Ave. E, Menomonie, WI 54751 <http://cilww.com/>

The Center for Independent Living in Western Wisconsin offers an array of services and will work with anyone who has a disability, regardless of age. Their services include such areas as advocacy, independent living skills training, information and referral, peer support, transition, assistive technology, accessibility, benefits analysis, and transportation.

- *Serves Pepin County Residents*

Great Rivers 211 Dial 2-1-1 or (800) 362-8255

<https://www.greatrivers211.org/gr211/>

The 2-1-1 database takes the struggle and frustration out of finding answers to your questions. Offers free, confidential community information and referrals 24 hours/day. Dial 2-1-1 or (800) 362-8255 to talk to an information and referral specialist. Work with a Referral Specialist who will utilize a database containing more than 4,200 local, statewide and national agencies and organizations offering over 20,000 services.

Independent Living Resources (888) 474-5745

4439 Mormon Coulee Rd, La Crosse, WI 54601 <http://www.ilresources.org/>

Helps individuals with disabilities achieve or maintain more self-sufficient and productive lives in their communities. People with disabilities are assisted in exploring alternatives to institutionalization and are encouraged to make their own decisions about how they will live. Services include: Information and referral; Independent living skills training; Advocacy; Peer support; and Transition Services.

- *Serves Buffalo County Residents*

United Way of Dunn County: C-3 Center (715) 231-3066

1620 Stout Road, Menomonie, WI 54751 <http://www.uwaydunn.org/community/c3center>

Families in need can receive furniture, bedding, housewares, hygiene items, clothing and more - free of charge. This program is intended to make their homes and their lives better by allowing them to utilize their financial resources for basic needs such as food, housing and child care. Whether someone is in a crisis situation or having a short-term difficulty, we are here to help.

EMPLOYMENT & VOCATIONAL REHAB

Career Development Center (715) 834-2771

1515 Ball Street, Eau Claire, WI 54703

<https://www.lecdc.org/>

Provide meaningful and appropriate vocational services and employment opportunities for individuals with disabilities or disadvantages. Some of the services provided include job placement, benefits analysis, vocational evaluation, prevocational services and skills training.

Center for Independent Living (CIL): Telework (715) 233-1070

2920 Schneider Ave. E, Menomonie, WI 54751

<http://cilww.com/funding-resources/>

The Wisconsin Telework Program is a statewide, alternative loan program that allows Wisconsin residents with disabilities to purchase computers and other equipment needed to work from home or from other remote sites away from the office, such as work on the road or at a telework center.

- *Serves Pepin County Residents*

Division of Vocational Rehabilitation (DVR)

Contact Your Local Agency

Provide vocational services such as: Job search and placement assistance; Transition to work services for students with disabilities in high school; Supported employment services for persons with severe disabilities (includes time-limited on-the job training); Rehabilitation technology, vocational and other training; Disability and employment assessment; Occupational licenses, tools and other equipment; Interpreter services; Rehabilitation teaching services; Post-employment services; And other supports.

- *Buffalo County Residents:* (800) 523-2139
- *Pepin County Residents:* (715) 232-5660

REACH (715) 552-2763

2205 Heimstead Road, Eau Claire, WI 54703

<http://reach-inc.org/home/3582174>

Assists individuals with disabilities to successfully achieve competitive employment each year. Programs include the Supported Employment Program and the Adult Pre-Vocational and Life Skills Program.

Stout Vocational Rehabilitation Institute (715) 232-1410

221 10th Ave E, Menomonie, WI 54751

<https://www.uwstout.edu/outreach-engagement/stout-vocational-rehabilitation-institute>

Highly qualified staff coordinate and deliver vocational services directly to individuals with disabilities based on referrals from DVR, managed care organizations, and others. Services may include: Determining eligibility for DVR services; Analyzing the effect that working will have on an individual's benefits; Vocational Evaluation Assessment; Pre-Driving Evaluation and Training.

Ticket to Work (866) 833-2967<https://www.ssa.gov/work/>

Ticket to Work is a voluntary employment program for people ages 18 through 64 who are receiving disability benefits under Social Security's Supplemental Security Income (SSI) program and/or Social Security Disability Insurance (SSDI) program. The goal is to assist beneficiaries in obtaining employment and working towards becoming self-sufficient.

Wisconsin Senior Employment Program (WISE) (608) 615-1845

205 5th Ave. S, Suite 426, La Crosse, WI 54601

<https://ser-national.org/senior-community-service-employment-program/>

The Wisconsin Senior Employment Program (Senior Community Services Employment Program) is an employment training program for low-income, unemployed individuals aged 55 years and older. The program provides subsidized, part-time work experience for a limited time through community service to obtain the skills necessary for permanent employment. Participants in the program learn new skills and talents, or enhance existing ones, through valuable work experience and other training to become competitive in today's workforce.

Workforce Connections (608) 790-2380

Workforce Connections, Inc. administers employment and training programs funded through a variety of sources. Services include general staff assistance, specialist staff assistance, resource room facilities, job seeker services, youth services and business services.

- Buffalo County Residents: 36084 Walnut Street, Independence, WI 54747
- Pepin County Residents: 403 W. 3rd Avenue, Durand, WI 54736

FINANCIAL SERVICES***Financial Counseling*****UW Extension for Buffalo and Pepin Counties** (715) 672-5214

740 7th Ave W, Durand, WI 54736

<https://pepin.extension.wisc.edu/family-living/>

Offers free budget and debt counseling to those who need help with budgeting, money management skills and debt management.

Lutheran Social Services **Contact Your Local Agency**<https://www.lsswis.org/>

LSS Financial Counseling offers an array of services that will assist in developing financial literacy. Services include: Budget and debt counseling; Debt management plans; Credit report review; and Financial education.

- Buffalo County Residents: (608) 788-5090
- Pepin County Residents: (877) 967-5577

Representative Payee Services

A representative payee, or substitute payee, is a person who acts as the receiver of United States Social Security Disability (SSDI) or Supplemental Security Income (SSI) for a person who is not fully capable of managing their own benefits.

<u>Aptiv</u>	<u>(715) 926-3987</u>
132 South Eau Claire Street, Mondovi, WI 54755	https://www.aptiv.org/
<u>Beneficial Rep Payee Services</u>	<u>(715) 831-9349</u>
1439 Lyndale Ave, Eau Claire, WI 54701	
<u>House Calls of Menomonie</u>	<u>(888) 232-6475</u>
1921 Talen St, PO Box 361, Menomonie, WI 54751	http://www.housecallsinc.org
<u>Payee Service Inc</u>	<u>(715) 233-0203</u>
390 Red Cedar St. #R, Menomonie, WI 54751	
<u>RP Services of Wisconsin, Inc.</u>	<u>(715) 285-5020</u>
PO Box 368, Arkansaw, WI 54721	
<u>Social Security Representative Payee Program</u>	<u>(800) 772-1213</u>
	https://www.ssa.gov/payee

- Assists in finding a representative payee if you are concerned that someone you know becomes incapable of managing or directing the management of their benefits.

FOOD RELATED SERVICES

Community Meals

<u>St. John Lutheran Church</u>	<u>(608) 685-4534</u>
709 S 2 nd Street, Alma, WI 54610	
<ul style="list-style-type: none"> • 1st Sunday of the month from 5 - 6 pm. A no cost meal where all are welcome. 	
<u>Central Lutheran Church</u>	<u>(715) 926-3811</u>
221 West Main Street, Mondovi, WI 54755	
<ul style="list-style-type: none"> • 1st Wednesday of the month from 4:30 - 6 pm. Everyone is welcome to attend. 	
<u>Immanuel Evangelical Lutheran Church</u>	<u>(715) 442-3213</u>
205 Pine Street, Pepin, WI 54759	
<ul style="list-style-type: none"> • Last Wednesday of the month from 5 - 6:30 pm. No meals served in Nov. nor Dec. 	
<u>Masonic Hall</u>	<u>(715) 672-8107</u>
203 W Main Street, Durand, WI 54736	
<ul style="list-style-type: none"> • Last Sunday of the month from 4:30 - 6 pm. Bingo from 3:30-4:30 pm. Sponsored by Faith Lutheran Church of Durand and Rock Creek Lutheran Church. 	

Food Pantries

***If you are new to the pantry, please be prepared to provide: 1. A form of ID for each member in your household; 2. Proof of Address; 3. Income ***

***For subsequent visits, please be prepared to provide: 1. A form of ID for the person picking up the food; 2. Proof of Residency only if it has changed since your last visit. ***

Buffalo County Food Pantry **(608) 685-4946**

709 S 2nd Street, Alma, WI 54610

- Third Thursday of the month from 1 - 3 pm.

Mondovi Area Food Pantry **(715) 926-3115**

125 E Hudson Street, Mondovi, WI 54755

- Tuesdays and Thursdays from 10 am - 12 pm. Wednesdays from 5 - 7 pm.

Southern Buffalo County Community Mobile Food Pantry **(608) 687-3496**

1 Wall Street, Fountain City, WI

- First Tuesday of the month from 5 - 6 pm. Bring your own bags/boxes.
Located at Immaculate Conception Parish Life Center.

St. John's UCC Food Pantry **(608) 687-3277**

303 S Hill Street, Fountain City, WI 54629

- Wednesdays from 3 - 5 pm. Saturdays from 9 am - 11 am.

Durand Food Pantry **(715) 672-3203**

114 E Main Street, Durand, WI 54736

- Wednesdays from 9 am - 12 pm. Thursdays from 1 pm - 4 pm.

Pepin County-Durand Area Mobile **(715) 672-8975**

911 W Prospect Street, Durand, WI 54736

- Second Thursday of the month from 4:30 - 6 pm. Bring your own bags/boxes.
Located at St. Mary's Assumption Church.

Pepin Food Pantry Senior Site **(715) 442-2519 or (320) 224-8425**

701 Dunn Street, Pepin, WI 54759

- Wednesdays from 4 - 5 pm. Located at the Eastside Apartments.

Pepin/Stockholm Food Pantry **(715) 442-2519 or (320) 224-8425**

205 Pine Street, Pepin, WI 54759

- Thursdays from 10 - 11 am and 5 - 6 pm.
Located at Immanuel Evangelical Lutheran Church.

Grocery Delivery

Hansen's IGA (715) 926-3342

142 E Hudson Street, Mondovi, WI 54755

- Delivery fee of \$5. Will deliver within the Mondovi city limits. Place your order on Wednesdays between 8:30 am - 2:30 pm for Thursday morning delivery.

E&S Fresh Market (715) 442-2441

410 2nd Street, Pepin, WI 54759

- Delivery fee of \$5. Will deliver within the Pepin city limits. Same-day delivery available during store hours Monday - Saturday.

Other Food Programs

Food Share See Pg. 13 for ways to apply

FoodShare Wisconsin was created to help stop hunger and to improve nutrition and health. FoodShare helps eligible individuals with limited money buy the food they need for good health.

Commodity Supplemental Food Program (866) 578-2372

740 7th Ave W, Durand, WI 54736

<https://www.adrc-bcp.com/>

The Wisconsin Department of Health Service's Commodity Supplemental Food Program (CSFP) offers free, nutritious foods to low-income seniors aged 60 years and older. The monthly food package, worth about \$35, is available at no cost to eligible individuals. The foods are intended to be a supplement and do not provide a complete diet.

- *Must be a Pepin County Resident*

Senior Farmer's Market Nutrition Program (866) 578-2372

740 7th Ave W, Durand, WI 54736

<https://www.adrc-bcp.com/>

The Senior Farmers Market Nutrition Program offers low-income citizens, aged 60 or older, an opportunity to purchase fresh, locally grown fruits, vegetables and herbs from certified farmers. The individual will be issued vouchers which can be used from June 1 - October 31 at any participating farmers market or roadside stand in Wisconsin.

- *Must be a Pepin County Resident*

Hard of Hearing & Visual Impairments

iCanConnect (844) 638-5800
 8306 West Lincoln Avenue, West Allis, WI 53219 <https://www.icanconnect.org>
 iCanConnect provides free equipment including smartphones, tablets, computers, screen readers, braille displays, and more to people who meet federal disability and income guidelines.

Hear Wisconsin (414) 604-7222
 10243 W. National Avenue, West Allis, WI 53227 <https://hearwi.org/assistive-technology-center>
 The Assistive Technology Center has a wide array of devices such as caption phones, amplified phones, bed alarm shakers, visual fire alarm systems, and more to help people of all ages and all degrees of hearing loss. Technology experts provide free consultation to determine best technology solutions for use in the home, work or in social environments.

Office for the Blind and Visually Impaired (OBVI) (888) 879-0017
www.dhs.wisconsin.gov/blind

Helps improve the lives of people with vision loss. Staff provide one-on-one services at a local office or in home. Some services OBVI staff can provide include adjustment to vision loss, education about eye diseases and disorders, suggest resources and teach new skills.

- Buffalo County Residents: (608) 789-5663
- Pepin County Residents: (715) 836-6772

Office for the Deaf and Hard of Hearing (715) 502-9355
 610 Gibson Street, Suite 1, Eau Claire, WI 54701 www.dhs.wisconsin.gov/odhh
 Provides information and referral services on a variety of topics tailored to the unique needs of Deaf, Deaf-Blind, or hard of hearing residents. Topics include but are not limited to the following: 1. Available Technologies for Accessibility; 2. Community Services and Resources; 3. Communicating with people who are deaf, hard of hearing and deaf-blind.

Telecommunications Equipment Purchase Program (TEPP) (608) 231-3305
 PO Box 7854, Madison, WI 53707 <https://psc.wi.gov/Pages/Programs/TEPP.aspx>
 Helps people with disabilities buy equipment they need in order to use basic telephone services.

Wisconsin Talking Book and Braille Library (800) 242-8822
 813 W Wells Street, Milwaukee, WI 53233 <http://dpi.wi.gov/talkingbooks>
 A full-service public library which provides talking books and players free of charge, along with free postage, to anyone with any type of vision or physical limitation that prevents them from reading normal print or comfortably holding a book. In addition, they also provide audio-described DVDs, audio and braille magazines and newspapers from across the nation.

Health Care Providers

For individuals with Medicaid Insurance, contact Forward Health Member Service at (800) 362-3002 for benefit information and assistance in locating a service provider in your area that accepts Medicaid.

Chiropractic

<u>Durand Chiropractic Health Center</u>	(715) 672-4699
210A W Main Street, Durand, WI 54736	
<u>Eagle Valley Chiropractic</u>	(651) 565-4863
131 Main Street W, Wabasha, MN 55981	http://www.eaglevalleychiropractic.com/
<u>Foundations Chiropractic</u>	(608) 687-1255
W502 Spur Lane, Fountain City, WI 54629	https://www.foundationschiropracticwi.com/
<u>Mondovi Chiropractic</u>	(715) 926-4998
143 Franklin Street, Mondovi, WI 54755	http://www.mondovichiropractor.com/
<u>Pimblett Chiropractic</u>	(715) 828-1655
695 E Main Street, Mondovi, WI 54755	https://www.pimblettchiro.com/

Dental

<u>Chippewa Valley Technical College - Dental Hygiene Clinic</u>	(715) 833-6271
615 W Clairemont Ave, Eau Claire, WI 54701	
https://www.cvtc.edu/community-members/dental-clinic	
<u>Menomonie Dental Center of Marshfield Clinic - Menomonie</u>	(715) 233-6800
404 Red Cedar Street, Menomonie, WI 54751	https://www.marshfieldclinic.org
<u>Midwest Dental - Durand</u>	(715) 672-5261
620 7 th Ave W, Durand, WI 54736	https://midwest-dental.com
<u>Midwest Dental - Mondovi</u>	(715) 926-4237
132 Monroe Street B, Mondovi, WI 54755	https://midwest-dental.com
<u>Mork Dental</u>	(608) 248-2442
241 N Main Street, Cochrane, WI 54622	https://www.morkdental.com/
<u>Pederson Dental</u>	(715) 926-6035
853 W Main Street, Mondovi, WI 54755	
<u>Vogel Family Dentistry</u>	(715) 926-4459
156 N Franklin Street, Mondovi, WI 54755	http://www.vogelfamilydentistry.com/
<u>WDA Donated Dental Services</u>	(866) 812-9840
https://www.wda.org/wda-foundation/donated-dental-services	

Hearing

<u>Beltone Hearing Aid Center</u>	(877) 261-5994
183 Main Street W, Wabasha, MN 55981	https://www.beltone.com/en-us
<u>Everclear Hearing Products</u>	(715) 831-0289
2215 E Clairemont Ave #2, Eau Claire, WI 54701	https://everclearhearing.com/
<u>Miracle Ear</u>	(715) 690-1801
309 3 rd Ave W Suite E, Durand, WI 54736	https://www.miracle-ear.com
<u>Nancy Polzer Hearing Aid Services</u>	(715) 926-6333
671 N Eau Claire Street, Mondovi, WI 54755	
<u>North Ridge Hearing</u>	(715) 381-3111
406 1 st Street, Pepin, WI 54759	https://www.northridgehearing.com/pepin-wisconsin/

Medical

<u>Advent Health Durand</u>	(715) 672-4211
1220 3 rd Ave W, Durand, WI 54736	https://www.adventhealth.com
<u>Buffalo County Public Health</u>	(608) 685-4412
407 South 2 nd Street, Alma, WI 54610	https://www.buffalocounty.com
<u>Durand Clinic North</u>	(715) 672-5981
905 7 th Ave W, Durand, WI 54736	https://www.adventhealth.com
<u>Durand Clinic South</u>	(715) 672-5233
1250 3 rd Ave W, Durand, WI 54736	https://www.adventhealth.com
<u>Gundersen Lutheran Medical Center</u>	(608) 782-7300
1900 South Avenue, La Crosse, WI 54601	https://www.gundersenhealth.org/
<u>Gundersen St. Elizabeth's Hospital</u>	(651) 565-4531
1200 Grant Blvd. W, Wabasha, MN 55981	https://www.gundersenhealth.org/
<u>Gundersen St. Elizabeth's Alma Clinic</u>	(651) 565-5599
204 South Main Street, Alma, WI 54610	https://www.gundersenhealth.org/
<u>HSHS Sacred Heart Hospital</u>	(715) 717-4121
900 W Clairemont Ave, Eau Claire, WI 54701	https://www.sacredhearteauclaire.org/
<u>Marshfield Medical Center</u>	(715) 858-8100
2310 Craig Rd, Eau Claire, WI 54701	https://www.marshfieldclinic.org
<u>Mayo Clinic Health System - Franciscan Healthcare (Clinic)</u>	(608) 323-3373
895 South Dettloff Dr, Arcadia, WI 54612	https://mayoclinichealthsystem.org
<u>Mayo Clinic Health System - Franciscan Healthcare (Hospital)</u>	(608) 785-0940
700 West Ave S, La Crosse, WI 54601	https://mayoclinichealthsystem.org

Mayo Clinic Health System – Luther Campus	(715) 838-3311
1221 Whipple Street, Eau Claire, WI 54703	https://mayoclinichealthsystem.org
Mayo Clinic Health System – Oakridge	(715) 926-4858
700 Buffalo Street, Mondovi, WI 54755	https://mayoclinichealthsystem.org
Pepin County Health Department	(715) 672-5961
740 7 th Ave W, Durand, WI 54736	https://www.co.pepin.wi.us
Prevea Arcadia Health Center	(608) 323-1500
945 Dettloff Dr, Arcadia, WI 54612	https://www.prevea.com/locations/arcadia
Prevea Mondovi Health Center	(715) 926-6230
250 State Rd. 37, Mondovi, WI 54755	https://www.prevea.com/locations/Mondovi
Winona Health	(507) 454-3650
855 Mankato Ave, Winona, MN 55987	https://www.winonahealth.org

Mental Health & Substance Abuse

Arbor Place	(715) 235-4537
4076 Kothlow Ave, Menomonie, WI 54751	https://arborplaceinc.org/
<ul style="list-style-type: none"> • Services include Addiction Treatment and Mental Health Counseling. 	
Buffalo County Human Services	(608) 685-4412
407 South 2 nd Street, Alma, WI 54610	https://www.buffalocounty.com
Catalyst For Change Consultants	(715) 672-3736
1316 E Prospect Street, Durand, WI 54736	
LE Phillips Libertas Center	(715) 723-5585
2661 Co Hwy I, Chippewa Falls, WI 54729	http://www.libertascenter.org/
<ul style="list-style-type: none"> • Services include Detox, Addiction Treatment and Mental Health Counseling. 	
Marriage and Family Health Services	(715) 832-0238
2925 Mondovi Road, Eau Claire, WI 54701	https://www.marriageandfamilyhealthservices.com/
Locations in Durand and Mondovi also. Please call the Eau Claire Center to schedule your first appointment.	
Pepin County Human Services	(715) 672-8941
740 7 th Ave W, Durand, WI 54736	https://www.co.pepin.wi.us
Stein Counseling & Consulting Services	(608) 785-7000
221 W Main Street, Mondovi, WI 54755	https://effectivebehavior.com/

******If you or someone you care for are experiencing a mental health crisis, contact the Northwest Connections Crisis Line at: 888-552-6642 or text Hopeline at "741741"***

Pharmacies

CVS Pharmacy	(507) 452-6308
860 Mankato Ave, Winona, MN 55987	https://www.cvs.com
Durand Fresh Market Pharmacy	(715) 672-5971
520 W Main Street, Durand, WI 54736	https://durand-fresh-market.business.site/
Gundersen Pharmacy Wabasha	(651) 565-5611
1200 Grant Blvd W, Wabasha, MN 55981	https://www.gundersenhealth.org/
Heike Pharmacy	(715) 672-5202
213 W Main Street, Durand, WI 54736	
Hometown Pharmacy	(715) 926-4938
122 South Eau Claire Street, Mondovi, WI 54755	https://hometownpharmacyrx.com
Walmart Pharmacy	(507) 452-0615
955 Frontenac Drive, Winona, MN 55987	https://www.walmart.com

Vision

Durand Optometry Clinic	(715) 672-8981
100 E Main Street, Durand, WI 54736	https://durandoptometryclinic.com/
Mondovi Eye and Optical	(715) 926-4273
129 S Eau Claire Street, Mondovi, WI 54755	https://mondovieyeandoptical.com/
Robeson Family Vision Center	(507) 454-4092
1400 Homer Rd, Winona, MN 55987	https://visionsource-winona.com/
Wabasha Eye Clinic	(651) 565-3687
183 Main Street W, Wabasha, MN 55981	http://plainvieweyeclinic.com/

Other Healthcare Resources

Vivent Health **(715) 836-7710**

505 S. Dewey Street #107, Eau Claire, WI 54701 <https://viventhealth.org/>

- Services include Lifepoint Needle Exchange Program; Testing: HIV, Hepatitis C & Sexually Transmitted Infections; Dental Care for patients with HIV; Behavioral Health and Wellness Clinic for patients with HIV

Chippewa Valley Free Clinic **(715) 839-8477**

1030 Oak Ridge Drive, Eau Claire, WI 54701 <http://cvfreeclinic.org/>

- Walk-In Clinic: Tuesday from 4 pm – 8 pm
- Mental Health Clinic: 2nd & 4th Thursday from 5 pm – 8 pm (*by appointment only)
- Vision Clinic: 4th Thursday from 5 pm – 8 pm (*by appointment only)
- Dental Clinic: Tuesday from 5 pm – 8 pm (*by appointment only)

Menomonie Free Clinic **(715) 308-3808**

2321 Stout Road, Menomonie, WI 54751 <http://www.menomoniefreeclinic.org/>

- Services Provided: Health exams, lab, medications (excluding controlled substances) and reproductive health services. Dental services referred to other providers and payment stipend offered on a case-by-case basis.
- Clinic Hours: Tuesdays from 5 pm – 7 pm. Walk-Ins Only.

Health and Wellness Education

Diabetes Group Education Classes **(507) 457-4521**

www.winonahealth.org/diabetesgroup

Learn in a supportive environment that allows for an engaging discussion about diabetes. Diabetes group classes consist of a small group of individuals with diabetes and their support person. The four-class sessions are held over a three-month period. If you're interested in attending one of these sessions, contact your doctor for a referral or contact Winona Health Scheduling at (507) 457-4521 to sign up.

Healthy Living with Chronic Pain **(866) 375-7464**

<https://mayoclinichealthsystem.org/classes-and-events>

This multiweek workshop is for adults who have, or live with someone who has, ongoing struggles with chronic pain, such as arthritis, back pain, migraines, fibromyalgia and diabetic neuropathy. Learn new healthy habits and skills that can reduce pain and dependence on others, as well as improve energy, coping skills and quality of life. Organized by Mayo Clinic Health System in Eau Claire.

Living Mindfully: A Meditation Education Program (715) 717-6028<https://www.sacredhearteauclaire.org/Events-Classes>

A 12-week offering of The Healing Place for individuals who wish to learn more about the practice of meditation. Topics include mindfulness as part of a healthy lifestyle, attitudes cultivated in meditation, choosing an anchor for meditation, how mindfulness changes our brain, mindfulness and relationships and mindfulness and our values.

Stepping On: Fall Prevention Class (715) 672-8945

This multiweek, evidence-based fall prevention program will cover improving balance and vision, strength training, home environment safety and medication review. Gain confidence in your ability to manage your health behaviors and reduce the risk of falls to maintain an active and fulfilling life. To attend, you should be able to walk unassisted, live independently, and have had a fall or are at risk of falling. Organized by the ADRC of Buffalo and Pepin Counties. For more information or to register contact (715) 672-8945.

**Also offered through Mayo Clinic Health System in Eau Claire. For more information or to register contact (866) 375-7464.*

Disclaimer: The information above is believed to be accurate at the time of printing. For the most up to date information, please call the numbers listed.

Homeless Shelters**Hope Gospel Mission Inc.** (715) 552-5566 Ext. 13072650 Mercantile Dr, Eau Claire, WI 54701 www.hopegospelmission.org

- Men's Shelter. Hours: Mon-Fri from 5 pm-8 am. Sat & Sun from 8 am-7 pm.

Ruth House (715) 834-40002517 Moholt Drive, Eau Claire, WI 54703 www.hopegospelmission.org

- Women's Shelter. Hours: Mon-Fri from 5 pm-8 am. Sat & Sun from 8 am-7 pm.
Call after 5 pm or leave a message.

Sojourner House (715) 514-5556618 S Barstow Street, Eau Claire, WI 54701 <https://cclse.org/the-sojourner-house/>

- A safe, clean place for adult men and women who are experiencing homelessness.
Check in hours are 7 pm - 9 pm daily.

Catholic Charities - La Crosse Warming Center (608) 782-0710413 South 3rd Street, La Crosse, WI 54603 <https://cclse.org/la-crosse-warming-center/>

- Open nightly November 1st - April 30th from 6:30 pm - 8:00 am.

Hospice

Heartland Hospice Care	(715) 214-2485
3410 Oakwood Mall Drive Suite 400, Eau Claire, WI 54701	https://www.heartlandhospice.com
Mayo Clinic Health System Hospice in Eau Claire	(800) 236-8408
1221 Whipple St, Eau Claire, WI 54703	https://mayoclinichealthsystem.org
St. Croix Hospice	(855) 278-2764
1280 W Clairemont Ave #4, Eau Claire, WI 54701	https://stcroixhospice.com/
Gundersen St. Elizabeth's Hospice	(651) 565-5577
1200 5 th Grant Blvd W, Wabasha, MN	https://www.gundersenhealth.org/
St. Joseph's Home Health & Hospice	(715) 717-7395
2661 Co Hwy I, Chippewa Falls, WI 54729	https://www.stjoeschippfalls.org
Interim Healthcare Hospice of Western Wisconsin	(715) 377-9617
625 Commerce Dr. Suite 200, Hudson, WI 54016	https://www.interimhealthcare.com
<ul style="list-style-type: none"> • Only serves Pepin County residents. 	
Winona Health Home & Hospice	(507) 457-4468
175 E Wabasha St, Winona, MN 55987	https://winonahealth.org
<ul style="list-style-type: none"> • Available to Buffalo County residents who live within 25 miles of Winona, MN. 	

Housing Options - Subsidized

Buffalo County Housing Authority	(608) 685-3663
S1584 State Road 37, Alma, WI 54610	
<ul style="list-style-type: none"> • Several apartment units located in Alma, Nelson and Mondovi. 	
Mondovi Housing Authority - Highland Apartments	(715) 926-4943
600 Buffalo Street, Mondovi, WI 54755	http://www.mondovihousing.com/
Bear Creek Apartments - ACC Management Group	(715) 864-3903
2375 WI-44, Oshkosh, WI 54904	http://accmanagementgroup.com
Eagle Bluff Apartments	(608) 687-3058
436 South Main Street, Fountain City, WI 54629	
Great River Apartments - Horizon Management	(800) 944-4866
224 6 th St N, La Crosse, WI 54601	https://www.hmgapt.com/
Jefferson Street Apartments	(715) 834-3411
310 Jefferson Street, Mondovi, WI 54755	

Pepin County Housing Authority - Landmark Company (715) 834-3411
 4004 Oakwood Hills Pkway, Eau Claire, WI 54702 <https://www.landmark-company.com/>

- Several apartment units located in Durand, Arkansaw and Pepin, WI. Landmark also offers subsidized housing in Mondovi, WI.

Fair Housing Council (877) 647-3247
 759 N. Milwaukee Street, Suite 500, Milwaukee, WI 53202
<https://www.fairhousingwisconsin.com>

Promotes fair housing throughout the state of Wisconsin by combating illegal housing discrimination and by creating and maintaining racially and economically integrated housing patterns.

Section 8 Housing Choice Voucher Program (608) 784-1381
 412 South 3rd Street, La Crescent, MN 55947 <https://www.allegiantpropertymgmtllc.com>

The housing choice voucher program is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. A housing subsidy is paid to the landlord directly by the PHA on behalf of the participating family. The family then pays the difference between the actual rent charged by the landlord and the amount subsidized by the program. Income eligibility rules apply.

In-Home Healthcare

In-home healthcare services include a variety of services from skilled nursing care, housekeeping, personal care assistance, therapy and more. Contact any of the agencies below to inquire about rates and payment options. If you are unable to afford these services, please contact the ADRC of Buffalo and Pepin Counties at (715) 672-8945 as you may qualify for funding assistance if eligible.

Almost Family (715) 831-0631
 2523 W Folsom St Suite B, Eau Claire, WI 54703 <https://lhcgroupp.com>

- Coverage area includes all of Buffalo and Pepin Counties

Always There Homecare (715) 530-3076
 S643 Cty Rd BB, Mondovi, WI 54755 <https://www.alwaystherehomecarewi.com>

- Coverage area includes all of Buffalo and Pepin Counties

Aveanna Home Health (715) 598-5600
 4319 Jeffers Road Suite 201, Eau Claire, WI 54703 <https://www.aveanna.com>

- Coverage area includes Arkansaw, Durand and Mondovi, WI.

- Busy Bee Home Care** (715) 874-2273
 1280 W Clairemont Ave #6, Eau Claire, WI 54701 <https://www.busybeehomecarewi.com>
- Coverage area includes all of the Chippewa Valley and surrounding communities.
- CNS Home Health Care** (608) 783-3200
 700 3rd Street N Suite 103, La Crosse, WI 54601 <https://www.recoverhealth.org/>
- Coverage area includes the southern end of Buffalo County
- Gundersen St. Elizabeth's Home Health** (651) 565-5577
 1200 5th Grant Blvd, Wabasha, MN 55981 <https://www.gundersenhealth.org/>
- Coverage area includes most of Buffalo and Pepin counties.
- Hiawatha Homecare** (651) 388-2223
 4920 Moundview Dr Suite B, Red Wing, MN 55066 <https://hiawathahomecare.com>
- Coverage area only includes Stockholme, WI.
- Interim Healthcare of Western WI, Inc.** (715) 834-1313
 4257 Southtowne Dr. Suite 3, Eau Claire, WI 54701 <https://www.interimhealthcare.com>
- Coverage area includes all of Pepin County.
- International Quality Home Care** **Contact Your Local Agency**
<http://www.internationalquality.com/>
- 36347 Main Street, Whitehall, WI 54773 (800) 687-9480
 - 1215 N 7th Street Ste 105, Lake City, MN 55041 (877) 519-1644
 - 129 Hedin Ave Ste 101, Red Wing, MN 55066 (877) 517-0644
 - 2620 Stein Blvd, Ste A, Eau Claire, WI 54701 (888) 278-3405
- Mayo Clinic Health System - Home Health Care** (715) 831-0100
 1221 Whipple Street, Eau Claire, WI 54703 <https://mayoclinichealthsystem.org>
- Coverage area includes Arkansaw, Durand, Gilmanton and Mondovi, WI.
- Safe at Home Senior Care** (715) 598-7233
 505 S Dewey Street, Eau Claire, WI 54701 <https://www.sahsc.org>
- Coverage area includes Buffalo and Pepin Counties.
- Tongxeng Personal Homecare** (715) 514-4406
 1227 Menomonie St, Eau Claire, WI 54703 <https://www.tongxenghomecare.com>
- Coverage area includes most of Pepin county.
- Vintage Homecare** (651) 212-6359
 2000 Old W Main St #328, Red Wing, MN 55066 <https://www.vintagehomecare.net/>
- Coverage area includes most of Pepin county.

Internet, Phone and Technology

Adaptive Technology Resources Inc. (800) 770-8474

W175 N11163 Stonewood Drive, Suite 232, Germantown WI 53022

Provides a range of technological support to individuals with disabilities, senior citizens, those with visual impairments and caregivers. A few examples of support include assistance with setting up internet services, setting up smart home systems such as Alexa, making sure communication equipment is up to date, staying in touch remotely with family members and monitoring the health of loved ones remotely.

EveryoneOn (877) 947-4321

<https://www.everyoneon.org>

Connects low-income families and individuals to affordable internet service and computers, and provides online digital skills trainings and information.

Internet and Phone Helpline (608) 267-3595

A helpline for people who need help locating phone or internet service, a Consumer Affairs staff person will walk through internet and phone service options, share any discount information, and provide information about Lifeline eligibility and enrollment.

Open Wi-Fi tool for Drive-Up Internet

<https://maps.psc.wi.gov/apps/PublicWiFiLocations/>

An online tool that can assist users in finding free-to-use public broadband locations in their area. These are emergency internet locations for residents who do not have access to the internet at home. The buildings are closed, but the Wi-Fi connections remain accessible.

Wisconsin Lifeline & Link-Up Program Contact your local telephone company

<https://psc.wi.gov/Pages/Programs/LifeLineLinkup.aspx>

Lifeline is a Wisconsin Universal Service Fund program that makes essential telecommunications more affordable for low-income households by reducing monthly telephone charges. Most telephone companies that provide local residential service in Wisconsin offer this program to their residential customers. If you are interested in financial assistance for your local telephone service, then call your provider and say that you want to apply for Lifeline benefits.

- CenturyLink: (800) 201-4099
- Frontier Communications: (800) 515-0203
- TracFone (Safelink): (800) 723-3546
- US Cellular: (800) 447-1339
- Virgin Mobile: (888) 898-4888
- 24/7 Telecom: (888) 247-2035
- Cochrane Cooperative: (608) 248-2323
- Nelson Telephone: (715) 672-4204
- Tri-County Telephone: (800) 831-0610

Legal Assistance and Advocacy Organizations

Clients Rights Office - WI Department of Health Services (608) 266-5525

PO Box 7851, Madison, WI 53707 <https://www.dhs.wisconsin.gov/clientrights/index.htm>

The Client Rights Office serves individuals receiving services for developmental disability, mental health, and substance use. Inmates, emergency room patients, and single-person provider clinic patients are not served by the Client Rights Office.

Disability Rights Wisconsin (715) 736-1232

217 W Knapp Street, Rice Lake, WI 54868 <http://www.disabilityrightswi.org/>

Disability Rights Wisconsin is a private non-profit organization that protects the rights of people with disabilities statewide. They work to pursue justice on matters related to human and legal rights. Also provide assistance to individuals aged 18-59 who are currently enrolled or are eligible but not yet enrolled in Family Care, Family Care Partnership, or IRIS.

Guardianship Support Center (GSC) (855) 409-9410

<https://gwaar.org/guardianship-resources>

Operated by GWAAR, the Guardianship Support Center (GSC) provides information and assistance on issues related to adult guardianship, protective placement, advance directives and more. The GSC is required to be a neutral information source and is unable to provide legal advice or offer direct representation. If you would like specific legal advice, please consult an attorney.

Greater Wisconsin Agency of Aging Resources, Inc. (GWAAR) (608) 243-5670

1414 MacArthur Road, Suite A, Madison, WI 53714 <https://gwaar.org>

Provides information, training and resources needed to develop advocacy skills.

Lawyer Referral & Information Services - State Bar of WI (800) 362-9082

<https://www.wisbar.org/forpublic/inedalawyer/pages/lris.aspx>

Will help you figure out if you need a lawyer and how to proceed if you do. You will not receive legal advice, but instead will talk with a legal assistant who will help analyze potential legal problems. If necessary, a referral will be made to an attorney in your area who has indicated an interest in your type of legal situation. Attorneys referred through this program agree to charge no more than \$20 for the first consultation, up to one half hour. Anything beyond the first half-hour, you will be charged the lawyer's regular fees.

Legal Action of WI - La Crosse Office (608) 785-2809

205 5th Ave S Suite 300, La Crosse, WI 54601 <https://www.legalaction.org/>

Provides free civil legal assistance to secure safety, stability, and independence for elder abuse victims through the "Elder Rights Project". Free civil legal aid is also available to low income individuals and families.

- *Must be a Buffalo County resident*

Long-Term Care Ombudsman (800) 815-0015
 1402 Pankratz Street, Suite 111, Madison, WI 53704 <http://www.longtermcare.wi.gov>
 Provides advocacy services to persons age 60 and older who are consumers of Wisconsin long term care programs (Family Care and IRIS). The Ombudsman Program has, by law, the authority to have contact with any resident or tenant of a Wisconsin nursing home, Community Based Residential Facility (CBRF), Residential Care Apartment Complex (RCAC), Adult Family Home (AFH).

Wisconsin Judicare, Inc. (800) 472-1638
 401 5th Street Suite 200, Wausau, WI 54403 <http://www.judicare.org>
 Provides free civil legal assistance to secure safety, stability, and independence for elder abuse victims through the “Elder Rights Project”. Wisconsin Judicare’s mission is to provide legal assistance to those who otherwise cannot afford it.

- *Must be a Pepin County resident*

Elder Law Attorneys

Disclaimer: The following attorneys work in the area of elder law and estate planning. This list is provided to you for informational purposes only and the attorneys are not listed in any particular order. The ADRC assumes no responsibility for the qualifications of these attorneys. Being listed does not guarantee the quality or availability of their services. You are responsible to verify the credentials and background of any attorneys listed as this is not done by the ADRC. Any arrangement as to fees or legal advice is a personal arrangement between you and the attorney.

Gardner Attorney-at-Law (715) 832-4444
 2411 Hillcrest Parkway Suite 9, Altoona, WI 54720 <http://gardner-law.net/>

Grosskopf Law Office (715) 835-6196
 1324 West Clairemont Ave, Eau Claire, WI 54701 <https://www.eclawyers.com>

Heike Law Offices, LLC (715) 926-5007
 135 E. Main Street, Mondovi, WI 54755 <https://www.heikelaw.com>

Roger Hillestad & Associates (715) 672-8955
 308 3rd Ave W, Durand, WI 54736

Ruder Ware, LLSC (715) 834-3425
 402 Graham Ave, Eau Claire, WI 54702 <http://www.ruderware.com>

Schmoldt Law Office, LLC (715) 726-3070
 702 Bay Street, Chippewa Falls, WI 54729 <https://www.schmoldtlawoffice.com>

Seifert and Schultz, SC (715) 672-8938
 315 2nd Ave W, Durand, WI 54736

Weld Riley, SC (888) 880-9353
 3624 Oakwood Hills Pkwy, Eau Claire, WI 54701 <http://weldriley.com/>

Long-Term Care Options Counseling

Aging and Disability Resource Center of Buffalo and Pepin Counties (866) 578-2372

740 7th Ave W, Durand, WI 54736

<https://www.adrc-bcp.com/>

Offers information about the choices that are available to meet your long-term care needs and discussing factors to consider when making long-term care decisions. Staff can assist with financial eligibility requirements, screening for functional eligibility and enrollment into long-term care programs such as Family Care or IRIS if eligible.

Meal Sites and Home Delivered Meals

Meal Sites

Congregate Meal sites provide an opportunity for Pepin and Buffalo County residents age 60+ and their spouse (regardless of age) to enjoy a hot meal or salad in a family-like atmosphere. Suggested contribution of \$3.50. Reservations are required 1 day in advance.

American Lutheran Home (715) 926-4962

200 Memorial Drive, Mondovi, WI 54755

- Serves Monday - Thursday

Donna Mae's Panther Café (715) 946-3139

S870 Hwy 88, Gilmanston, WI 54743

- Serves Monday - Friday

Nelson Community Hall (715) 673-4070

S105 N. Main St, Nelson, WI 54756

- Serves Monday - Thursday

The Lost Pirates (608) 248-2683

175 S. River Rd, Buffalo City, WI 54622

- Serves Monday - Thursday

Corral Bar & Riverside Grill (715) 672-8936

318 W Main St, Durand, WI 54736

- Serves Tuesday-Friday

Pepin Lion's Club (715) 442-2289

300 8th Street, Pepin, WI 54759

- Serves Monday, Wednesday, & Friday

Home Delivered Meal Program

Aging and Disability Resource Center of Buffalo and Pepin Counties (866) 578-2372
740 7th Ave W, Durand, WI 54736 <https://www.adrc-bcp.com/>

Home delivered meals are available throughout Buffalo and Pepin Counties to eligible individuals. No eligible person shall be denied a meal due to inability to pay. Delivery is available county-wide. Hot meals and salads available to all participants. Suggested contribution is \$4.00 for both Buffalo and Pepin County participants. Reservations are required 1 day in advance.

Medical Equipment & Loan Closets

A&J Mobility (715) 874-6630
2650 Prospect Dr, Eau Claire, WI 54703 <https://www.aandjmobility.com>
Wheelchair Van Sales, Rentals, Service and Mobility Equipment.

Apria Healthcare (715) 834-7517
1316 N Hastings Way Suite B, Eau Claire, WI 54703 <https://www.apria.com>

Barber DME Supply Group (855) 248-6611
720 Moorefield Park Dr Ste 202, Chesterfield, Virginia 23236 <https://dmesupplyusa.com>

Center for Independent Living (CIL) (715) 233-1070
2920 Schneider Ave. E, Menomonie, WI 54751 <http://cilww.com/>

- Device Loan and Demonstration Program: Over 2000 pieces of assistive technology available for short-term trials, providing an opportunity for consumers to try out equipment and determine if it meets their needs. Staff also has knowledge of where to acquire equipment and any potential funding options that may be available.
- For Sale/Donation Site: Visit <http://cilww.com/for-sale-donations/> for a current list of medical equipment that has been donated or is being sold privately.
- WISLOAN: A statewide alternative loan program that allows Wisconsin residents with disabilities to finance assistive technology, home modifications, or equipment needed to become self-employed or to work from home.
- *Must be a Pepin County resident*

Dunn County Veterans Service Office (715) 232-1646
3001 US Highway 12 E, Suite 116, Menomonie, WI 54751

- Loan Closet available to anyone regardless of residency.

Gilmanton Legion (715) 797-3893
W736 County Rd B, Mondovi, WI 54755

- Loan Closet available for *Buffalo County residents*.

Grace Home Respiratory (715) 832-7377
2204 N Hillcrest Pkwy #2, Altoona, WI 54720 <https://www.ghr-ec.com>

Hometown Pharmacy (715) 926-4938
 122 South Eau Claire Street, Mondovi, WI 54755 <https://hometownpharmacyrx.com>

J&B Medical Supply (800) 737-0045
<https://jandbmedical.com>

J&B Medical offers an extensive assortment of medically necessary supplies. Supplies include diabetes management, incontinence, and much more. J&B Medical will work with health plans (including Medicaid) and providers to assist members in obtaining these life-enhancing supplies.

Mayo Clinic Store (715) 838-1815
 1400 Bellinger St Ste PHM 3, Eau Claire, WI 54703 <https://www.mayoclinic.org>

Numotion (715) 552-3711
 2601 Morningside Dr, Eau Claire, WI 54703 <https://www.numotion.com>

Independent Living Resources (888) 474-5745
 4439 Mormon Coulee Rd, La Crosse, WI 54601 <http://www.ilresources.org/>

- **Device Loan and Demonstration Program:** Assistive technology available for short-term trials, providing an opportunity for consumers to try out equipment and determine if it meets their needs. Staff also has knowledge of where to acquire equipment and any potential funding options that may be available.
- **Donations:** Durable Medical Equipment is donated by community members. Because these items come in as a donation they are able to be given out to individuals in need for free. Examples: walkers, wheelchairs, shower chairs etc.
- **WISLOAN:** A statewide alternative loan program that allows Wisconsin residents with disabilities to finance assistive technology, home modifications, or equipment needed to become self-employed or to work from home.
- *Must be a Buffalo County resident*

Stout Vocational Rehabilitation Institute (715) 232-1410
 221 10th Ave E, Menomonie, WI 54751 <http://www.uwstout.edu/svri/atrc/>

- **Wheelchair Clinic:** Technologists will diagnose potential repairs and perform routine cleaning and maintenance adjustment procedures. This is a free services. Appointments are suggested. Please contact Hayley Bollinger at (715) 232-2248 for scheduled clinic dates/times or for more information.
- **Assistive Technology Services:** Includes evaluation, design, customization, modification, maintenance, repair, training, technical assistance and identification of funding options.

UCP of West Central Wisconsin (715) 832-3527
 2153 Eastridge Center, Eau Claire, WI 54701 <http://www.ucpwcw.org/loan-closet>

Winona Home Medical (507) 457-7703
 930 Parks Ave, Winona, MN 55987 <https://www.winonahealth.org>

Nursing Homes

American Lutheran Homes - Mondovi Unit (715) 926-4962
200 Memorial Drive, Mondovi, WI 54755 <https://www.americanlutheranhomes.com/>

American Lutheran Homes - Menomonie Unit (715) 235-9041
915 Elm Ave E, Menomonie, WI 54751 <https://www.americanlutheranhomes.com/>

The Neighbors of Dunn County (715) 232-2661
2901 Forbes Ave, Menomonie, WI 54751 <https://neighborsdc.org/>

Grace Lutheran Communities (715) 598-7800
286 N Wilson Drive, Altoona, WI 54720 <https://www.graceluthfound.com/>

Clearwater Care Center (715) 832-1681
2120 Heights Drive, Eau Claire, WI 54701 <https://www.clearwatercares.com/>

Dove Healthcare - South (715) 552-1035
3656 Mall Drive, Eau Claire, WI 54701 <https://www.dovehealthcare.com/>

Heritage of Elmwood Nursing Home (715) 639-2911
232 E Springer Ave, Elmwood, WI 54740 <http://heritageofelmwood.com/>

Plum City Care Center (715) 647-2401
301 Cherry Ave W, Plum City, WI 54761 <https://www.plumcitycare.com/>

Grand View Care Center (608) 989-2511
620 Grand View Ave PO Box 27, Blair, WI 54616 <https://www.grandviewhome.org/>

Gundersen St. Elizabeth's Care Center - Grant Blvd (651) 565-4531
1200 Grant Blvd. West, Wabasha, MN 55981 <https://www.gundersenhealth.org/>

Gundersen St. Elizabeth's Care Center - Shields Ave (651) 565-4581
626 Shields Ave, Wabasha, MN 55981 <https://www.gundersenhealth.org/>

St. Anne of Winona (507) 454-3621
1347 West Broadway, Winona, MN 55987 <http://www.saintanneofwinona.org>

Lake Winona Manor (507) 457-4366
865 Mankato Ave, Winona, MN 55987 <https://www.winonahealth.org>

Personal Emergency Response System (PERS)

A personal emergency response system (PERS) is a home device that connects an individual to a 24-hour call center with the push of a button. The transmitter is typically worn on a neck pendant or wristband and sends a signal to the receiver. When the PERS button is pushed, the call center staff member evaluates the situation to decide if family or 911 should be contacted. The individual can talk with the call center staff from anywhere in the house using a 2-way intercom.

<u>Alert1</u>	(866) 257-5727 https://www.alert-1.com
<u>Alert USA</u>	(800) 789-6969 http://alertusa.org/
<u>Bay Alarm Medical</u>	(877) 522-9633 https://www.bayalarmmedical.com
<u>Life Fone</u>	(800) 331-9198 https://www.lifefone.com
<u>Life Station</u>	(866) 378-3050 https://www.lifestation.com
<u>Medical Alert</u>	(800) 800-2537 https://www.medicalalert.com
<u>Medical Guardian</u>	(800) 668-9200 https://www.medicalguardian.com
<u>MobileHelp</u>	(866) 785-9586 https://www.mobilehelp.com
<u>Phillips Lifeline</u>	(855) 332-7799 https://www.lifeline.philips.com
<u>Senior Safety</u>	(888) 473-2800 https://www.seniorsafety.com

Power of Attorney: Healthcare and Finance

The Power of Attorney for Health Care law allows you to complete a written document designating another person to act on your behalf as your health care agent. Subject to limitations you impose, the designated health care agent is authorized to make many types of health care decisions on your behalf, should you later become incapacitated. In addition, it allows you to indicate in advance when, and under what circumstances, you would like to receive or refuse a feeding tube for provision of nutrition or hydration and receive or refuse the use of life-sustaining procedures. A Power of Attorney for Health Care takes effect upon a finding of incapacity by 2 physicians who have personally examined the individual and sign a statement specifying that the individual has incapacity. Incapacity means “the inability to receive and evaluate information effectively or to communicate decisions to such an extent that the individual lacks the capacity to manage his or her health care decisions”.

The Power of Attorney for Finances allows you to plan for future financial decision-making even if you are unable to make your own decisions. By completing this document, you are not giving up any powers or rights to control your finances or property. Instead, you are giving your designated agent, in addition to yourself, the authority to handle your finances and property. This document is effective immediately when executed unless you state otherwise.

Why is drafting a Power of Attorney important to you and your family?

Completing an advance directive (Power of Attorney) is a gift to yourself and those you love. You are encouraged to make your wishes and expectations about medical care and end-of-life care known to loved ones and to solidify these wishes by completing an advanced directive. When your wishes are known, everyone is on the same page. These decisions should be made now and not in a time of crisis.

Why would ADRC's educate and promote the completion of advance directives?

- Firstly, having the advance directive allows the family to focus on medical decisions and supporting one another.
- Secondly, without an advance directive, family members may need to hire attorneys and participate in court processes to obtain guardianship and protective placement authority before they are able to make healthcare decisions. This process is very costly not only to the family but to the county system. It also means that no action can be taken until these steps are taken, causing families to wait for days/weeks to make important decisions.

What can you do?

Everyone aged 18 and older is encouraged to have an advance directive. If you do not have an advance directive contact the ADRC of Buffalo and Pepin Counties at 1-866-578-2372 or stop by their offices at the Buffalo and Pepin County Courthouse and ask for the WI advance directive document(s). ADRC staff are available to help explain the documents and their importance. You may also ask your health care provider. Fill out the form and ensure that your loved ones have a copy of the document. Secondly, ask your family and friends if they have an advance directive. If not, please share this important information.

Support Groups

The information below is believed to be accurate at the time of printing. For updated information and information on other support groups available in your area, please reach out to the ADRC at 866-578-2372 or Michelle Brown, Dementia Care Specialist for Trempealeau, Buffalo and Pepin counties at 715-538-3198 or michelle.brown@co.trempealeau.wi.us.

Alzheimer's & Caregiving**Alzheimer's Support Group (651) 565-4581**

1200 5th Grant Blvd W, Wabasha, MN 55981

- Meets the 2nd Wednesday of the month from 2 pm - 3 pm.

Caregiver Support Group (507) 452-0580

902 E 2nd Street, Suite 321, Winona, MN 55987

- Meets the 1st Wednesday of each month from 2 pm - 3:30 pm

Memory Cafés (866)-578-2372

A place for people with early memory loss to socialize, join in interesting activities or enjoy speakers on topics of health and wellness.

- Coffee and Conversation Café @ Hurlburt's Haven
1227 E Prospect Street, Durand, WI 54736
Meets from 10 am-11:30 am on the 3rd Thursday of each odd numbered month.
- Food For Thought Café @ Immanuel Lutheran Church
205 Pine Street, Pepin, WI 54759
Meets from 10 am-11:30 am on the 2nd Tuesday of each even numbered month.
- The Alma Gathering Café @ Alma Lion's Club
110 N. Main Street, Alma, WI 54610
Meets from 10 am-11:30 am the second Thursday of each odd numbered month.
- The Morning Crew Café @ Central Lutheran Church
221 W Main Street, Mondovi, WI 54755
Meets from 10 am-11:30 am the 3rd Monday of each even numbered month.

Grief and Healing

Grief Support Series – Mayo Clinic Hospice (507) 284-4002

- Spring and Fall Sessions. Call for more information.

Grief Support - Mayo Clinic Eau Claire (715) 464-5086

- Call for information on meeting dates, times and locations.

The Healing Place (715) 717-6028

1010 Oakridge Drive, Eau Claire, WI 54701

- Call for dates and times of groups. Various time-limited, on-going support and meditation groups that help individuals cope with different life adjustments.

Long-Term Health Conditions

Chronic Obstructive Pulmonary Disease (COPD) Support Group (507) 452-7940

865 Mankato Ave, Winona, MN 55987

- Meets the third Wednesday of each month from 2:30 pm – 3:30 pm. Located in the Winona Health Lake Winona Manor Classroom.

Eau Claire Area Stroke Support Group (715) 835-3591

2125 Heights Drive, Eau Claire, WI

- Meets every third Thursday of the month from 12 pm – 1:30 pm. Located at 3D Community Health on the first floor of the Professional Plaza Building.

Northwestern WI ALS Support Group (715) 271-7257

531 E South Ave, Chippewa Falls, WI 54729

<https://www.alsawi.org/support-groups>

- Meets every second Thursday of the month from 1 pm – 3 pm at the Chippewa Valley Bible Church.

Parkinson's Disease Support Group (715) 717-4505

1109 West Clairemont Ave, Eau Claire, WI

- Meets every third Tuesday of the month from 1 pm – 2 pm at the Prevea Health Center. Registration not required.

Thrift Stores

Common Closet Thrift Store (651) 565-0359

154 Pembroke Ave, Wabasha, MN 55981

Goodwill Industries <https://www.goodwillncw.org>

- 3605 Gateway Drive, Eau Claire, WI 54701 (715) 835-0532
- 2500 Hills Court, Menomonie, WI 54751 (715) 235-8488
- 1450 Gilmore Ave, Winona, MN 55987 (507) 454-4817

Hope Gospel Mission Bargain Center <https://www.hopegospelmission.org>

- 121 N. Eau Claire Street, Mondovi, WI 54755 (715) 598-4778
- 1230 N Broadway St, Menomonie, WI 54751 (715) 598-2097
- 2511 West Moholt Drive, Eau Claire, WI 54701 (715) 839-9498

Mondovi Area Thrift Shop (715) 926-5268

113 East Main Street, Mondovi, WI 54755

OLPH Mission Thrift Store (608) 323-7116

411 S. Washington St, Arcadia, WI 54612 <https://www.holyfam.com/olph-mission.html>

Society of St. Vincent de Paul (715) 672-8975

826 E Prospect Street, Durand, WI 54736

In addition to being a thrift store, they also provide assistance to those in need on a case-by-case basis. Volunteers are trained to work closely with local agencies and charities.

Together they can help families and individuals in need of financial assistance, help for bills and expenses, and other services to help those less fortunate.

- *Must be a resident of Pepin County* to receive financial assistance.

United Way of Dunn County: C-3 Center (715) 231-3066

1620 Stout Road, Menomonie, WI 54751 <http://www.uwaydunn.org/community/c3center>

Ye Old School Shoppe (608) 248-2691

8th & Humboldt Street, Buffalo City, WI 54622

Transportation

ADRC of Buffalo and Pepin Counties Transportation Program (866) 578-2372

740 7th Ave. W, Durand, WI 54736

Transportation services are available to Pepin and Buffalo County residents seven days a week for all purposes including medical, social and personal business. Priority is given to individuals aged 60+ and people with disabilities. Handicap accessible van & bus available for individuals who require specialized transportation. Passengers will typically pay a mileage rate which is determined by income. Requests for transportation must be made 3 days in advance whenever possible.

- To schedule a ride, contact the Pepin and Buffalo Counties Transportation Program at (866) 578-2372.

*For those with *WI Medicaid, BadgerCare Plus Standard and Benchmark Plans*, transportation for medical appointments only is provided by Wisconsin's State Transportation Program, Veyo:

- To schedule transportation for medical appointments, call Veyo at 1-866-907-1493

*For those who are *Veterans*, please contact your local Veterans Service Office first:

- Buffalo County Veterans Service Office (608) 685-6219
- Pepin County Veterans Service Office (715) 672-8887

**The Buffalo County bus goes to Winona for shopping trips two Saturdays a month. Pick-up is at your home. For information call (608) 685-4412.

New Freedom Transportation (800) 228-3287

2920 Schneider Ave E, Menomonie, WI 54751 <http://cilww.com/transportation-services/>

- Service area includes Pepin County. Accessible van transportation available.

Veterans Services

Contact your local veteran's office for information about financial, educational, health or disability benefits and more for veterans.

Buffalo County Veteran Services (608) 685-6219
407 S 2nd Street, Alma, WI 54610 <https://www.buffalocounty.com/198/Veteran-Services>

Pepin County Veterans Service Office (715) 672-8887
407 S 2nd Street, Alma, WI 54610 <https://www.co.pepin.wi.us>

Chippewa Valley VA Clinic (715) 720-3780
475 Chippewa Mall Dr, Chippewa Falls, WI 54729 <https://www.va.gov/>

River Valley VA Clinic (608) 784-3886
2600 State Road, La Crosse, WI 54601 <https://www.va.gov/>

Minneapolis VA Medical Center (612) 725-2000
1 Veterans Dr, Minneapolis, MN 55417 <https://www.minneapolis.va.gov>

Tomah VA Medical Center (608) 372-3971
500 E Veterans Street, Tomah, WI 54660 <https://www.tomah.va.gov>

Veterans Outreach and Recovery Program (VORP) **Contact your Regional Rep**

Connects Veterans to community services, provides case management and support, with a special focus on treatment and recovery. Staff work with community providers and professionals to provide assistance and connection to: Mental Health Services; Substance Use Treatment; Financial Assistance; Housing and Utilities; Claims and Benefits Assistance; Employment and Education; Transportation; and many more services.

- Buffalo County Residents: Region 2: Karl Weller (608) 881-9116
- Pepin County Residents: Region 3: Karla Peterson (608) 381-1525

VA Caregiver Support (855) 260-3274

The Caregiver Support Program offers training, educational resources, and multiple tools to help you succeed.

Veterans Crisis Line (800) 273-8255 (Press 1)

Are you a Veteran in crisis or concerned about one? Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

- *Support for deaf and hard of hearing: (800) 799-4889*
- *Or Text: 838255*

For More Copies Contact:

The ADRC of Buffalo
and Pepin Counties
Toll Free: (866) 578-2372

Buffalo County:
407 S 2nd Street
Alma, WI 54610

Pepin County:
740 7th Ave West
Durand, WI 54736

Send us an email at:
ADRC-BP@co.pepin.wi.us

Visit us on the web at:
www.adrc-bcp.com

Like us on Facebook!
www.facebook.com/ADRCBuffaloAndPepinCounties

