

# TWO RIVERS CONNECTION



February 2025

## Wisconsin Homestead Tax Credit Program

The Homestead Tax Credit Program is designed to soften the impact of property taxes and rent for people with lower incomes. The benefit available may take the form of an income tax credit or a direct refund. The credit is based on the relationship of your household income to the amount of your allowable property taxes and/or rent for the calendar year.

### To qualify for the Homestead Tax Credit, you must be:

1. A legal resident of Wisconsin for all of 2024, from January 1<sup>st</sup> through December 31<sup>st</sup>
2. 18 years of age or older on December 31, 2024
3. Have less than \$24,680 in household income for 2024 AND you meet one of the following conditions:
  - \*You (or your spouse, if married) have earned income during the year
  - \*You (or your spouse, if married) are disabled. (See definition of "disabled" in the Schedule H instructions)
  - \*You (or your spouse, if married) are 62 years of age or older at the end of 2024
  - \*You own or rent your Wisconsin homestead that is subject to Wisconsin property taxes during 2024
  - \*You are not claimed as a dependent on someone else's 2024 federal income tax return.

Note: This limitation does not apply if you were 62 years of age or older on December 31, 2024.

  - \*At the time of filing a claim, you are not living in a nursing home and receiving Title XIX medical assistance.
  - \*Only one claim may be filed per household. A married couple residing together is one household
  - \*You are not filing a claim on behalf of a person after their death
  - \*You have not received Wisconsin Works (W2) payments of any amount or county relief payment of \$400 or more for each month of 2024.
  - \*Other conditions may apply- please refer to applicable laws and rules stated in Wis Adm Code.

### How do I claim Homestead Tax Credit?

If you meet the qualifications, you must complete a Schedule H or Schedule H-EZ tax form to determine the amount of any benefit available. Note: You may meet all the qualifications, but not receive credit, because the credit is based on the relationship of your household income to the amount of your allowable property taxes and/or rent. If you do qualify for a credit, you must submit a copy of your 2024 property tax bill, if you owned and occupied your home OR an original rent certificate signed by your landlord, if you rented. You must also provide proof of all income. The filing deadline for a 2024 claim is April 16, 2029.

The ADRC is available to assist residents with completing Homestead Tax Credit forms.

**Buffalo County residents:** Please call the ADRC at 608-685-4412 or 1-866-578-2372 to schedule an appointment. Buffalo County will also be hosting Homestead Tax Clinics in February; site dates will be cancelled and rescheduled if weather conditions delay or close schools in your area!

**February 24, 2025:** Cochrane Senior Apartments - 9:00am to 9:45am  
Alma Senior Apartments - 10:15am to 10:45am;  
Nelson Senior Apartments - 11:15am to 12:00pm

**February 26, 2025:** Highland Apartments in Mondovi - 1:00pm to 1:45pm  
Vine/Lincoln Street Apartments in Mondovi - 2:00pm to 2:45pm

**Pepin County residents:** Please call the ADRC at 715-672-8945 or toll-free at 1-866-578-2372 to schedule an appointment.

For more information on 2024 Homestead Tax Credit, please consult with your tax advisor. Source: DOR Claiming Homestead Credit [www.revenue.wi.gov](http://www.revenue.wi.gov)



# The Dementia Care Corner

The 4 Rs: Tips to Celebrate Valentine's Day with a Loved One Living with Dementia  
***Alzheimer's Foundation of America Encourages Families to Follow the Four Rs this Valentine's Day, February 14th.***

Valentine's Day can bring unique challenges to relationships where someone has dementia and cannot express themselves or remember things as they did before the onset of the illness. To help families affected by dementia, the Alzheimer's Foundation of America (AFA) is offering four tips on how to celebrate Valentine's Day with someone living with Alzheimer's disease or another dementia-related illness. Follow these four Rs to create a dementia-friendly Valentine's Day:

## **Reminisce**

Go through old photos together with your loved one and describe them—who the people are, where it was taken, what the occasion was, etc. Simply talking about shared moments, whether it's a vacation, celebration, or another occasion that you happily enjoyed together, is a great way to celebrate the love and special bond you share with one another.

## **Reconnect**

The impact of dementia can make it challenging to do everything exactly as you once did, but there are numerous ways to maintain, restore or create intimacy, love and connection. Sharing a meal, watching a familiar movie, enjoying favorite music, or just taking a walk together are all ways to help stay connected. Nonverbal cues, such as gentle touching, smiles, and eye contact, can also maintain or strengthen connections with someone who may no longer be able to verbalize their emotions as they had before.

## **Relate**

Physical touch, words of affirmation, quality time, gifts, and acts of service are all types of "love languages" that people use to give or receive love. Know what types of gestures your loved one responds positively to and try to "speak to them" in that love language. Be mindful that these may change over time as the dementia-related illness progresses.

## **Reaffirm**

Write a Valentine's card and read it out loud to your loved one. Even if they can no longer grasp the full meaning, the act of writing it and communicating your love can help lift your own spirits. The time-honored Valentine's Day gift of flowers is another way to enjoy the holiday together. Purchase a bouquet of fresh flowers, set it on a table, and enjoy the fragrances together—the scent can help improve mood, promote positive feelings, and stimulate the brain. *[Reprinted from the Alzheimer's Foundation of America]*

## **Coffee & Conversation Memory Café**

### **February 13<sup>th</sup> – Valentine's Day Chocolate Tasting**

Memory Cafés are social events for persons concerned about memory loss, as well as those looking to engage in social, brain-healthy activities. Join us for our upcoming café! Cafés are hosted on the second Thursday of each month, from 11:00am to 12:00pm, at Wings Over Alma (110 North Main St, Alma).

## **Dementia Caregiver Support Gathering**

### **February 27<sup>th</sup>**

Support Gatherings are for caregivers of persons living with dementia. Join others in your caregiving journey and learn about local dementia care resources. Gatherings are hosted on the fourth Thursday of each month, from 10:00am to 11:30am, at the Mondovi Public Library (147 W Hudson St, Mondovi).

***\*\*We're excited to announce that additional Memory Cafés, Dementia Caregiver Support Gatherings, and dementia caregiver educational opportunities will be offered in the SPRING OF 2025! Stay tuned for more details!***

## DONATION DESIGNATION FORM

I want to help the Aging & Disability Resource Center of Buffalo and Pepin Counties continue its effective community service to individuals with disabilities and older adults and their families. Please designate this donation:

In Memory of: \_\_\_\_\_ or In Honor of: \_\_\_\_\_

I want my donation to go to the following program(s):

- |  |   |
|--|---|
| <input type="checkbox"/> Information & Assistance      | <input type="checkbox"/> Caregiver Support Program        |
| <input type="checkbox"/> Disability Benefit Specialist | <input type="checkbox"/> Two Rivers Connection Newsletter |
| <input type="checkbox"/> Home Delivered Meals          | <input type="checkbox"/> Elder Benefit Specialist         |
| <input type="checkbox"/> Senior Dining Services        | <input type="checkbox"/> Dementia Services                |
| <input type="checkbox"/> Transportation Services       |   |

**My donation is for:**

\_\_\_\_\_ **Pepin County**                      \_\_\_\_\_ **Buffalo County**

It is ok to acknowledge my donation in the *Two Rivers Connection* Newsletter:                      Yes                      No

Please send receipt to -

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Please make checks payable to: ADRC, 740 7th Ave. W, PO Box 39, Durand, WI 54736

*Your gift is deductible to the extent provided by law.*

**Did You Know...** Around 2000 BC, Egyptians were the first to make marshmallows from the sap of the mallow plant, which they mixed with honey and nuts. It was used to soothe sore throats and heal wounds. In the 1800's, the French combined the mallow sap with egg whites and sugar to create the first marshmallows as we know them today. The treat became so popular that candy makers used corn starch molds to make them faster. In 1927, the Girl Scout Handbook published the first recipe for roasted marshmallows with graham crackers and chocolate, which is now known as a S'more. In 1948, the marshmallow was patented, and the marshmallow production was made faster and more efficient.



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# DID YOU KNOW...

The ADRC of Buffalo and Pepin Counties has a Resource Guide FILLED with lots of great information to address your aging and disability needs? Stop by your local ADRC office in Buffalo or Pepin county to pick up your FREE copy today! You can also find an electronic version of the guide on our website: [www.adrc-bcp.com](http://www.adrc-bcp.com)

## Resource Booklet



DISCLAIMER:  
This list is provided to you for informational purposes only. You are solely responsible to verify the credentials of a provider/resources. The ADRC does not assume any responsibility for these providers/resources and does not guarantee the quality or availability of services. This is not an all-inclusive list.



# Specialist Spotlight

*Your ADRC Specialist Team: (left to right)*

*Jennifer Nelson - ADRC Specialist*

*Michelle Brown - ADRC Specialist*

*Melissa Hovland - Disability Benefit Specialist*

*Bernie Rogers - Elder Benefit Specialist*

*Julie Fick - Elder Benefit Specialist*

*Chelsey Herold - Dementia Care Specialist*



## Truth vs Hollywood

*(Submitted by Michelle Brown, ADRC Specialist)*

In the movies, a person who suffers a cardiac or respiratory emergency receives CPR, and often times, is well and on their way after some dramatic music and close up shots of hero actresses and actors. In these made for TV scenarios, about 70% of the actresses/actors on whom CPR is performed recover while in real life, less than 10% of the people on whom CPR is performed actually survive (specific to CPR performed in the community). Of those who do survive, as many as half wish they hadn't received it. Why? Many reasons, including quality of life following CPR as well as medical complications resulting from CPR. These complications including fractured or cracked ribs, liver lacerations and pulmonary hemorrhage. So while CPR may extend a person's life, their quality of life may be significantly reduced.

Some people, who have knowledge of the CPR and the effects, may decide they don't want to experience that type of lifesaving technique, and opt to become a Do Not Resuscitate instead.

A DNR specifically addresses what you want done in the event you experience a cardiac or respiratory emergency. Cardiopulmonary resuscitation (CPR) is an emergency lifesaving procedure performed to keep blood and oxygen flowing when a person's heart has stopped beating or they have stopped breathing. Because the act of completing chest compressions substantial enough to be beneficial can result in physical injury, some people, particularly elderly or people with a terminal illness may chose to not have this procedure performed and would rather pass away naturally as the result of their medical emergency.

Wisconsin Statute defines DNR, as well as outlines who is considered an appropriate candidate for a DNR Order. According to statute, a DNR is a "written order ... that directs emergency medical services practitioners, emergency medical responders, and emergency health care facilities personnel not to attempt cardiopulmonary resuscitation on a person for whom the order is issued if that person suffers cardiac or respiratory arrest." Wis. Stat. § 154.17(2).

There are several criteria and procedures that must be met before a person can be considered DNR:

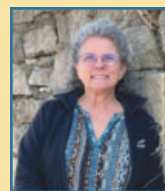
1. The person subject to the DNR must be a qualified patient. A "qualified patient" is a person who has attained the age of 18 and has either a terminal condition, a medical condition that could make resuscitation efforts unsuccessful or repeated cardiac or pulmonary failure would occur before death, or has a condition where resuscitation could cause significant physical pain or harm that would outweigh the possibility that resuscitation would restore function for an indefinite period of time.
2. The qualified patient, guardian, or health care agent must request the DNR order.
3. An attending physician provides written information about resuscitation procedures and the methods by which the patient may revoke the DNR order.
4. The patient, guardian, or health care agent consents to the order after being provided with the information mentioned above.
5. The do-not-resuscitate order must be in writing and signed by the patient, guardian, or health care agent.
6. The physician does not know the patient to be pregnant.



*Continued on page 5*

## Truth vs. Hollywood *(Continued from page 4)*

The next step is for the attending physician to issue the DNR order and to document this order in the patient's medical record. The patient would then wear a DNR bracelet in order to let emergency personnel know their wishes. Without this bracelet, emergency personnel may attempt CPR in spite of a preference otherwise. The bracelet can either be a plastic bracelet obtained at the hospital or clinic where the attending physician signed the DNR order, or a more permanent bracelet can be obtained with a doctor's order through an approved vendor. Should the person change their mind and decide they would like life saving measures to be administered in the event of a cardiac or respiratory event, they can simply remove, deface or otherwise destroy their bracelet or they can express their wishes to no longer be a DNR and ask for their bracelet to be removed or destroyed.



Michelle  
Brown

Talking about end of life or discussing how a person's life may end can be an emotionally depleting conversation. But planning ahead can help family and friends navigate the situation without having to wonder if they are making decisions consistent with their loved ones wishes. There are several ways to make your wishes known including Power of Attorney for Health Care (POA-HC), creation of a Living Will and completion of a Do Not Resuscitate (DNR) order. Each of these documents provides valuable information for health care providers as well as your friends and family. As with any major medical decision, careful consideration and discussion with family, friends and medical providers should help to guide your final decision.

For more information on end of life and legal decision making, please visit the Greater Wisconsin Agency on Aging Resources at <https://gwaar.org>

Information taken in part from GWAAR "Decision Makers and the Authority to Consent to a DNR Order" and NPR's "For many, a 'natural death' may be preferable to enduring CPR" article published May 29<sup>th</sup>, 2023 by Clayton Dalton. Please visit [www.gwaar.org](http://www.gwaar.org) for more information on legal decision making options.

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*February  
2025*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Served with each meal:</b>  <b>Milk</b>	<b>Dates Salad Option</b> 3rd - 7th Crispy Chicken 10th - 14th Taco 17th - 21st Chef 24th - 28th Grilled Salad			
<b>3</b> Ham Steak, Cheesy Potatoes, Carrots, Bread, Peaches, Cake	<b>4</b> Baked Chicken, Stuffing, Cranberries, Corn, Bread, Pineapple, Cake	<b>5</b> Spaghetti w/Meat Sauce, Salad, Garlic Bread, Banana, Cake	<b>6</b> Hot Beef on Bread, Mashed Potatoes, Broccoli, Tropical Fruit, Cake	<b>7</b> Cod, Potato Salad, Beans, Coleslaw, Bread, Cake
<b>10</b> Hamburger Gravy, Mashed Potatoes, Carrots, Bread, Mandarin Oranges, Cake	<b>11</b> Broasted Chicken, Mashed Potatoes, Corn, Bread, Fruit Cocktail, Cake	<b>12</b> Meatballs, Mashed Potatoes, Broccoli, Bread, Pears, Cake	<b>13</b> Brats, Sauerkraut, Baby Red Potatoes, Carrots, Bread, Peaches	<b>14</b> Cod, Mashed Potatoes, Beans, Bread, Coleslaw, Cake <i>Pepin HDM: Chicken instead of Cod</i>
<b>17 MEAL SITE CLOSED</b> 	<b>18</b> Chicken Strips & Wild Rice w/Holly Sauce, Broccoli, Bread, Pineapple, Cake	<b>19</b> Lasagna, Salad, Garlic Bread, Green Beans, Tropical Fruit, Cake	<b>20</b> Meatloaf, Mashed Potatoes, Carrots, Bread, Mandarin Oranges, Cake	<b>21</b> Cod, Baked Potato, Beans, Coleslaw, Bread, Cake
<b>24</b> Country Fried Steak, Mashed Potatoes, Carrots, Bread, Fruit Cocktail, Cake	<b>25</b> Broasted Chicken, Mashed Potatoes, Corn, Bread, Pears, Cake	<b>26</b> Philly Sandwich, Baby Red Potatoes, Salad, Banana, Cake	<b>27</b> Boiled Dinner w/ Ham, Potatoes, Carrots, Cabbage, Onion, Rutabagas, Bread, Peaches, Cake	<b>28</b> Cod, Potato Salad, Beans, Coleslaw, Bread, Cake <i>Pepin HDM: Chicken instead of Cod</i>

Dear Two Rivers Connection Reader:

As a reader of our newsletter, we want to thank you for your continued support of Two Rivers Connection!

We strive to provide content that is relevant, useful, and informative. The Aging and Disability Resource Center (ADRC) would like all newsletter recipients to take a minute and verify your mailing address. If there are any changes or if you are no longer interested in receiving the newsletter, please contact our office. We have a limited supply of newsletters, so it's imperative that we keep our mailing list as updated as possible.

If you want to continue to receive your newsletter through the mail and have no changes to your address, you do not have to contact us. If you'd like to continue to receive the newsletter in the mail each month, please consider making a voluntary contribution to cover the cost of postage. If you have already recently contributed to the newsletter, please disregard. Your contribution can be sent to: ADRC of Buffalo and Pepin Counties, Attention: Two Rivers Connection, 740 7th Avenue West, Durand, WI 54736.

Please know that there are three other ways you can receive/view our newsletter:

- Email – If you have an email address, we will send you our monthly newsletter electronically.  
All you need to do is provide us with your email address by contacting our office.
- Pick Up – We place copies of the newsletter at various locations around Buffalo and Pepin Counties each month.
- Our newsletters are posted monthly on the ADRC website <https://www.adrc-bcp.com/> and on our Facebook page <https://www.facebook.com/ADRCBuffaloAndPepinCounties/>

Our office can be reached by calling toll free at 866-578-2372 or emailing [adrc-bp@co.pepin.wi.us](mailto:adrc-bp@co.pepin.wi.us)





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<b>CORRAL BAR &amp; RIVERSIDE GRILL</b> DURAND: TUESDAY– FRIDAY (11:30AM-1:00PM) 715-672-8936				<b>February 2025</b>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Served with each meal:</b> <b>Milk</b>	<b>4</b> Pork Chop w/ Mushroom Gravy, Baked Potato w/Sour Cream, Corn, Wheat Bread, Fruit Cocktail	<b>5</b> Tater Tot Hot Dish, Creamy Coleslaw, Whole Grain Muffin, Mandarin Oranges	<b>6</b> Chicken Alfredo, Broccoli, Lettuce Salad w/French Dressing, Garlic Bread, Applesauce	<b>7</b> Baked Cod w/ Tarter Sauce, Baked Potato w/Sour Cream, Baked Beans, Wheat Bread, Pineapple
	<b>11</b> Baked Ham, Sweet Potatoes, California Blend Veggies, Wheat Bread, Banana	<b>12</b> Beef Roast, Mashed Potatoes w/ Gravy, Corn, Wheat Bread, Tropical Fruit	<b>13</b> Creamed Chicken on Biscuits, Peas & Carrots, Lettuce Salad w/ Ranch Dressing, Peaches, Dessert	<b>14</b> Fish Sandwich w/ Bun, Tartar Sauce, Split Pea Coup, Tomato Juice, Fruit Cocktail
<b>Call previous day by 1:00pm to order lunch.</b>	<b>18</b> Baked Chicken, Baked Potato w/Sour Cream, Harvard Beets, Wheat Bread, Apple	<b>19</b> Lasagna, Mixed Vegetables, Lettuce Salad w/French Dressing, Garlic Bread, Strawberries	<b>20</b> Salisbury Steak, Mashed Potatoes w/ Gravy, Cauliflower w/ Cheese Sauce, Wheat Bread, Pineapple	<b>21</b> Stuffed Shells, Squash, Tomato Juice, Wheat Bread, Pears
<b>Salad Options:</b> <b>Chef Salad</b> <b>Chicken Fiesta</b> <b>Seafood Salad</b> <b>Taco Salad</b>	<b>25</b> Barbecue on Bun, Bean Soup, Tater Tots, Grapes, Dessert	<b>26</b> Roast Turkey, Mashed Potatoes w/ Gravy, Glazed Carrots, Wheat Bread, Peaches	<b>27</b> Spaghetti w/ Meat Sauce, Broccoli, Lettuce Salad w/Ranch Dressing, Garlic Bread, Applesauce	<b>28</b> Broasted Cod w/ Tartar Sauce, Scalloped Potatoes, Peas, Wheat Bread, Mandarin Oranges



**February 12, 2025**

## WINONA BUS TRIP

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If information is needed in another language, contact 856-578-2332.

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715-672-8941 EXT 163.





## Buffalo & Pepin Counties Senior Nutrition Program Suggested Donation Increase on January 1<sup>st</sup>, 2025.

By Matthew Bertelson, Nutrition Program Coordinator

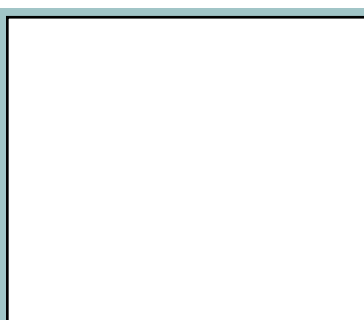
Beginning January 1, 2025, suggested donations for **ALL** meals (congregate, home-delivered, and carry-out) moved to a donation range of \$5.00-\$7.00 per meal.

This range will allow individuals that are more fortunate to be able to help out friends and neighbors that are not able to donate as much towards the cost of meals. Individuals are asked to donate as generously as they can afford, as all donations go directly back into the program.

Our goal is to always find ways to reduce or maintain our costs without lowering the quality or nutritional value of our meals. Volunteers have continued to give of their time helping our nutrition program, and we work hard to keep cost down as much as possible. Keeping the costs down allows us to be able to serve the increasing senior population within both counties.

All contributions are voluntary and are kept confidential regardless of the amount. Nobody will be denied meals if they are unable or choose not to contribute. You may contribute more or less than the suggested amount. You may continue to contribute the same amount you have been. Families may purchase dining meal site tickets to help a loved one. Thirty percent of the nutrition program revenues come from participant and community contributions, so they are very important to the sustainability of this program.

For more information about senior dining, home delivered meals, or the increase in suggested contribution, please do not hesitate to contact myself at 715-672-8941, ext. 163 or toll free at 866-578-2372.



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- ✓ Other Services Per Client Requests

Rhonda Sweeney, Accountant & Daily Money Manager  
Contact us at 715-672-8093 or [Rhonda@numb3rsrus.com](mailto:Rhonda@numb3rsrus.com)

 **St. Vincent de Paul**  
**THRIFT STORE**


Sun & Mon: CLOSED, Tue - Fri: 10am - 5pm • Saturday: 10am - 4pm  
825 E Prospect St, Durand, WI  
Store Line: 715-672-8975  
Help Line: 715-672-8617



## THE LOST PIRATE

**BUFFALO CITY:** MONDAY-THURSDAY (11:45AM-12:15PM) 608-248-2683  
HOME-DELIVERED MONDAY, TUESDAY, WEDNESDAY ONLY

*February  
2025*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Lemon Baked Fish, Baked Potato, Coleslaw, Fruit	<b>4</b> Pork Chops, Baby Red Potatoes, Broccoli, V8 Juice	<b>5</b> Philly Cheese Steak, Sweet Potato Puffs, Cucumber Salad, Fruit	<b>6</b> Chicken Patty Sandwich w/Cheese, Vegetable Soup, Fruit	<b>Served with each meal:</b> <b>1% Milk</b> <b>Whole Wheat Bread</b>
<b>10</b> Meatloaf, Mashed Potatoes w/ Gravy, Carrots, Fruit	<b>11</b> Creamed Chicken over Biscuits, Mixed Vegetables, Fruit	<b>12</b> Cheeseburger, Potato Salad, Coleslaw, Fruit	<b>13</b> Baked Fish, Baked Potato, Side Salad, Fruit	
<b>17</b> MEAL SITE CLOSED  <b>PRESIDENTS' DAY</b>	<b>18</b> Polish Sausage, Baked Potato, Broccoli, Baked Beans, Fruit	<b>19</b> Barbeque Pork Sandwich, French Fries, Mixed Vegetables, Fruit	<b>20</b> Baked Chicken, Mashed Sweet Potatoes, Baked Beans, Fruit	<b>Call previous day by 1:00pm to order lunch.</b>
<b>24</b> Fish Sandwich w/Cheese, Potato Salad, Green Beans, Fruit	<b>25</b> Hamburger Gravy over Mashed Potatoes, Mixed Vegetables, Fruit	<b>26</b> Pork Roast, Baked Beans, Marinated Tomato Salad, Fruit	<b>27</b> Chicken Alfredo, Garlic Toast, Side Salad, Fruit	<b>Salad Options:</b> <b>Taco, Ham, Chicken</b>

### WANTED

#### ADRC GOVERNING BOARD MEMBER

The Aging and Disability Resource Center (ADRC) of Buffalo and Pepin Counties is looking for a citizen to serve on the ADRC Governing Board starting in April 2025.

##### Qualifications:

- Individual must be physically disabled and reside in Buffalo County (or be a family member of an individual with a physical disability)
- Shall not be employed by Buffalo or Pepin County
- Shall not be employed by any managed care organization or an agency providing services through such an organization
- Be willing to attend scheduled Board meetings (either in-person or via zoom)

Board members receive a per diem for attending meetings and mileage reimbursement. Learn more about the ADRC by visiting [www.adrc-bcp.com](http://www.adrc-bcp.com). Interested individuals should call toll free 866-578-2373 or email [adrc-bp@co.pepin.wi.us](mailto:adrc-bp@co.pepin.wi.us) to obtain an application.

*The ADRC Governing Board will give equal consideration to all applicants. The submission of an application does not guarantee appointment to the ADRC Governing Board.*

## MIRROR IMAGES

FIND THE MIRROR IMAGE FOR EACH SNOWMAN

Solution on Page 11.





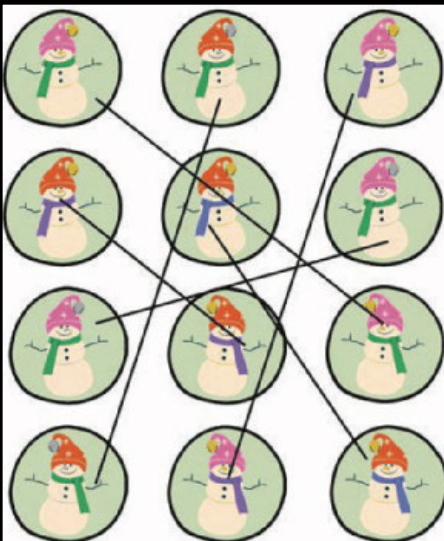
# AMERICAN LUTHERAN HOME

MONDOVI: HOME DELIVERED & CARRYOUT MEALS ONLY (M-TH) 715-926-4962

February  
2025

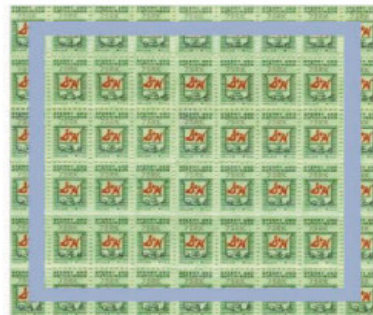
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Hamburger Gravy over Mashed Potatoes, Peas, Apricots	<b>4</b> Open Face Hot Turkey Sandwich, Baby Baker Potatoes, Vegetable Blend, Jello w/Fruit	<b>5</b> Chili, Crackers, Corn, Romaine Salad, Frosted Pumpkin Bars	<b>6</b> Roast Pork, Roasted Sweet Potatoes, Green Beans, Strudel Stick	<u>Served with each meal:</u> Milk
<b>10</b> Swiss Steak, Au Gratin Potatoes, Stewed Tomatoes, Banana Cupcake w/ Cinnamon Frosting	<b>11</b> Meatloaf, Mashed Potatoes, Beets, Bread, Mixed Berries Bar	<b>12</b> Baked Swiss Chicken, Stuffing, Sunshine Carrots, Coffee Cream Dessert	<b>13</b> Lasagna, Broccoli, Bread, Mandarin Oranges	
<b>17</b> MEAL SITE CLOSED 	<b>18</b> Beef Stew, Carrots, Romaine Salad, Bread, Peaches	<b>19</b> Baked Ham, Sweet Potatoes, Green Beans, Caramel Apple Dessert	<b>20</b> Swedish Meatballs, Mashed Potatoes, Corn, Peanut Butter Tart	Call previous day by 1:00pm to order lunch.
<b>24</b> Bratwurst on Bun, Sauerkraut, Baked Beans, Pears	<b>25</b> Roast Turkey, Stuffing, Gravy, Candied Carrots, Roll, Pie	<b>26</b> Country Fried Steak, Mashed Potatoes, Country Gravy, Squash, Butter-scotch Apple Cake	<b>27</b> Beef Pot Roast, Baby Baker Potatoes, Beef Gravy, Broccoli w/Cheese, Banana Foster Poke Cake	<u>Salad Options:</u> Taco Chef (Turkey, Ham) Chicken Tender

## Hidden Objects Solution



You know you're "seasoned" if...

YOU COLLECTED  
GREEN STAMPS



SEASONEDTIMES.COM

## Riverview Quilters

Come join Riverview Quilters of Durand. They meet every Monday from 1:00pm to 4:00pm at the Riverview Community Center, 606 W Madison St., Durand. Bring crocheting, knitting or any crafts you're working on.

Generally, everyone works on their own projects. Occasionally, there is a group project for anyone who wants to work together. There is no instructor, but everyone is willing to share their knowledge if there are any questions. We meet to share hobbies and camaraderie. Please feel free to drop in with any questions you may have.



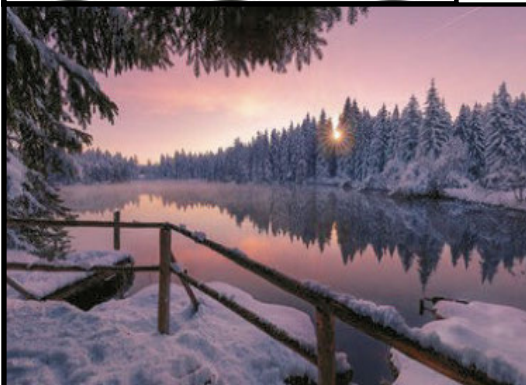
Thank you from the Riverview Community Center!

## Donations

Brenda Cole, Annette Bauer, Carol K. Bauer,  
Rock Creek Lutheran Church

## Memorials

Bonnie Bock, in memory of Don Melstrom



**TWO RIVERS CONNECTION**  
ADRC of Buffalo and Pepin Counties  
740 7<sup>th</sup> Ave. West  
Durand, WI 54736

Address Service Requested

PRST STD  
US POSTAGE  
PAID  
PERMIT NO. 9  
DURAND, WI

## COMMUNITY CONTACTS

**ADRC of Buffalo & Pepin Counties:** 1-866-578-2372 or [adrc-bp@co.pepin.wi.us](mailto:adrc-bp@co.pepin.wi.us)

Please **add** or **remove** my name to/from the mailing list for the Two Rivers Connection newsletter (Circle One)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Donation Amount: \$ \_\_\_\_\_

Please return to: ADRC of Buffalo and Pepin Counties  
740 7<sup>th</sup> Ave. West  
PO Box 39  
Durand, WI 54736