## June Memory Café

## Art Class with Lindamerry!

Art projects are a fun, relaxing way for people of all ages to express their creativity, but they're particularly valuable for seniors with Alzheimer's or dementia.

The benefits of art therapy for dementia are immediately noticeable. Participants show both cognitive and behavioral improvement, plus an increase in confidence. This is a FREE activity! Anyone interested in socialization and brain health are welcome.

Join us June 13th 10-11:30am at Hurlburt's Haven and create your own masterpiece!