Did you know Buffalo and Pepin Counties Senior Nutrition Program accepts EBT? You choose how much you would like to contribute for your meal and you can use it as many times as you'd like throughout the month to pay for your meals! The nutrition program offers well-balanced meals to help seniors lead active, healthy lives. The Nutrition Program is available to ALL individuals aged 60 or older, regardless of income. There is no set fee for the meals, instead they are provided for a suggested contribution. Each meal provides a minimum of one-third of the daily nutritional needs for an older adult and follow the most updated Dietary Guidelines for Americans. For more information about the Senior Nutrition Program or how to use your EBT card for your meals, call Mylessa/Nutrition Program Coordinator at 715-672-8941 ext. 163.

