

TWO RIVERS CONNECTION



May 2025

What happens when May is recognized as Aging and Disability Resource Center (ADRC) Month? We get the chance to share about the important work we do!

The ADRC was created in 2009, as the ADRC of Buffalo, Clark, and Pepin Counties. Then in 2017, changes were made and Buffalo and Pepin Counties split off from Clark and started the ADRC of Buffalo and Pepin Counties.

We serve older adults, adults with intellectual/developmental disabilities, adults with physical disabilities, caregivers, and family members by providing useful information, assistance and education on community services and long-term care options.

Our team of professionals will work with you to find the right fit of options for your individual situation and will provide you with the information you need to make informed decisions.

We value our volunteers and part-time staff that help us to carry out the mission of our Senior Nutrition and Transportation Programs.

Although walk-ins are welcome, we prefer people to call ahead and schedule an appointment so our team can be ready to assist you.

Two Rivers Connection is our monthly newsletter that includes information on important topics, upcoming events, Senior Nutrition menus, etc. You can receive this newsletter via email or postal mail each month.

Our hours are Monday-Thursday 8:00am-5:00pm and Friday 8:00am-11:30am. Appointments are available outside of these hours, as needed.

Check out our website:

<https://www.adrc-bcp.com/>

and follow us on Facebook:

<https://www.facebook.com/ADRCBuffaloAndPepinCounties/>

if you want to learn more about all the great things that we do! We're just a phone call away, so contact us today to learn how we can help. Call us at **866-578-2372**.



The Dementia Care Corner

Savvy Caregiver!

Calling all caregivers of persons with dementia!!

Savvy Caregiver is recognized nationally as a leading evidence-based dementia family caregiver training program. Savvy programs are designed to provide the most relevant dementia knowledge, skills, and mastery to support family members as they provide care for their relative or friend living with dementia. Savvy Caregiver programs have been proven to decrease family caregiver distress, burden, and depression, while increasing caregivers' sense of competence and confidence in their care role. Savvy Caregiver provides person-centered, active-learning programs in a variety of formats that integrate core principles and insights from gerontology, nursing, family systems, and occupational therapy. Families learn strategies to enhance their own self-care as well as day-to-day time with their person.

The ADRC is planning to offer Savvy Caregiver to dementia caregivers in the late spring of 2025. Meetings will take place once weekly, for six weeks. Interested in participating in this free opportunity? Please contact Chelsey/ Dementia Care Specialist for more details.

PH: 715.279.7870

Time and location of this opportunity will depend on the location of those interested!

Age-Related Forgetfulness or Signs of Dementia? (Reprinted from the National Institute on Aging)

Many people can become more forgetful as they age. Learn the differences between age-related forgetfulness and signs of dementia. Talk with your doctor if you notice any changes in memory or thinking that concerns you.

Age-Related Forgetfulness

Making a bad decision once in a while
Missing a monthly payment
Forgetting which day it is and remembering later
Sometimes forgetting which word to use
Losing things from time to time

Signs of Dementia

Making poor judgments and decisions a lot of the time
Problems taking care of monthly bills
Losing track of the date or time of year
Trouble having a conversation
Misplacing things often and being unable to find them

May Events!

Coffee & Conversation Memory Café (Alma)

Thursday, May 8th, 11:00am-12:00pm
Wings Over Alma Art & Nature Center
(110 N Main St.)

Special Guest:

Cheri Bunker of Drum it Up!

Join us for group empowerment wellness drumming. Benefits of rhythmic drumming include reduced tension/anxiety/stress, lessened chronic pain, improved immune function, and more!

Meaningful Connections Café (Durand)

****CANCELED**** Be sure to join our ADRC on May 1st for the Hawaiian Luau instead!!

Dementia Caregiver Support Gathering (Mondovi)

Thursday, May 22nd, 10:00-11:30am
Mondovi Public Library
(147 W Hudson St.)

Dementia Caregiver Support Gathering (Pepin)

Tuesday, May 6th, 10:00-11:30am
Pepin Public Library
(510 Second St.)

*No registration required.
Questions about any of these ADRC events?
Contact **Chelsey/**
Dementia Care Specialist
for more information. **PH: 715.279.7870***

LET YOUR LIGHT SHINE!

Help Us Celebrate
Summer Solstice

BUFFALO & PEPIN COUNTY SENIOR MEAL
PROGRAM

WE INVITE ALL LOCAL
ORGANIZATIONS, LEGISLATIVE AND
BUSINESS LEADERS TO SET ASIDE
ONE DAY THIS JUNE TO HELP
DELIVER MEALS IN YOUR LOCAL
COMMUNITY.

Contact:

Matthew Bertelson
Nutrition Program Coordinator
mbertelson@co.pepin.wi.us
715-672-8941 Ext:163

OLDER AMERICANS MONTH



FLIP THE SCRIPT ON AGING: MAY 2025

Join us this month as we celebrate Older Americans Month 2025! This year's theme, "Flip the Script on Aging", encourages us to challenge stereotypes and embrace the opportunities that come with aging.

Let's honor the contributions of older adults and promote active engagement in our communities.

Learn more by visiting <https://acl.gov/oam/2025/older-americans-month-2025>

FIND 8 DIFFERENCES



Answer Key on Page 5.

SEASONEDTIMES.COM



Easter Word Search

Words are found across,
diagonal, and down.



S	E	A	S	T	E	R	P	C	E	Z	C
C	L	A	D	A	G	O	N	A	B	T	A
S	R	H	C	M	G	J	U	R	C	R	G
F	P	O	C	O	S	M	C	R	L	A	S
B	T	P	S	H	L	R	T	O	D	B	A
U	H	S	C	S	I	Y	B	T	R	B	F
N	B	G	E	S	P	R	I	N	G	I	A
N	R	N	T	V	N	A	X	W	S	T	M
Y	V	B	A	S	K	E	T	C	H	R	I
F	P	A	E	R	S	N	S	L	E	K	L
A	F	L	O	W	E	R	S	G	T	R	Y
S	R	H	S	U	H	T	E	H	U	N	T

BASKET	CROSS	FAMILY	HUNT
BUNNY	EASTER	FLOWERS	RABBIT
CARROT	EGGS	HOP	SPRING

Easter Word Find Answer Key
on Page 10.

Specialist Spotlight

Your ADRC Specialist Team: (left to right)

Jennifer Nelson - ADRC Specialist

Michelle Brown - ADRC Specialist

Melissa Hovland - Disability Benefit Specialist

Bernie Rogers - Elder Benefit Specialist

Julie Fick - Elder Benefit Specialist

Chelsey Herold - Dementia Care Specialist



Social Security Updates Recently Announced Identity Proofing Requirements

In-Person Requirement Will Not Apply to Disability Insurance, Medicare, and SSI Applications

Submitted by: Melissa Hovland, Disability Benefit Specialist, with permission by Social Security Administration

The Social Security Administration (SSA) is taking proactive steps to enhance the security of its services by implementing stronger identity verification procedures. The updated measures will further safeguard Social Security records and benefits for millions of Americans against fraudulent activity. In-person identity proofing for people unable to use their personal *my_Social Security* account for certain services will be effective April 14, 2025.

“We have listened to our customers, Congress, advocates, and others, and we are updating our policy to provide better customer service to the country’s most vulnerable populations,” said Lee Dudek, Acting Commissioner of Social Security. “In addition to extending the policy’s effective date by two weeks to ensure our employees have the training they need to help customers, Medicare, Disability, and SSI applications will be exempt from in-person identity proofing because multiple opportunities exist during the decision process to verify a person’s identity.”

Under the updated policy beginning April 14, 2025, individuals applying for Social Security Disability Insurance (SSDI), Medicare, or Supplemental Security Income (SSI), who cannot use a personal *my_Social Security* account, can complete their claim entirely over the telephone without the need to come into an office.

Individuals who cannot use their personal *my_Social Security* account to apply for benefits will only need to prove their identity at a Social Security office if applying for Retirement, Survivors, or Auxiliary (Spouse or Child) benefits. SSA will enforce online digital identity proofing or in-person identity proofing for these cases. The agency will not enforce these requirements in extreme dire-need situations, such as terminal cases or prisoner pre-release scenarios. SSA is currently developing a process that will require documentation and management approval to bypass the policy in such dire need cases.

Individuals who do not or cannot use the agency’s online *my_Social Security* services to change their direct deposit information for any benefit will need to visit a Social Security office to process the change or can call 1-800-772-1213 to schedule an in-person appointment. The agency also recommends that individuals unable to apply online call to schedule an in-person appointment to begin and complete a claim for Retirement, Survivors, or Auxiliary (Spouse or Child) benefits in one interaction.

SSA recently required nearly all agency employees, including frontline employees in all offices throughout the country, to work in the office five days a week. This change ensures maximum staffing is available to support the stronger in-person identity proofing requirement.

The agency will continue to monitor and, if necessary, make adjustments to ensure it pays the right person the right amount at the right time while safeguarding the benefits and programs it administers. SSA plans to implement the Department of Treasury’s Bureau of Fiscal Service’s payment integrity service called Account Verification Service (AVS). AVS provides instant bank verification services to proactively and timely prevent fraud associated with direct deposit change requests. SSA will continue to fight fraud while balancing its program integrity responsibilities with delivering on its customer service mission to the American people.

People who do not already have a *my_Social Security* account can create one at www.ssa.gov/myaccount/. Stay up to date about SSA’s identity proofing requirements and exceptions at [What to Know about Proving Your Identity | SSA](#).



THANK YOU PEPIN SCHOOL SHOP CLASS!

THE SENIOR NUTRITION PROGRAM SENDS A BIG THANK YOU FOR MAKING INSERTS FOR OUR HEATED MEAL BAGS. IT HELPS PREVENT SPILLS WHILE WE DELIVER THE MEALS.

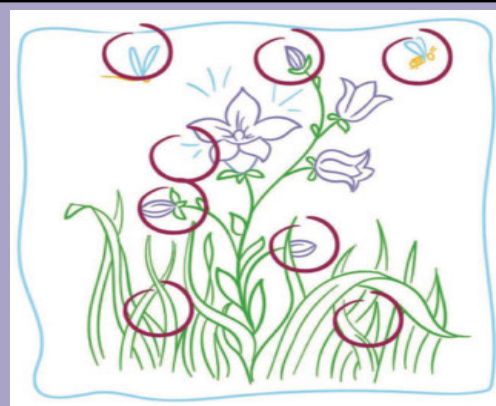
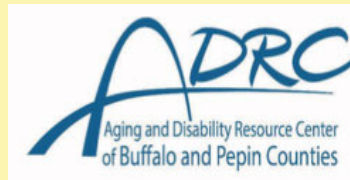


JIM RIESGRAF & STUDENTS

Be informed of your
Aging and Disability Resource Center!

Ever wonder what the ADRC team
is up to?

You can find all of the current and upcoming events we are hosting by calling 866-578-2372 or visiting: <https://www.adrc-bcp.com/upcoming-events>



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DHS Approved 4/22/2021



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Pepin County Human Services - Aging Unit, Durand, WI

A 4C 02-1035


DONNA MAE'S PANTHER CAFÉ

GILMANTON: MONDAY-FRIDAY (11:00AM-12:00PM) 715-946-3139

NELSON: MONDAY-THURSDAY (11:00AM-12:00PM) 715-673-4070

PEPIN: MONDAY- FRIDAY HOME DELIVERED AND CARRY OUT ONLY (11:00AM-12:00PM) 715-442-2289

May
2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Served with each meal:</u></p> <p>Milk</p>	<p><u>Dates</u> <u>Salad Option</u></p> <p>1st - 2nd Crispy Chicken 5th - 9th Taco 12th - 16th Chef 19th - 22nd Grilled Salad 26th - 30th Crispy Chicken</p>		<p>1 Spaghetti w/ Meat Sauce, Salad, Garlic Bread, Mandarin Oranges, Cake</p>	<p>2 Cod, Mashed Potatoes, Beans, Bread, Coleslaw, Cake</p>
<p>5 Ham Steak, Cheesy Potatoes, Carrots, Bread, Fruit Cocktail, Cake</p>	<p>6 Broasted Chicken, Mashed Potatoes, Corn, Bread, Pears, Cake</p>	<p>7 Polish Sausage, Sauerkraut, Baby Red Potatoes, Bread, Tomatoes, Peaches</p>	<p>8 Meatballs, Mashed Potatoes, Broccoli, Bread, Pineapple, Cake</p>	<p>9 Cod, Baked Potato, Beans, Coleslaw, Bread, Cake <i>Pepin HDM: Chicken instead of Cod</i></p>
<p>12 Hamburger Gravy w/Mashed Potatoes, Carrots, Bread, Tropical Fruit, Cake</p>	<p>13 Baked Chicken, Stuffing, Cranberries, Corn, Bread, Applesauce, Cake</p>	<p>14 Hot Beef on Bread, Mashed Potatoes, Broccoli, Banana, Cake</p>	<p>15 Boiled Dinner w/Ham, Potatoes, Carrots, Rutabagas, Cabbage, Bread, Mandarin Oranges, Cake</p>	<p>16 Cod, Cheesy Potatoes, Beans, Coleslaw, Bread, Cake</p>
<p>19 Country Fried Steak, Mashed Potatoes, Carrots, Bread, Fruit Cocktail, Cake</p>	<p>20 Broasted Chicken, Mashed Potatoes, Corn, Bread, Pears, Cake</p>	<p>21 Lasagna, Salad, Green Beans, Garlic Bread, Peaches, Cake</p>	<p>22 Cheeseburger, Baked American Fries, Summer Salad, Bread, Pineapple, Cake</p>	<p>23 Cod, Potato Salad, Beans, Coleslaw, Bread, Cake <i>Pepin HDM: Chicken instead of Cod</i></p>
<p>26 MEAL SITE CLOSED</p> 	<p>27 Grilled Chicken Breast, Dirty Mashed Potatoes, Broccoli, Bread, Tropical Fruit, Cake</p>	<p>28 Meat Loaf, Squash, Bread, Fruit Salad, Applesauce, Cake</p>	<p>29 French Dip, Baby Red Potatoes, Carrots, Banana, Cake</p>	<p>30 Cod, Mashed Potatoes, Beans, Coleslaw, Bread, Cake</p>



May 14, 2025

WINONA BUS TRIP

JOIN US THE SECOND WEDNESDAY OF EACH MONTH ON
A SHOPPING TRIP TO WINONA MN

715-672-8941 EXT 152

CALL TO REGISTER AT LEAST 2 BUSINESS DAYS IN ADVANCE

COST: \$5.00 PER PERSON

ADRC
Aging and Disability Resource Center
of Buffalo and Pepin Counties

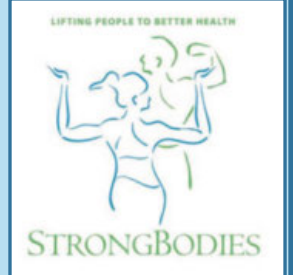
The ADRC of Buffalo & Pepin Counties does not discriminate on the basis of race, color, national origin, disability, sex, age, religion, income status or limited English proficiency (LEP).
For more information and on the procedures to file a complaint, contact 866-578-2372. (For hearing impaired, please use Wisconsin Relay 711 service)
If information is needed in another language, contact: 866-578-2372

StrongBodies

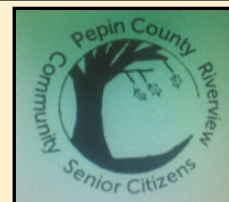
StrongBodies is a community-based physical activity program designed to help individuals of all ages build strength, flexibility, and balance. Helping people of all ages to live stronger, healthier lives by providing knowledge, inspiration, access to programs, and ongoing support. UW-Madison Extension is offering StrongBodies virtually in 2025 and you are welcome to join at no cost! The classes meet Tuesdays and Thursdays at 9:00am for 12 weeks. The upcoming sessions are:

- ♦ Summer Session - July 8 - September 25
- ♦ Fall Session - October 7 - December 18

To learn more about StrongBodies, visit
<https://health.extension.wisc.edu/strongbodies/>
 or to register, contact the
 ADRC of Buffalo and Pepin Counties at **866-578-2372**
 or adrc-bp@co.pepin.wi.us



We have lost two long time members of the Pepin County Council of Senior Citizens. Recently, Jackie Schaal and her husband, Rick, passed away within days of each other. Jackie had been a very active member of the Center for years, sharing her talents for sewing, quilting and decorating with many groups in the community and with individuals hoping to learn these skills. Our sympathies to their family, who held a memorial service for both on March 29th. Her boisterous ways and hearty laugh will be missed by all who knew her. The Riverview Quilters assisted the family in sharing the many yards of fabric and other crafting materials with others to continue this legacy.



The quilters also had a De-Stash sale on April 5th which was well attended and shoppers filled their bags and boxes full of fabrics and other sewing materials. Yards of Jackie's fabric went out the door and into homes that also enjoy the comforting feeling of snuggling under a quilt on a cold winter night.

On April 24th and 25th Riverview Center will be participating in the 100-Mile Thrift Sale and the items donated will be available on a "free will" donation basis. Hope that many of you will be attending.



Quilt Raffle tickets are available at the Center for the drawing on June 2nd. Please stop by the Center to pick some up and renew your membership at the same time.

Bingo is on the calendar for April 29th starting at 1:00pm. Remember to check your *Two Rivers Connection* mailing for dates and times for the Memory Café and "Stepping On" classes sponsored by ADRC.

Thanks to everyone who has made cash donations, volunteer hours, items for the sales and grocery products, we do appreciate it.

Marge Briggs



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Pepin County Human Services - Aging Unit, Durand, WI

B 4C 02-1035

CORRAL BAR & RIVERSIDE GRILL

DURAND: TUESDAY– FRIDAY (11:30AM-1:00PM) 715-672-8936

May
2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Served with each meal:</u> Milk			1 Salisbury Steak, Mashed Potatoes w/ Gravy, Cauliflower w/ Cheese Sauce, Wheat Bread, Pineapple	2 Stuffed Shells, Squash, Tomato Juice, Wheat Bread, Pears
	6 Barbecue on Bun, Bean Soup, Tater Tots, Grapes, Dessert	7 Roast Turkey, Mashed Potatoes w/ Gravy, Glazed Carrots, Wheat Bread, Peaches	8 Spaghetti & Meat Sauce, Broccoli, Lettuce Salad w/ Ranch Dressing, Garlic Bread, Applesauce	9 Broasted Cod w/ Tartar Sauce, Scalloped Potatoes, Peas, Wheat Bread, Mandarin Oranges
Call previous day by 1:00pm to order lunch.	13 Chicken Parmesan over Pasta, Carrots, Lettuce Salad w/French Dressing, Wheat Bread, Banana	14 Cheeseburger on Bun, Tater Tots, Baked Beans, Fruit Cocktail	15 Beef Stew, Brussel Sprouts, Whole Grain Muffin, Pears	16 Vegetable Lasagna, Coleslaw, Garlic Bread, Tropical Fruit
<u>Salad Options:</u> Chef Salad Chicken Fiesta Taco Salad	20 Pork Chop w/ Mushroom Gravy, Baked Potato w/Sour Cream, Corn, Wheat Bread, Fruit Cocktail	21 Tater Tot Hot Dish, Creamy Coleslaw, Whole Grain Muffin, Mandarin Oranges	22 Chicken Alfred, Broccoli, Lettuce Salad w/French Dressing, Garlic Bread, Applesauce	23 Baked Cod w/ Tartar Sauce, Baked Potato w/Sour Cream, Baked Beans, Wheat Bread, Pineapple
	27 Baked Ham, Sweet Potatoes, California Blend Veggies, Wheat Bread, Banana	28 Beef Roast, Mashed Potatoes w/ Gravy, Corn, Wheat Bread, Tropical Fruit	29 Creamed Chicken & Biscuits, Peas & Carrots, Lettuce Salad w/ Ranch Dressing, Peaches, Dessert	30 Fish Sandwich w/ Bun, Tartar Sauce, Split Pea Soup, Tomato Juice, Fruit Cocktail




ADRC
Aging and Disability Resource Center
of Buffalo and Pepin Counties

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QUESTIONS: CONTACT ANGIE SCHLOSSER
715-672-8941 EXT 187 OR EMAIL
ASCHLOSSER@CO.PEPIN.WI.US



The ADRC of Buffalo & Pepin Counties does not discriminate on the basis of race, color, national origin, disability, sex, age, religion, income status or limited English proficiency (LEP). For more information and on the procedures to file a complaint, contact 800-578-2372, (for hearing impaired, please use Wisconsin Relay 711 service) If information is needed in another language, contact 800-578-2372



Caring for your grandchild?

It's one of your greatest joys.
But it can also be one of your biggest stressors.

The physical and financial demands of caring for a grandchild can be challenging — especially if you've become the main caregiver

There's help for you!



May is Mental Health Awareness Month

Mental Health Awareness Month was established in 1949 to increase awareness of the importance of mental health and wellness in Americans' lives and to celebrate recovery from mental illness. For more than 20 years, the Substance Abuse and Mental Health Services Administration (SAMHSA) has recognized Mental Health Awareness Month to increase awareness about the vital role mental health plays in our overall health and well-being, and provide resources and information to support individuals and communities who may need mental health support.

As we age, we may experience life changes that impact our mental health.

- It's never too late to get help.
- It is important to remember that older adults may have different mental health symptoms. For example, a lack of interest in some activities.
- Talking about mental health can help older adults feel more comfortable asking for support.
- Mental health treatment can be part of a wellness program to help older adults live happy and fulfilling lives.
- Mental health professionals can help older adults cope with life changes.
- Friends and family can experience meaningful mutual connection by spending time visiting with older adults.

Mental health is important at every age. Spending time with friends and family can boost older adults' mental and physical health.

For more information about mental health, visit <https://www.samhsa.gov/> or call **1-800-662-HELP (4357)**.



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Pepin County Human Services - Aging Unit, Durand, WI

C 4C 02-1035

THE LOST PIRATE

BUFFALO CITY: MONDAY-THURSDAY (11:45AM-12:15PM) 608-248-2683
HOME-DELIVERED MONDAY, TUESDAY, WEDNESDAY ONLY

May
2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Baked Chicken, Mashed Sweet Potatoes, Baked Beans, Fruit	Served with each meal: 1% Milk Whole Wheat Bread
5 Fish Sandwich w/ Cheese, Potato Salad, Green Beans, Fruit	6 Hamburger Gravy over Mashed Potatoes, Mixed Vegetables, Fruit	7 Pork Roast, Baked Beans, Marinated Tomato Salad, Fruit	8 Chicken Alfredo, Garlic Toast, Side Salad, Fruit	
12 Sloppy Joe, French Fries, Baked Beans, Carrots, Fruit	13 Beef Stroganoff, Mashed Sweet Potatoes, Corn, Fruit	14 Chicken & Gravy over Mashed Potatoes, Mixed Vegetables, Fruit	15 Spaghetti & Garlic Toast, Corn, Side Salad, Fruit	Call previous day by 1:00pm to order lunch.
19 Lemon Baked Fish, Baked Potato, Coleslaw, Fruit	20 Pork Chops, Baby Red Potatoes, Broccoli, V8 Juice	21 Philly Cheese Steak, Sweet Potato Puffs, Cucumber Salad, Fruit	22 Chicken Patty Sandwich w/Cheese, Vegetable Soup, Fruit	Salad Options: Taco, Ham, Chicken
26 MEAL SITE CLOSED 	27 Creamed Chicken over Biscuits, Mixed Vegetables, Fruit	28 Cheeseburger, Potato Salad, Coleslaw, Fruit	29 Baked Fish, Baked Potato, Side Salad, Fruit	

2025 Senior Farmers Market Nutrition Program Vouchers will be available to Buffalo and Pepin County residents on June 1st!

The Farmers Market vouchers help individuals **60 years of age or older** (Native Americans may participate at age 55 or older) to obtain fresh, nutritious, locally grown fruits and vegetables. This will be on a first come, first serve basis.

Income guidelines are as follows:

Household size Monthly income

1	\$2,413
2	\$3,261


(For each additional household member, add \$848 monthly)




If you are not familiar with the Farmers Market Voucher Program, it is simple. If you meet the income guidelines listed above, you will be issued a voucher packet to be used as cash at an authorized area farmers market. Vouchers can be used from **June 1st through October 31st**.

More information to come in the June newsletter.

We will provide additional information in our June newsletter.



Easter Word Search Answer Key



S	E	A	S	T	E	R	P	C	E	Z	C
C	L	A	D	A	G	O	N	A	B	T	A
S	R	H	C	M	G	J	U	R	C	R	G
F	P	O	C	O	S	M	C	R	L	A	S
B	T	P	S	H	L	R	T	O	D	B	A
U	H	S	C	S	I	Y	B	T	R	B	F
N	B	G	E	S	P	R	I	N	G	I	A
N	R	N	T	V	N	A	X	W	S	T	M
Y	V	B	A	S	K	E	T	C	H	R	I
F	P	A	E	R	S	N	S	L	E	K	L
A	F	L	O	W	E	R	S	G	T	R	Y
S	R	H	S	U	H	T	E	H	U	N	T

BASKET CROSS FAMILY HUNT
BUNNY EASTER FLOWERS RABBIT
CARROT EGGS HOP SPRING

AMERICAN LUTHERAN HOME

MONDOVI: HOME DELIVERED & CARRYOUT MEALS ONLY (M-TH) 715-926-4962

*May
2025*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Roast Pork, Roasted Sweet Potatoes, Green Beans, Strudel Stick	<u>Served with each meal:</u> Milk
5 Start of Spring/ Summer menu! (Not available at print time.)	6	7	8	
12	13	14	15	Call previous day by 1:00pm to order lunch.
19	20	21	22	<u>Salad Options:</u> Taco Chef (Turkey, Ham) Chicken Tender
26 MEAL SITE CLOSED	27	28	29	



Sunday, May 11, 2025

Riverview Helping Hands

Riverview Helping Hands invites you to join Skull Cap making on the **second Tuesday of each month, from 12:30pm to 2:00pm**. The group has shipped out 29,482 skull caps through the month of April. *Nice job ladies!*

Please donate any yarn you may have to Riverview Helping Hands. Call Eileen Fannel at 715-672-5853 or Linda Henry at 715-279-3027, or drop donations off at the Riverview Senior Center. New members are welcome!



Monday, May 26, 2025



Thank You!

*Buffalo & Pepin Counties Wish
to Thank Our Recent Donors!*

Donations

Sandra Larson

*Thank you from the Riverview
Community Center!*

Donations

*Deb Radle
Randy Weiss*

TWO RIVERS CONNECTION
ADRC of Buffalo and Pepin Counties
740 7th Ave. West
Durand, WI 54736

Address Service Requested

PRST STD
US POSTAGE
PAID
PERMIT NO. 9
DURAND, WI

COMMUNITY CONTACTS

ADRC of Buffalo & Pepin Counties: 1-866-578-2372 or adrc-bp@co.pepin.wi.us

Please **add** or **remove** my name to/from the mailing list for the Two Rivers Connection newsletter (Circle One)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Spouse's Name: _____

Donation Amount: \$ _____

Please return to: ADRC of Buffalo and Pepin Counties
740 7th Ave. West
PO Box 39
Durand, WI 54736