

Dementia Care Program

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DEMENTIA CARE SPECIALIST



Dementia Care Specialist Program Wisconsin

Many people with dementia live at home. But dementia can cause challenges—both for people living with the disease and their caregivers. Our program for dementia care offers support. Our dementia care specialists work to improve the quality of life for people with the condition who are living at home. They also support caregivers.

1

Care in the
Community

2

Health Care

3

Crisis Response
for People with
Dementia

4

Facility-Based
Care

2018 Dementia Summit

Identified and establish high-level goals
and strategies in four major categories.

Dementia Care Specialists role focuses
more on the first three categories.

Dementia Care Specialists provide...

Free information and support to adults with dementia and their caregivers.

- **Independence.** Dementia care specialists can help connect you with things to do in your community so you can stay involved.
- **Memory screenings.** Dementia care specialists can perform memory screenings. These are tools to help identify changes to memory and cognition. If the screening shows memory loss, a specialist may refer you to a doctor.
- **Social opportunities.** Dementia care specialists can help you find social activities, such as those involving music and art.
- **Care planning assistance.** Dementia care specialists can help you with where you are now—and help you plan for the future.
- **Support group connection.** Dementia care specialists can connect you with caregiver support groups where you live.

Help creating places where people with dementia can remain active and safe.

- **Memory cafés.** Dementia care specialists form and support meeting places for those with memory loss and their caregivers. These cafés let people share experiences and connect.
- **Dementia-friendly businesses.** Dementia care specialists train businesses to better understand how to support customers with dementia.
- **Coalitions.** Dementia care specialists support community groups focused to dementia initiatives.

Dementia Care Support Programs in Buffalo and Pepin Counties

Memory Cafés: *Great ways to keep those brain synapses active for the individuals with memory loss, their caregivers, or anyone interested in learning more about Brain Health! Education, activity and refreshments.*



Coffee & Conversation Café

Second Tuesday of each even*
month

10:00-11:30am @Hurlburt's
Haven, 1227 E Prospect St.
Durand

Dementia Caregiver Support Community Programs

• Questions with Katrina

- Dementia Care Specialist hours at local libraries for questions, consults, memory screens or to obtain a little information to get started in the right direction.
 - **1st and 3rd Monday 2:30pm-4:30pm @ Alma Library**
 - **2nd and 4th Tuesdays 9:00am-11:00am Durand Library.**

• Lunch Bunch

- Bring your lunch and join us virtually with the DCS and other working family caregivers for a little education and support from other caregivers
- **The THIRD Thursday of every month (starting July 2022) 11:30am-12:30pm**



• Powerful Tools for Caregivers

- Six-week class teaching caregivers how to care for themselves to prevent burn out and crisis *Starts in October, UWE Office partnering to teach the class.
- **Virtual Caregiver Support Groups:** Join two Dementia Care Specialists along with other caregivers virtually for relaxed open conversations about caring for someone living with dementia. We share stories, struggles, and successes during our scheduled time. We respect your valuable time and will stick to the one-hour time slot.
 - **Thursday Evening Conversations: Every Thursday from 7:30pm-8:30pm, meetings will be held on Zoom.**



Increased Dementia Care Materials

- Books on Dementia and Caregiving are available to borrow.
- Booklets available for consumers, also available electronically
 - AARP
 - Caring for Someone with Alzheimer's
 - Plan of Care
 - Financial Planning for Someone with Alzheimer's
 - National Health Institute
 - Understanding Memory Loss
 - The Dementias
 - Understanding Alzheimer's Disease
 - Lewy Body Dementia
 - Frontotemporal Dementia
 - Long Distance Caregiving



Dementia Care Resources and Support for Buffalo and Pepin Counties



Dementia Care Resources and Support Guide

Guide of Resources available and specific to Dementia Care and Caregiving. Each county in the Northwest Region has this booklet and now so do we! It is available in booklet format, or you can find it on our website.

Dementia Friendly Businesses



To become dementia friendly:

- *Complete a dementia friendly training that includes recognizing signs/symptoms of dementia, how to effectively communicate, reviewing your physical space, and knowledge of local resources.*
- *In addition, to heighten understanding of dementia, the training can include a real-life simulation experience that immerses participants into life with dementia.*

***The dementia simulation is not a requirement.*

Dementia Care and Caregiving Projects

Project Safe Action

- Dementia Care version of File of Life
- Important information about the individual living with dementia that can be useful to know in communicating effectively to reduce the stress of the crisis.
 - Working with Families to fill out the document and have it in a secure but accessible place for EMS/LE to find
 - Working with Law Enforcement to look for the document, ways of communicating with persons living with dementia



Voluntary Caregiver Registry

- Working with Emergency Management to flag caregiver address to send support to the PWD if caregiver is in crisis.

Caregiver Fair 2023

- Planning for a Caregiver Fair in Summer 2023
 - Booths
 - Speakers
 - Day Activities for those living with dementia. (Memory Lane)
 - Looking for volunteers to help spread the word closer to the date.

The Dementia Care Specialist will....

- Provide Dementia Friendly training for Buffalo and Pepin Counties
- Increase promotional information for programs and support
- Train Emergency Response Teams, Fire Departments, Law Enforcement, Dispatch, Jail
- Host a yearly Caregiver Resource Fair, development and planning
- Build community connections and partnerships
- Build partnership with health care providers (PCPs and staff)
- Promote intergenerational connection with PWD and youths
- Implement Project Safe Action and Caregiver Registry
- Coordinate seminars, workshops, and bus trips for PWD and their caregivers
- Provide education to local businesses, organizations, community groups, and local government: VFWs, American Legions, Town/Village Boards and Counsels
- Increase awareness and reduce the stigma-Provide Dementia LIVE!

Sept 21st, 2022

World Alzheimer's Awareness Day!



Pepin County and Buffalo County
Support Alzheimer's Awareness!



Any Questions??

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(she/her/hers)

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