

# TWO RIVERS CONNECTION



*December 2024*

## ***Seasons Greetings from the ADRC Team!***

The Aging and Disability Resource Center of Buffalo and Pepin Counties (also known as the ADRC) is your first place to go with your aging and disability questions, whether you want resources for yourself, a family member or friend, or you're a professional working with issues related to aging or disabilities.

The ADRC provides unbiased information and options on a broad range of programs and services to individuals over the age of 60 years and adults with disabilities (age 18-59 years). And the best part is, contacting the ADRC is always FREE!

The ADRC can help make informed decisions about such things as maintaining your independence, choosing long-term care and related services, reviewing Medicare and Social Security benefits, and exploring resources in your community.  
The ADRC team is "Your Bridge to Support."



The ADRC is open  
Monday-Thursday, 8:00am-5:00pm  
Friday, 8:00am-11:30am

We have office locations in Durand and Alma. You are welcome to stop by and browse our selection of resources; however, if you'd like to meet with a Specialist, we ask that you call ahead to schedule an appointment.

Learn more about the ADRC by:

Visiting: [www.adrc-bcp.com](http://www.adrc-bcp.com)

Calling: 866-578-2372

Facebook: [www.facebook.com/ADRCBuffaloAndPepinCounties](https://www.facebook.com/ADRCBuffaloAndPepinCounties)

# The Dementia Care Corner

## Holiday Trivia!

1. What are the two most popular names for Santa Claus?
2. Elvis wont be having a white Christmas. Instead he'll be having a....
3. How many ghosts show up in *A Christmas Carol*?
4. Which popular Christmas beverage is also called 'milk punch'?
5. What words follow "Silent Night" in the song?
6. Which of Santa's reindeer has the same name as another holiday mascot?
7. Which country started the tradition of putting up a Christmas tree?
8. How many gifts in total were given in the "Twelve Days of Christmas" song?
9. How do you say "Merry Christmas" in Spanish?
10. What was Frosty the Snowman's nose made of?

## Upcoming Events!

### COFFEE AND CONVERSATION MEMORY CAFÉ

Thursday December 12<sup>th</sup>, 11:00am – 12:00pm  
@ Wings Over Alma Art & Nature Center  
110 N Main St, Alma

### \*NEW\* DEMENTIA CAREGIVER SUPPORT GATHERING

Thursday December 26<sup>th</sup>, 10:00am – 11:30am  
@ Mondovi Public Library  
147 W Hudson St, Mondovi

### BRAIN HEALTH CHECK-UPS

Tuesday December 17<sup>th</sup>, 10:00am – 1:00pm  
@ Riverview Community Center  
606 W Madison St, Durand

*It's hard to believe that **2025 is just weeks away!** Are you living with dementia or caregiving for someone living with dementia? Make it your New Year's resolution to contact Chelsey/ Dementia Care Specialist to learn about local dementia care resources, and to gain a sense of connectedness!*

*Call Chelsey at 715-279-7870!*

Planning to travel this holiday season? Here are some tips for traveling with someone living with dementia!

**Plan ahead.** Consider potential obstacles and how to deal with them (i.e. detours, toll booth delays, adverse weather).

**Be flexible.** Be prepared to adapt your plans and expectations.

**Allow time for rest.** Refrain from over-scheduling and overstimulating.

**Bring essentials.** Be sure to pack a bag with medications, a change of clothes, water, snacks, and activities.

**Bring identification.** Have the person with dementia wear an identification bracelet.

**Bring documentation.** Bring current medical information, a list of emergency contacts, and photocopies of important documents.

**Be prepared to respond to agitation or restlessness.** Bring along snacks, magazines, or movies to help keep the person with dementia calm.

**Trivia Answers:** 1) Kris Kringle and Saint Nick; 2) Blue Christmas; 3) Four; 4) Egg-nog; 5) Holy Night; 6) Cupid; 7) Germany nog; 8) 364; 9) Feliz Navidad; 10) A button



## The Holiday Season is Fast Approaching!

Do you need a gift idea for your grandparents, parents, and/or other relatives or neighbors? Consider a MEAL TICKET from the Buffalo & Pepin Counties Senior Nutrition Program! Meal Tickets are just like gift certificates and each ticket is good for one meal from the Nutrition Program. They can be used at any of the Buffalo or Pepin County dining sites and they do not expire. Tickets can also be purchased for home-delivered meals.

To learn more, contact Matt,  
Nutrition Program Coordinator 715-672-8941, ext. 163

Gift Certificates Available



**Join us Wednesday December 18<sup>th</sup> to experience the  
Magic of Irvine Park Christmas Lights.**

**To sign up for our Bus Trip, Call 715-672-8941, ext. 152, by December 12<sup>th</sup>**

**Time: To Be Determined**

**We'll also stop for supper on the way home.**

### **Santa's Toybag**

Can you find the items on the right hidden in the picture below?



# Specialist Spotlight

Your ADRC Specialist Team: (left to right)

Jennifer Nelson - ADRC Specialist

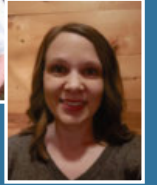
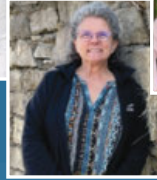
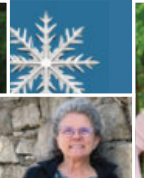
Michelle Brown - ADRC Specialist

Melissa Hovland - Disability Benefit Specialist

Bernie Rogers - Elder Benefit Specialist

Julie Fick - Elder Benefit Specialist

Chelsey Herold - Dementia Care Specialist



## Remaining Engaged: Holiday Activities for Persons Living with Dementia



It's important for persons living with dementia (PLWD) to remain meaningfully engaged in their homes and communities. Engaging in a variety of activities helps a PLWD feel a sense of social connectedness, as well as purpose. It also helps reduce boredom, restlessness, and associated agitation. During the holiday season, consider exploring the following activities. Offer clear instruction and ample time. Modify activities as necessary. With an open mind and some creativity, these activities are sure to be enjoyed!

**Bake cookies.** If the PLWD has difficulty following steps as outlined on a recipe card, ask them to participate in smaller, simpler tasks such as cracking the eggs, adding pre-measured ingredients to the mixing bowl, or stirring the cookie dough. Encourage the PLWD to frost, sprinkle, and 'taste-test' baked cookies!

**Create holiday cards** for friends and family. These may be as simple or elaborate as you'd like!

**Decorate the house.** Encourage the PLWD to hang garland or ornaments on the tree. The PLWD may choose to make their own décor by stringing popcorn, creating paper chain garland, or cutting handmade paper snowflakes.

**Take the celebration outdoors.** Visit a local craft or DIY store and purchase wooden bird houses. Provide some paints and brushes and have the PLWD design birdhouses for chilly outdoor friends.

**Offer wrapping paper or gift bags with tissue paper** and ask the PLWD to help with gift wrapping. If wrapping is too challenging, encourage the PLWD to stick bows or name labels to each gift, and then place them beneath the tree.

**Listen to Christmas carols together,** and encourage the PLWD to sing along. Music sparks creativity and elicits memories. A PLWD may sing or hum to a tune, even if they no longer engage in conversation.

**Visit your local library** and borrow holiday books, tapes, or puzzles. If reading is challenging for the PLWD, read to them, or encourage them to enjoy a book on tape.

**View photo albums** and reminisce on holidays of the past. Enjoy photos of family and friends from years ago. Invite family and friends over to enjoy this activity in good company. If family or friends are unable to visit, consider visiting electronically, by computer or phone.

**Enjoy a holiday dinner together.** It may be as simple or as elaborate as you'd like. Encourage the PLWD to help with meal prep tasks including gathering ingredients, setting the table, or drying the dishes after meal time. Make sure to take some time to relax afterwards! Perhaps watch an old favorite holiday movie!





## Home Delivered Meal Participants:

We are approaching the time of year when bad weather may prevent us from delivering your meal. We try very hard to deliver despite the weather. Please be patient with our drivers, as delays may happen. Every now and then a storm is too much for even our most courageous drivers. In winter, we may have high snowdrifts and icy roads. To ensure delivery of your meals, please arrange to have your sidewalk and driveway shoveled by delivery time. Our drivers cannot deliver unless your walkways and driveways are free from snow and ice.



This year we will follow the same plan we did last year. We cannot solely rely on school closings to alert us, as some may be virtual or on a holiday break. The Aging and Disability Resource Center of Buffalo and Pepin Counties will be making the decision on whether home-delivered meals will be delivered. We will base this decision on input from meteorologists and local County Highway personnel, along with if there are various school closings in Buffalo and Pepin Counties. Unfortunately, we will not be able to call everyone individually to inform them of the sites closing.

Also, please remember that meals may tend to arrive a little later in winter months because of uncertain road conditions. Your patience is greatly appreciated. If your meal is more than 45 minutes past its normal delivery time, please call your meal site.

Be sure to fill your cupboard and freezer with your favorite "emergency" foods for the winter months. Canned soups, fruits and vegetables, and other easy to prepare items are some ideas for you. We will try to always remind you the day before if we think we may need to close due to weather.

Should you have any questions or concerns, please do not hesitate to contact Matt at 715-672-8941, ext. 163 or toll free at 866-578-2372.

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WorkforceConnections



## Seeking Classroom Grandparents

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Share your skills and talents with students who need your support!

Contact us to see if you are eligible:

Contact Us 808-789-5620

Visit Our Website [www.workforceconnections.org](http://www.workforceconnections.org)

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**(715) 926-5268**

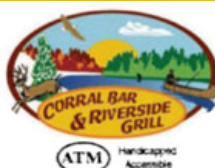
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**1-800-963-0035**

For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Pepin County Human Services - Aging Unit, Durand, WI

A 4C 02-1035

## DONNA MAE'S PANTHER CAFÉ

GILMANTON: MONDAY-FRIDAY (11:00AM-12:00PM) 715-946-3139

NELSON: MONDAY-THURSDAY (11:00AM-12:00PM) 715-673-4070

PEPIN: MONDAY- FRIDAY HOME DELIVERED AND CARRY OUT ONLY (11:00AM-12:00PM) 715-442-2289

*December  
2024*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Ham Steak, Cheesy Potatoes, Carrots, Bread, Mandarin Oranges, Cake	<b>3</b> Creamed Chicken w/Biscuits, Peas, Corn, Fruit Cocktail, Cake	<b>4</b> Spaghetti w/Meat Sauce, Garlic Bread, Salad, Pears, Cake	<b>5</b> Beef Tips over Mashed Potatoes, Carrots, Bread, Applesauce, Cake	<b>6</b> Cod, Baked Potato, Beans, Coleslaw, Bread, Cake
<b>9</b> Philly Sandwich, Baby Red Potatoes, Carrots, Peaches, Cake	<b>10</b> Broasted Chicken, Mashed Potatoes, Corn, Bread, Pineapple, Cake	<b>11</b> Pulled Beef on Bun, Baked American Fries, Beets, Banana, Cake	<b>12</b> Lasagna, Salad, Green Beans, Garlic Bread, Tropical Fruit, Cake	<b>13</b> Cod, Potato Salad, Beans, Bread, Coleslaw, Cake <i>Pepin HDM: Chicken instead of Cod</i>
<b>16</b> Hamburger Gravy w/Mashed Potatoes, Carrots, Bread, Mandarin Oranges, Cake	<b>17</b> Grilled Chicken Breast, Dirty Mashed Potatoes, Corn, Bread, Fruit Cocktail, Cake	<b>18</b> Tater Tot Hotdish, Peas, Corn, Bread, Pears, Cake	<b>19</b>  <b>Christmas Dinner Turkey / Ham</b> <b>11:00am - 1:00pm</b>	<b>20</b> Cod, Mashed Potatoes, Beans, Bread, Coleslaw, Cake
<b>23</b> Brats, Sauerkraut, Baby Red Potatoes, Carrots, Bread, Peaches, Cake	<b>24</b> MEAL SITE CLOSED 	<b>25</b> MEAL SITE CLOSED	<b>26</b> Hamburger on Bun, Dirty Mashed Potatoes, Carrots, Banana, Cake	<b>27</b> Cod, Baked Potato, Beans, Bread, Coleslaw, Cake <i>Pepin HDM: Chicken instead of Cod</i>
<b>30</b> Country Fried Steak, Mashed Potatoes, Carrots, Bread, Pineapple, Cake	<b>31</b> Broasted Chicken, Mashed Potatoes, Corn, Bread, Tropical Fruit, Cake		<b>Dates Salad Option</b> 2nd - 6th Grilled Chicken 9th - 13th Crispy Chicken 16th - 20th Taco 23rd - 27th Chef Salad 30th - 31st Grilled Chicken	<b>Served with each meal:</b> <b>Milk</b>

**"Stocking Stuffers" is back! Stop by one of the ADRC offices during the months of November or December, grab a tag from the Christmas Tree, purchase a \$25 Kwik Trip gift card, and bring the gift card and tag back to one of the ADRC locations.**

**"Stocking Stuffers" is for ADRC consumers (individuals 60+ and adults with disabilities) that have expressed a need with making ends meet. Our goal is to help brighten their holidays and we hope you'll consider joining us! The ADRC team will deliver all the gift cards in time for the holidays.**

**If you know an ADRC consumer (individual age 60+ or an adult with a disability) that needs help making ends meet, please contact our office to receive an application. Please help us brighten the holidays for individuals in Buffalo and Pepin Counties! ADRC locations are:**

**Pepin County Government Center, 2nd Floor  
740 7th Ave. W, Durand, WI 54736**

**Buffalo County Courthouse, 3rd Floor  
407 S 2nd St., Alma, WI 54610**

**Added Bonus: Everyone who purchases a gift card will be entered to win a prize!\***  
**Any questions, reach out to us at 866-578-2372 or [adrc-bp@co.pepin.wi.us](mailto:adrc-bp@co.pepin.wi.us).**







Wishing everyone a very Merry Christmas and Happy New Year. Our Holiday Bazaar was held on Saturday, November 16<sup>th</sup>. I hope many of you got the chance to stop in to see the crafts and goodies donated by all of our members and friends. As you can see to the left, we had some great items to purchase, and add to anyone's Christmas display at home.



It has been a busy year with the completion of many improvements made on the center, thanks to the generosity of our sponsors and the dedication of the volunteers. Remember, if you need a space to gather for the holidays, we do have some open dates for rental. If you are entertaining, remember that beer and wine are allowed to be served on the premises, and we have lots of off-street parking. You can call our office between 10:00am and 2:00pm at 715-672-4101 for any information.

Looking forward to a great year in 2025 and hoping that all of you are staying in good health and staying warm now that the cold winds are a-blowing. Christmas Blessings to everyone. Marge Briggs



### Did You Know?

What toys were children getting in the 1950s? This decade marks when Barbie first hit the shelves and was at the top of most little girls' Christmas list. Her rival, Cindy followed four years later. Mr. Potato Head also came out around this time, much different from the one we know today. Also very popular was the Hula Hoop, the Spinning Top, and Slinky.



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Pepin County Human Services - Aging Unit, Durand, WI

B 4C 02-1035

<b>CORRAL BAR &amp; RIVERSIDE GRILL</b> DURAND: TUESDAY– FRIDAY (11:30AM-1:00PM) 715-672-8936				<b>December 2024</b>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>Served with each meal:</u></b> <b>Milk</b>	<b>3</b> Meatballs w/Beef Gravy, Mashed Potatoes w/Gravy, French Green Beans, Wheat Bread, Peaches	<b>4</b> Lasagna, Broccoli, Garden Salad w/Ranch Dressing, Garlic Bread, Red Jello w/Fruit Cocktail	<b>5</b> Beef Roast, Mashed Potatoes w/Gravy, Tomato Juice, Wheat Bread, Pineapple	<b>6</b> Baked Fish w/Tartar Sauce, Potato Salad, Baked Beans, Whole Grain Banana Muffin, Apple
	<b>10</b> Salisbury Steak w/Mushroom Gravy, Mashed Potatoes w/Gravy, Glazed Carrots, Wheat Bread, Banana	<b>11</b> Barbeque on Bun, Bean Soup, Creamy Coleslaw, Tropical Fruit	<b>12</b> Spaghetti w/Meat Sauce, Broccoli, Garden Salad w/French Dressing, Garlic Bread, Mandarin Oranges	<b>13</b> Baked Ham, Scalloped Potatoes, Peas & Carrots, Wheat Bread, Pears
<b>Call previous day by 1:00pm to order lunch.</b>	<b>17</b> Chicken Parmesan w/Pasta, Creamy Coleslaw, Harvard Beets, Wheat Bread, Applesauce, Dessert	<b>18</b> Beef Stew, Broccoli Salad, Biscuit, Plums	<b>19</b> Broasted Chicken, Mashed Potatoes, Dressing, Gravy, Candied Carrots, Mandarin Oranges, Christmas Cookie	<b>20</b> Broasted Cod w/Tartar Sauce, Baked Potato w/Sour Cream, Baked Beans, Wheat Bread, Red Jello w/Peaches
<b><u>Salad Options:</u></b> Chef Salad Chicken Fiesta Seafood Salad Taco Salad	<b>24 MEAL SITE CLOSED</b>	<b>25 MEAL SITE CLOSED</b>	<b>26</b> Chicken Drummies, Tater Tots, Baked Beans, Wheat Bread, Apple	<b>27</b> Swedish Meatballs, Mashed Potatoes w/Gravy, Sliced carrots, Wheat Bread, Pears
	 <b>Merry Christmas</b>			
	<b>31</b> Meatloaf, Mashed Potatoes w/Gravy, Creamed Corn, Wheat Bread, Grapes			



**December 11, 2024**

**WINONA BUS TRIP**

JOIN US THE FIRST WEDNESDAY OF EACH MONTH ON A SHOPPING TRIP TO WINONA MN

**715-672-8941 EXT 152**

CALL TO REGISTER AT LEAST 2 BUSINESS DAYS IN ADVANCE

**AARC**  
Aging and Disability Resource Center  
of Buffalo and Pepin Counties

**COST: \$5.00 PER PERSON**

The AARC of Buffalo & Pepin Counties does not discriminate on the basis of race, color, national origin, disability, sex, age, religion, income status or limited English proficiency (LEP).  
For more information and on the procedures to file a complaint, contact 866-578-2372. (For hearing impaired, please use Wisconsin Relay 711 service)  
If information is needed in another language, contact 866-578-2372

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DELIVERING HOME-DELIVERED MEALS, PLEASE CALL  
MATTHEW/NUTRITION PROGRAM COORDINATOR AT  
715-672-8941 EXT 163.





## Buffalo & Pepin Counties Senior Nutrition Program Suggested Donation Increase on January 1<sup>st</sup>, 2025.

By Matthew Bertelson, Nutrition Program Coordinator

Beginning January 1, 2025, suggested donations for **ALL** meals (congregate, home-delivered, and carry-out) will move to a donation range of \$5.00-\$7.00 per meal.

This range will allow individuals that are more fortunate to be able to help out friends and neighbors that are not able to donate as much towards the cost of meals. Individuals are asked to donate as generously as they can afford, as all donations go directly back into the program.

Our goal is to always find ways to reduce or maintain our costs without lowering the quality or nutritional value of our meals. Volunteers have continued to give of their time helping our nutrition program, and we work hard to keep cost down as much as possible. Keeping the costs down allows us to be able to serve the increasing senior population within both counties.

All contributions are voluntary and are kept confidential regardless of the amount. Nobody will be denied meals if they are unable or choose not to contribute. You may contribute more or less than the suggested amount. You may continue to contribute the same amount you have been. Families may purchase dining meal site tickets to help a loved one. Thirty percent of the nutrition program revenues come from participant and community contributions, so they are very important to the sustainability of this program.

For more information about senior dining, home delivered meals, or the increase in suggested contribution, please do not hesitate to contact myself at 715-672-8941, ext. 163 or toll free at 866-578-2372.



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Pepin County Human Services - Aging Unit, Durand, WI

C 4C 02-1035

## THE LOST PIRATE

**BUFFALO CITY:** MONDAY-THURSDAY (11:45AM-12:15PM) 608-248-2683  
HOME-DELIVERED MONDAY, TUESDAY, WEDNESDAY ONLY

*December  
2024*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Meatloaf, Mashed Potatoes w/ Gravy, Carrots, Fruit	<b>3</b> Creamed Chicken over Biscuits, Mixed Vegetables, Fruit	<b>4</b> Cheeseburger, Potato Salad, Coleslaw, Fruit	<b>5</b> Baked Fish, Baked Potato, Side Salad, Fruit	<b>Served with each meal:</b>  <b>1% Milk Whole Wheat Bread</b>
<b>9</b> Chicken Stir Fry w/Rice, Cucumber Salad, Fruit	<b>10</b> Polish Sausage, Baked Potato, Broccoli, Baked Beans, Fruit	<b>11</b> Barbeque Pork Sandwich, French Fries, Mixed Vegetables, Fruit	<b>12</b> Baked Chicken, Mashed Sweet Potato, Baked Beans, Fruit	
<b>16</b> Fish Sandwich w/Cheese, Potato Salad, Green Beans, Fruit	<b>17</b> Hamburger Gravy over Mashed Potatoes, Mixed Vegetables, Fruit	<b>18</b> Pork Roast, Baked Beans, Marinated Tomato Salad, Fruit	<b>19</b> Chicken Alfredo, Garlic Toast, Side Salad, Fruit	<b>Call previous day by 1:00pm to order lunch.</b>
<b>23</b> Sloppy Joe, French Fries, Baked Beans, Carrots, Fruit	<b>24 MEAL SITE CLOSED</b> 	<b>25 MEAL SITE CLOSED</b>	<b>26</b> Spaghetti & Garlic Toast, Corn, Side Salad, Fruit	
<b>30</b> Lemon Baked Fish, Baked Potato, Coleslaw, Fruit	<b>31</b> Pork Chops, Baby Red Potatoes, Broccoli, V8 Juice			<b>Salad Options:</b>  <b>Taco Ham Chicken</b>

### Senior Nutrition Holiday Road trip

☐

**Donna Mae's Panther Cafe**

Phone: 715-946-3139

S870 WI-88 Mondovi M-F 11am-12pm

☐

**Corral Bar & Grill**

Phone: 715-672-8936

318 w Main St, Durand Tues-Fri 11:30-1pm

☐

**The Lost Pirate**

Phone: 608-248-2683

175 S River Rd, Buffalo City M-Thurs 11:45-12:15

☐

**Nelson Community Hall**

Phone: 715-673-4070

5105 N Main St, Nelson M-Thurs 9am-10am

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

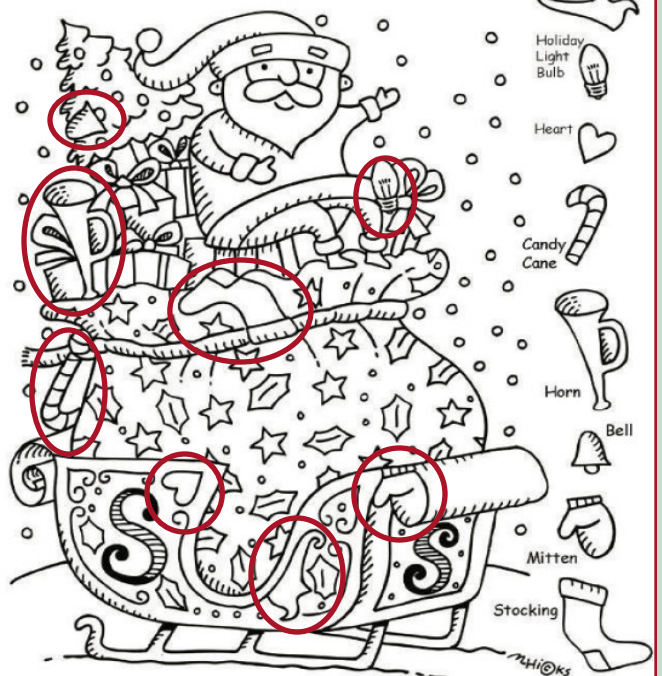
Reservations are required at all Meal  
sites except Donna Mae's Panther Cafe

Visit all Meal Sites by January 1st for a  
chance to win a gift Basket. Have each  
meal site stamp the sheet.

### Answer Key for the Hidden Objects on Page 3.

#### Santa's Toybag

Can you find the items on the right hidden in the picture below?





## AMERICAN LUTHERAN HOME

**MONDOVI: HOME DELIVERED & CARRYOUT MEALS ONLY (M-TH) 715-926-4962**

*December  
2024*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Bratwurst on Bun, Sauerkraut, Baked Beans, Pears	<b>3</b> Roast Turkey, Gravy, Stuffing, Candied Carrots, Roll, Pie	<b>4</b> Country Fried Steak, Mashed Potatoes, Country Gravy, Squash, Butterscotch Apple Cake	<b>5</b> Beef Pot Roast, Baby Baker Potatoes, Beef Gravy, Broccoli w/Cheese, Banana Foster Poke Cake	<b>Served with each meal:</b> <b>Milk</b>
<b>9</b> Hamburger Gravy over Mashed Potatoes, Peas, Apricots	<b>10</b> Open Face Hot Turkey Sandwich, Baby Baker Potatoes, Vegetable Blend, Jello w/Fruit	<b>11</b> Chili, Crackers, Corn, Romaine Salad, Frosted Pumpkin Bars	<b>12</b> Roast Pork, Roasted Sweet Potatoes, Green Beans, Strudel Stick	
<b>16</b> Swiss Steak, Au Gratin Potatoes, Stewed Tomatoes, Banana Cupcake w/ Cinnamon Frosting	<b>17</b> Meatloaf, Mashed Potatoes, Beets, Bread, Mixed Berry Bar	<b>18</b> Baked Swiss Chicken, Stuffing, Sunshine Carrots, Coffee Cream Dessert	<b>19</b> Lasagna, Broccoli, Bread, Mandarin Oranges	<b>Call previous day by 1:00pm to order lunch.</b>
<b>23</b> Pulled Pork on Bun, Potato Salad, Baked Beans, Apricots	<b>24 MEAL SITE CLOSED</b> 	<b>25 MEAL SITE CLOSED</b>	<b>26</b> Swedish Meatballs, Mashed Potatoes, Corn, Peanut Butter Tart	<b>Salad Options:</b> <b>Taco</b> <b>Chef (Turkey, Ham)</b> <b>Chicken Tender</b>
<b>30</b> Bratwurst on Bun, Sauerkraut, Baked Beans, Pears	<b>31</b> Roast Turkey, Stuffing, Gravy, Candied Carrots, Roll, Pie			



**The CPKC Holiday Train is returning to Wabasha, at Bruegger Park, for it's 26th year!**

**Enjoy hot chocolate & cookies!**

**December 10th  
5:45pm - 6:15pm**

**For a full schedule, go to:**

<https://www.cpkcr.com/en/media/CPKC-announces-2024-Holiday-Train-schedule>

### **Riverview Quilters**

Come join Riverview Quilters of Durand. They meet every Monday from 1:00pm to 4:00pm at the Riverview Community Center, 606 W Madison St., Durand. Bring crocheting, knitting or any crafts you're working on. Generally, everyone works on their own projects. Occasionally, there is a group project for anyone who wants to work together. There is no instructor, but everyone is willing to share their knowledge if there are any questions. We meet to share hobbies and camaraderie. Please feel free to drop in with any questions you may have.



**Buffalo & Pepin Counties Wish to  
Thank Our Recent Donors!**

#### **Donations:**

**Marge Traun  
Edwin Bauer  
Dell Weisenbeck  
Larry & Linda Elsner**



**Thank you from the  
Riverview Community Center!**

#### **Donations**

**Mary Ellen Brunner  
Judy King  
Floyd & Marge Briggs,  
Charlotte Byington,  
Brenda Cole  
St. Henry's Parish - Eau Galle**

**TWO RIVERS CONNECTION**  
ADRC of Buffalo and Pepin Counties  
740 7<sup>th</sup> Ave. West  
Durand, WI 54736

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## COMMUNITY CONTACTS

**ADRC of Buffalo & Pepin Counties:** 1-866-578-2372 or [adrc-bp@co.pepin.wi.us](mailto:adrc-bp@co.pepin.wi.us)

Please **add** or **remove** my name to/from the mailing list for the Two Rivers Connection newsletter (Circle One)

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Please return to: ADRC of Buffalo and Pepin Counties  
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