

TWO RIVERS CONNECTION



December 2022

Happy Holidays from the ADRC Team!

The Aging and Disability Resource Center of Buffalo and Pepin Counties (also known as the ADRC) is your first place to go with your aging and disability questions, whether you want resources for yourself, a family member or friend, or you're a professional working with issues related to aging or disabilities.

The ADRC provides information on a broad range of programs and services, helps people understand the various long-term care options available to them, assists people with applying for programs and benefits, and serves as the access point for publicly funded long-term care, such as Family Care or IRIS.

The ADRC can help you with:

- ★ Adaptive equipment
- ★ Assisted living/nursing home options
- ★ Medicare and Medicaid
- ★ Health and wellness programs
- ★ Senior Nutrition Programs
- ★ Caregiver Support
- ★ Employment programs
- ★ Housing options
- ★ Home Care
- ★ Transportation Services

There is no charge to contact the ADRC and learn more about local resources, programs, and services. Some of the specific programs have suggested contributions or cost shares, such as senior meals and transportation.

The ADRC has office locations in Durand and Alma. You can learn more about the ADRC by visiting www.adrc-bcp.com, calling 866-578-2372, or finding us on Facebook.

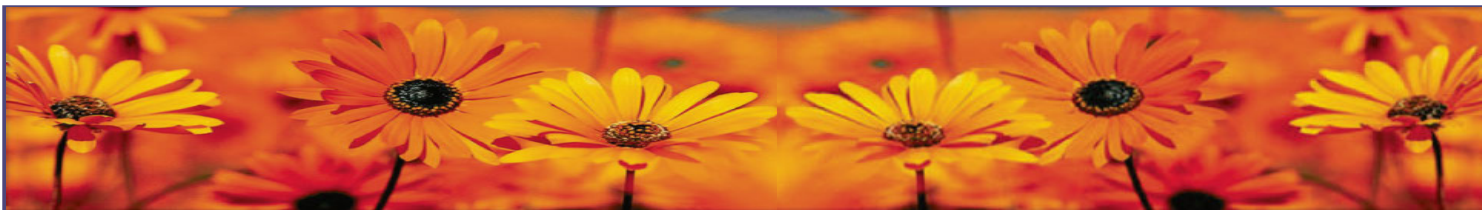
The ADRC team hopes you have a wonderful holiday season filled with laughter, cheer, and good health. We look forward to working with you in 2023!

***Top, left to right:** Bernadette Rogers/Elder Benefit Specialist, Susan Henry/Information & Assistance Specialist, Julie Nelson/Aging Program Assistant, Melissa Hovland/Disability Benefit Specialist.*

***Middle:** Matt Bertelson/Nutrition Program Coordinator, Katrina Longmire/Dementia Care Specialist.*

***Bottom, left to right:** Julie Fick/Elder Benefit Specialist, Jennifer Nelson/Information & Assistance Specialist, Angie Schlosser/Transportation Program Coordinator, Cammi Catt-DeWyre/ADRC Manager*





Dementia Care Calendar				Dec. 2022
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <u>Thursday Evening Conversations</u> Virtual Meeting-Zoom 7:30 - 8:30pm	2
5	6 <u>Coffee and Conversation Memory Café</u> 10:00am - 12:00pm Hurlburt's Haven, Durand Join us for caroling with the Durand High School Choir	7 <u>Silver Linings</u> 2:30pm - 4:00pm Wings Over Alma Alma	8 <u>Thursday Evening Conversations</u> Virtual Meeting-Zoom 7:30 - 8:30pm	9
12	13	14	15 <u>Lunch Bunch</u> Support Group for Caregivers - on Zoom 11:30am - 12:30pm <u>Thursday Evening Conversations</u> Virtual Meeting-Zoom 7:30 - 8:30pm	16
19	20	21	22	23
26	27	28	29	30

New to the Caregiver Calendar!

Silver Linings- Caregiver Support Group held the first Wednesday of the month, 2:00pm to 3:30pm at Wings Over Alma, starting November 2nd!

Lunch Bunch- Grab your lunch and join us for a virtual support and resource group where family caregivers of loved ones living with Dementia can learn, grow and support each other through their caregiver journey. We will have topics relevant to caregiving, with the focus on conversation to support each other's caregiver roles. For more information, and to register for the Zoom link and get the passcode, call 715-279-7870. Lunch Bunch is held the third Thursday of each month, 11:30am - 12:30pm.

We're here to help!

Check out our weekly Dementia Care posts on our website and Facebook page!

Website: www.adrc-bcp.com

Facebook: www.facebook.com/ADRCBuffaloAndPepinCounties

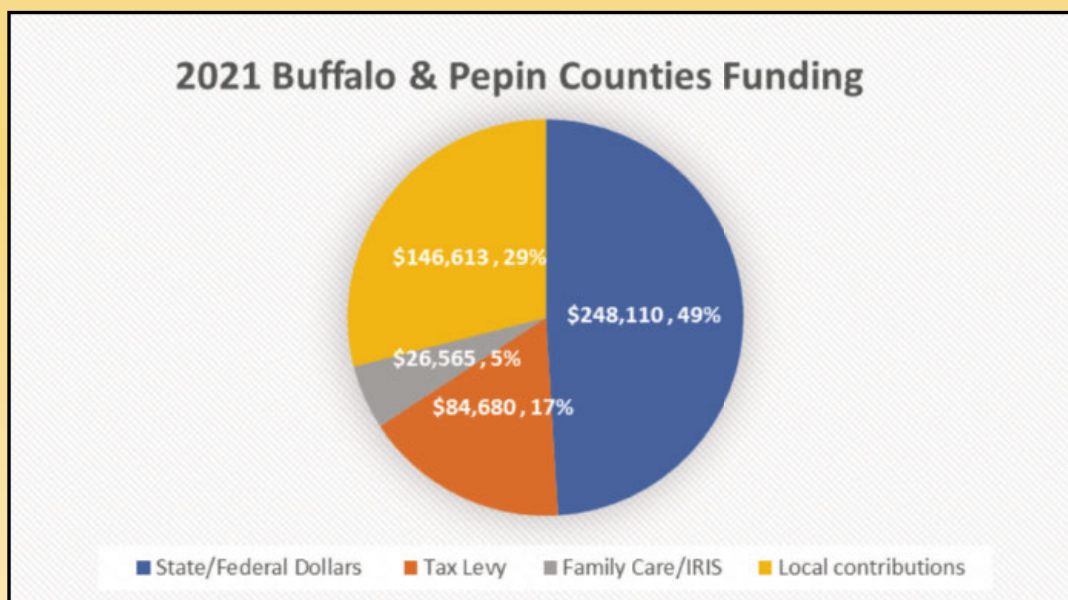
Upcoming Changes to Senior Nutrition Program Suggested Donation

Based on feedback from the Senior Nutrition Program Listening Sessions that were held in August at all of the senior meal sites in Buffalo and Pepin Counties, the suggested donation for senior meals was evaluated. Currently, Buffalo and Pepin Counties suggest a donation of \$3.50 for a congregate meal and \$4.00 for a home-delivered or carry-out meal.

Starting January 1st, suggested donations for **ALL** meals (congregate, home-delivered, and carry-out) will move to a donation range of \$4.00-\$6.00 per meal. This range will allow individuals that are more fortunate to be able to help out friends and neighbors that are not able to donate as much towards the cost of meals. Individuals are asked to donate as generously as they can afford, as all donations go directly back into the program. No eligible person will be denied a meal because of inability to pay. Your ongoing generosity and support of the program is greatly appreciated!



Funding for the Senior Nutrition Program comes from State/Federal dollars, local tax levy, Family Care/IRIS, and participant contributions. This pie chart shows the 2021 funding for the Buffalo and Pepin Counties Senior Nutrition Program. As you can see, donations are the second highest funding source for the program.



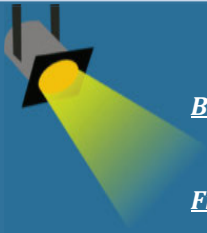
The Nutrition Program works with Family Care Organizations and TMG IRIS so that meals can be included in an individual's plan. Another great way to contribute for your meals is with your FoodShare/EBT card.

If you have any questions or concerns, please contact:

Matt/Nutrition Program Coordinator
Phone: 715-672-8941, Ext 163
Email: mbertelson@co.pepin.wi.us.



Matt Bertelson



Specialist Spotlight

Back Row: Jennifer Nelson (left) and Susan Henry (right) - Information & Assistance Specialists;
Katrina Longmire (center) - Dementia Care Specialist
Front Row: Melissa Hovland (left) - Disability Benefit Specialist;
Bernie Rogers (center) and Julie Fick (right) - Elder Benefit Specialists



Reducing Holiday Stress

It's time for the holidays once again; decorating, shopping, parties, family gatherings, presents, greeting cards...and the list goes on and on. While many people look forward to the hustle and bustle of the season, others see the holidays as a time of stress, chaos and sadness.

People who have experienced changes due to Alzheimer's, stroke or other medical conditions may feel a great deal of loss during the holidays. Those who are caring for these loved ones may feel overwhelmed by trying to keep up holiday traditions while continuing to provide care. They may also be uncertain about gathering with friends and family for fear the changes in physical health, behavior and personality may make others uncomfortable.

If you are experiencing anxiety over the upcoming holiday season it is important to realize that these feelings are normal, and you are not alone. There are ways to reduce stress during the holiday season. Please take a moment to contemplate what you can do to better manage your life during this busy season.

- **Adjust your expectations.** You don't have to do everything you've done in the past. Talk with your loved ones and choose a few traditions to carry out.
- **Ask for help.** Involve other family members or friends in your holiday preparations. Not only does this reduce your stress, but it provides you and your loved one with socialization. Write down what needs to be done so you can ask for something specific when people offer to help.
- **Prepare family and friends before getting together.** Update family and friends on how your loved one has changed and what they can expect during their visit. Offer suggestions on how best to communicate.
- **Suggest gift ideas.** Give friends and family ideas of useful gifts they can give such as cd's, photo albums, comfortable clothing, videos or audio books. Don't forget your own wish list, too! Gift certificates for dining, laundry or cleaning services are great ideas for busy caregivers.
- **Keep the needs of your loved one in mind.** For those with memory loss, remember that distant memory stays intact the longest and plan activities accordingly, avoiding new games or activities. Many stroke survivors have lost the ability to feed themselves and may find it uncomfortable to eat in front of guests. An afternoon of looking at old slides or photos and reminiscing might be more appropriate than sharing a meal. Schedule gatherings during the day rather than in the evening since symptoms often are worse in the evening.
- **Be good to yourself.** Make it a priority to care for yourself. Getting away with friends for lunch, a movie or a concert might be just what you need. Or perhaps some time by yourself to read, write in a journal or enjoy a bubble bath is how you recharge. Determine what rejuvenates you and take the time to do it.

Don't let the hustle and bustle of the holidays add anxiety to your life! Find ways to simplify and enjoy a stress-free holiday season filled with love, joy and good memories! For more information about caregiving and resources that can help, contact the Aging and Disability Resource Center Toll Free at 866-578-2372. Happy Holidays!

Article Source: Greater Wisconsin Agency on Aging Resources (GWAAR)
Article Submitted by Katrina Longmire, Dementia Care Specialist



Do you have a question for one of our specialists? Contact the ADRC, and it may be featured in a future newsletter! See the back page for contact information.

New Hours for Pepin County

On January 2, 2023, the Pepin County Government Center will start the new year with new hours, which includes the **Aging & Disability Resource Center of Buffalo and Pepin Counties**. Our new hours will be:

8:00am - 5:00pm, Monday through Thursday AND 8:00am - 11:30am on Friday

Appointments are encouraged to make your visit as efficient as possible and to ensure the specialist you need, is better prepared to serve you. We look forward to serving you in 2023!



Commodity Foods —Food for Seniors



Who is eligible?

You may qualify if you:

Live in **Pepin or Buffalo County**

- Are 60 years old or over
- Have an income (before tax deductions) that is less or equal to CSFP income guidelines listed here.

Household Monthly for 2022:

Size Income

1 \$1,473

2 \$1,984

3 \$2,495

For each additional household member, add \$511.

Commodity Supplemental Food Program

CSFP works to improve the health of low-income adults age 60 years and older by supplementing their diets with nutritious foods.

How CSFP Works:

CSFP provides a monthly supplemental food package that includes:

- * Canned fruits & vegetables
- * Juice
- * Dry or canned milk
- * Cheese
- * Canned meat
- * Peanut butter or dried beans
- * Cereal and grains
- * Rice, instant potatoes or pasta

Contact Matt at **715-672-8941**, Ext. #163 for more information.



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1-800-963-0035

For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021

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Pepin County Human Services - Aging Unit, Durand, WI

A 4C 02-1035



DONNA MAE'S PANTHER CAFÉ

GILMANTON: MONDAY-FRIDAY (11:00AM-12:00PM) 715-946-3139

NELSON: MONDAY-THURSDAY (11:00AM-12:00PM) 715-673-4070

PEPIN: MONDAY- FRIDAY HOME DELIVERED AND CARRY OUT ONLY (11:00AM-12:00PM) 715-442-2289

December
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates Salad Option 1st - 2nd Chef 5th - 9th Grilled Chicken 12th - 16th Crispy Chicken 19th - 23rd Taco 26th - 30th Chef	Served with each meal: Milk		1 Spaghetti w/Meat Sauce, Lettuce Salad, Garlic Bread, Pears, Cake	2 Cod, Potato Salad, Beans, Coleslaw, Bread, Cake <i>Pepin HDM: Chicken instead of Cod</i>
5 Ham Steak, Cheesy Potatoes, Carrots, Bread, Peaches, Cake	6 Baked Chicken, Stuffing, Cranberries, Corn, Bread, Mandarin Oranges, Cake	7 Boiled Dinner w/ Ham, Potatoes, Carrots, Rutabagas, Cabbage, Bread, Banana, Cake	8 Meatballs, Mashed Potatoes, Broccoli Salad, Bread, Pineapple, Cake	9 Cod, Mashed Potatoes, Beans, Coleslaw, Cake
12 Cheeseburger, Baby Red Potatoes, Carrots, Fruit Cocktail, Cake	13 Broasted Chicken, Mashed Potatoes, Corn, Bread, Applesauce, Cake	14 Hot Beef, Mashed Potatoes, Broccoli, Tropical Fruit, Cake	15 Chicken Noodle Soup, Carrots, Chicken Salad Sandwich, Fruit Salad, Pears, Cake	16 Cod, Baked Potato, Beans, Bread, Coleslaw, Cake <i>Pepin HDM: Chicken instead of Cod</i>
19 Country Fried Steak, Mashed Potatoes, Carrots, Bread, Peaches, Cake	20 Baked Chicken, Stuffing, Cranberries, Corn, Bread, Mandarin Oranges	21 Beef Vegetable Soup, Cold Cut Sandwich, Banana, Cake	22 Meatloaf (New Style), Baked American Fries, Lettuce Salad, Pineapple, Bread, Cake	23 CLOSED 
26 CLOSED 	27 Broasted Chicken, Mashed Potatoes, Corn, Bread, Fruit Cocktail, Cake	28 Scallop Potatoes & Ham, Carrots, Bread, Applesauce, Cake	29 Chili w/Diced Tomatoes, Lettuce Salad, Bread, Tropical Fruit, Cake	30 Cod, Potato Salad, Beans, Bread, Coleslaw, Cake

BUS TRIPS



Join us for your shopping needs to Eau Claire & Winona!

Eau Claire Trips:

1st Monday of each month

Winona Trips:

1st Wednesday of each month

Call to register at least 2 days ahead of time:

715-672-8941 Ext 152 or 187
<https://www.adrc-bcp.com/>

\$5

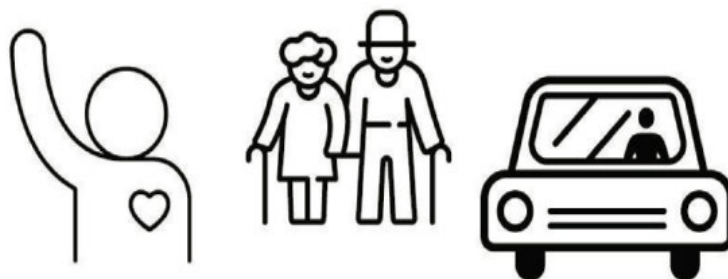
per person



Aging & Disability Resource Center of Buffalo & Pepin Counties

ASK ME HOW YOU CAN

VOLUNTEER!



1-866-578-2372

Buffalo & Pepin Counties
Transportation Program

The Holiday Season is Fast Approaching!

Do you need a gift idea for your grandparents, parents, and/or other relatives or neighbors? Consider a MEAL TICKET from the Buffalo & Pepin Counties Senior Nutrition Program! Meal Tickets are just like gift certificates and each ticket is good for one meal from the Nutrition Program. They can be used at any of the Buffalo or Pepin County dining sites and they do not expire. Tickets can also be purchased for home-delivered meals. Contact Matt/Nutrition Program Coordinator at 715-672-8941 Ext 163 to learn more!



Winter Weather

Just a reminder we are approaching the time of year when winter weather may prevent us from providing Home-Delivered, Grab N Go, and Congregate meals. This year we will follow the same plan we did last year. We cannot solely rely on school closings to alert us, as some may be virtual or on a holiday break.

The Aging and Disability Resource Center of Buffalo and Pepin Counties will be making the decision on whether meal sites will be closed. We will base this decision on input from meteorologists and local County Highway personnel, along with if there are various school closings in Buffalo and Pepin Counties. Also, be sure to fill your cupboard and freezer with your favorite "emergency" foods for the winter months in case we can't deliver meals.

Please contact our office if you have any questions at 866-578-2372.



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Pepin County Human Services - Aging Unit, Durand, WI

B 4C 02-1035

CORRAL BAR & RIVERSIDE GRILL

DURAND: TUESDAY– FRIDAY (11:30AM-1:00PM) 715-672-8936

*December
2022*

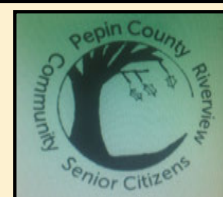
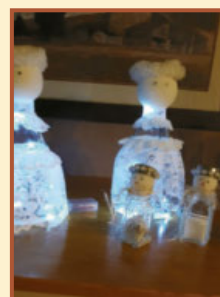
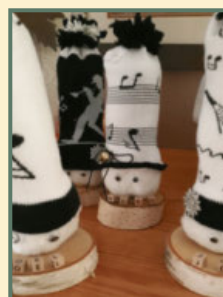
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Served with each meal:</u> Milk			1 Pork Chop w/ Mushroom Gravy, Mashed Potatoes w/ Gravy, Squash, Wheat Bread, Plums, Dessert	2 Baked Chicken, Rice Pilaf, Peas, Garden Salad w/ French Dressing, Wheat Bread, Tropical Fruit
	6 Egg Salad on Croissant, Red Potatoes, Baked Beans, Peaches	7 Lasagna, Broccoli, Garden Salad w/ Ranch, Garlic Bread, Red Jello w/Fruit Cocktail	8 Beef Roast, Mashed Potatoes w/ Gravy, Tomato Juice, Wheat Bread, Pineapple	9 Baked Fish w/ Tartar Sauce, Potato Salad, French Style Green Beans, Apple, Whole Grain Banana Muffin
Call previous day by 1:00pm to order lunch.	13 Salisbury Steak w/Mushroom Gravy, Mashed Potatoes w/ Gravy, Glazed Carrots, Wheat Bread, Banana	14 Barbeque on Kaiser Roll, Bean Soup, Creamy Coleslaw, Tropical Fruit	15 Broasted Chicken, Mashed Potatoes, Dressing, Gravy, Candied Carrots, Mandarin Oranges, Christmas Cookie	16 Baked Ham, Scalloped Potatoes, Peas & Carrots, Wheat Bread, Pears
<u>Salad Options:</u> Chef Salad Chicken Fiesta Seafood Salad Taco Salad	20 Chicken Parmesan w/Pasta, Creamy Coleslaw, Harvard Beets, Wheat Bread, Applesauce, Dessert	21 Beef Stew, Broccoli Salad, Biscuit, Plums	22 Country Fried Steak, Mashed Potatoes w/Gravy, Garden Salad w/ Ranch, Wheat Bread, Pineapple	23 Closed 
	27 Hot Beef on Kaiser Roll, Corn, Tomato Juice, Mandarin Oranges	28 Creamed Chicken on Biscuit, Mixed Vegetables, Creamy Coleslaw, Strawberries	29 Chicken Drummies, Tater Tots, Baked Beans, Wheat Bread, Apple	30 Swedish Meatballs, Mashed Potatoes w/Gravy, Sliced Carrots, Wheat Bread, Pears

COME ONE, COME ALL to the Annual Christmas Bazaar at Riverview Community Center on December 3, 2022. Yes, it is that time of year again and we are looking forward to seeing you all and hope to be able to meet some of your decorating and shopping needs for the holidays coming up. Each year, the lovely donations from members and friends make this an exciting event and we would love to share it with you, your family and friends. If you have a talent to share, whether it be creating a craft item or baked goods, please call our office at 715-672-4101 if you have any questions. We will also be serving a luncheon of Floyd's Fabulous chili with all the trimmings and toppings. Desserts and beverages with take-outs are available.

This just happens to be my favorite time of the year. I started getting ready for this event some time ago, along with others who have been busy crocheting, embroidering, baking and gathering decorations. Here's a few pictures of some of the items we will have available this year.

Also, we will have a tree for memorial lights again this year. Lights are \$5.00 each. The lights are a great way to remember family, friends, and veterans who have passed on.

Marge Briggs



Sugar Plum Math

Find out what numbers the mitten, ornament, and tree represent. Then you'll know what the bottom equation is. Answer is on page 10.

$$2 + \text{ornament} = 8 \quad \text{ornament} = \square$$

$$\text{mitten} - \text{mitten} = 4 \quad \text{mitten} = \square$$

$$\text{mitten} + 5 = \text{tree} \quad \text{tree} = \square$$

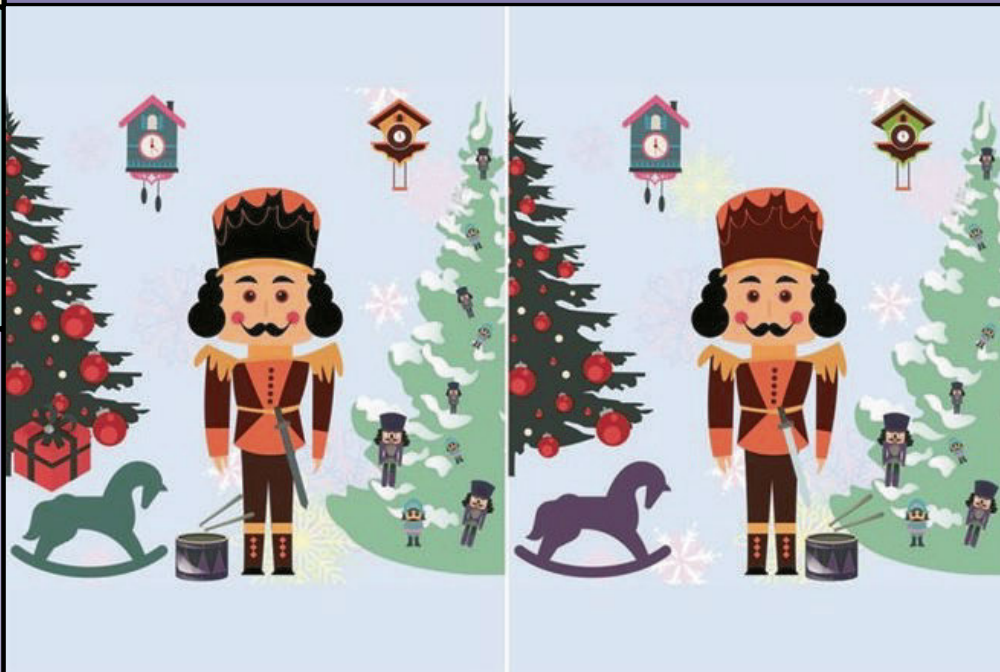
$$\text{mitten} + \text{tree} + \text{ornament} = \square$$

Fun Christmas Movie Trivia

- There were 25,000 lights on the Griswold house in the movie Christmas Vacation.
- The highest-grossing Christmas movie of all time is Home Alone.

Nutcracker Puzzle

There are ten differences in these pictures. Can you find them? Answers are on page 10.



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Preventing Medicare Fraud

This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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THE LOST PIRATE

BUFFALO CITY: MONDAY-THURSDAY (11:45AM-12:15PM) 608-248-2683
HOME-DELIVERED MONDAY & WEDNESDAY ONLY

*December
2022*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Baked Fish, Baked Potato, Side Salad, Fruit	Served with each meal: 1% Milk Whole Wheat Bread
5 Chicken Stir Fry w/ Rice, Cucumber Salad, Fruit	6 Polish Sausage, Baked Potato, Broccoli, Baked Beans, Fruit	7 Barbeque Pork Sandwich, French Fries, Mixed Vegetables, Fruit	8 Baked Chicken, Mashed Sweet Potatoes, Baked Beans, Fruit	
12 Fish Sandwich w/Cheese, Potato Salad, Green Beans, Fruit	13 Hamburger Gravy over Mashed Potatoes, Mixed Vegetables, Fruit	14 Pork Roast, Baked Beans, Marinated Tomato Salad, Fruit	15 Chicken Alfredo, Garlic Toast, Side Salad, Fruit	Call previous day by 1:00pm to order lunch.
19 Sloppy Joe, French Fries, Baked Beans, Carrots, Fruit	20 Beef Stroganoff, Mashed Sweet Potatoes, Corn, Fruit	21 Chicken & Gravy over Mashed Potatoes, Mixed Vegetables, Fruit	22 Spaghetti & Garlic Toast, Corn, Side Salad, Fruit	Salad Options: Taco Ham Chicken
26 CLOSED 	27 Pork Chops, Baby Red Potatoes, Broccoli, V8 Juice	28 Philly Cheese Steak, Sweet Potato Puffs, Cucumber Salad, Fruit	29 Chicken Patty Sandwich w/Cheese, Vegetable Soup, Fruit	

Riverview Quilters Come join Riverview Quilters of Durand. They meet every Monday from 1:00 to 4:00pm at the Riverview Community Center, 606 W Madison St., Durand. Bring crocheting, knitting or any crafts you're working on. Generally, everyone works on their own projects. Occasionally, there is a group project for anyone who wants to work together. There is no instructor, but everyone is willing to share their knowledge if there are any questions. We meet to share hobbies and camaraderie. Please feel free to drop in with any questions you may have.



More Trivia:

- Rudolph the Red-Nosed Reindeer started off as a marketing gimmick for Montgomery Ward store.**
- It takes 15 years for a tree to reach the average, ideal "Christmas tree" height.**
- Most popular kind of Christmas tree? Nordmann Fir**

Nutcracker Puzzle Answer Key

Sugar Plum Math Answer Key

$$\begin{array}{lcl}
 2 + \text{🍎} = 8 & \text{🍎} = \boxed{6} \\
 \text{🍎} - \text{🧤} = 4 & \text{🧤} = \boxed{2} \\
 \text{🧤} + 5 = \text{🌲} & \text{🌲} = \boxed{7} \\
 \text{🧤} + \text{🌲} + \text{🍎} = \boxed{15}
 \end{array}$$




December Holidays

Dec. 6: St. Nicholas Day
Dec. 7: Pearl Harbor Remembrance
Dec. 21: Start of Winter
Dec. 24: Christmas Eve
Dec. 25: Christmas Day
Dec. 31: New Year's Eve

AMERICAN LUTHERAN HOME

MONDOVI: HOME DELIVERED & CARRYOUT MEALS ONLY (M-TH) 715-926-4962

*December
2022*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Turkey, Stuffing, Gravy, Cranberry Sauce, Green Beans, Bread/Butter, Pumpkin Pie	Served with each meal: Milk
5 Split Pea Soup w/ Ham, Parslied Carrots, Whole Wheat Dinner Roll, Fruit Cocktail	6 Salisbury Steak w/Mushroom Gravy, Mashed Potatoes, Broccoli, Bread w/ Butter, Pumpkin Bar	7 Baked Ham, Sweet Potatoes, Green Beans, Whole Wheat Dinner Roll, Fruit Pie	8 Ritzy Chicken Divan Hot Dish, Au Gratin Potatoes, Chuckwagon Corn, Bread w/Butter, Pears	
12 Country Fried Steak, Mashed Potatoes, Roasted Beets, Bread w/Butter, Mandarin Oranges	13 Beef Stew over Biscuit, Crackers, Broccoli, Pumpkin Crisp	14 Polish Sausage on Bun, Sauerkraut, Baked Beans, Mixed Fruit	15 Meatballs w/ Gravy over Mashed Potatoes, Carrots, Bread w/Butter, Pears	Call previous day by 1:00pm to order lunch.
19 Hamburger Gravy over Mashed Potatoes, Sunshine Carrots, Bread w/ Butter, Applesauce	20 Ham & Bean Chowder, Sweet Potato Wedges, Whole Wheat Dinner Roll, Fruit Crisp	21 Roast Beef w/ Gravy, Mini Baker Potatoes, Broccoli, Bread w/Butter, Fruit Pie	22 Chicken Parmesan Pasta Bake, Italian Blend Veggies, Salad w/Dressing, Breadstick, Strawberries	Salad Options: Taco Chef (Turkey, Ham) Chicken Tender
26 CLOSED 	27 Chicken Alfredo over Pasta, Baked Tomato Half, Salad w/ Dressing, Bread w/ Butter, Mandarin Oranges	28 Homemade Chili, Crackers, Cornbread, Cascade Blend Veggies, Caramel Apple Crisp	29 Turkey w/Gravy, Stuffing, Cranberry Sauce, Green Beans, Bread w/Butter, Pumpkin Pie	

Christmas Long Ago, by Jo Geis

*Frosty days and ice-still nights, fir trees trimmed with tiny lights,
Sound of sleigh bells in the snow, that was Christmas long ago.*

*Tykes on sleds and shouts of glee, icy-window filigree,
Sugarplums and candle glow, part of Christmas long ago.*

*Footsteps stealthily on the stair, sweet-voiced carols in the air,
Stockings hanging in a row, tell of Christmas long ago.*

*Starry nights so still and blue, good friends calling out to you,
Life, so fast, will always slow, for dreams of Christmas long ago.*

Nail Care Clinics!

Clinics will be held in Durand and Pepin each month.

Call Ruth Potter to schedule your appointment at 715-308-1334.



**Pepin County Wishes to
Thank Our Recent Donors!**

Donations:

*Tom & Marie Bentz
Jannett Hinrichs
Marge Traun
Edmund Bauer*



**Thank you from the
Riverview Community Center!**

*We are grateful for everyone who donates their goods and time to us here at the Riverview Community Center.
Thank you!*

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