

## Who is eligible?

You may qualify if you

- live in Pepin or Buffalo County
- are 60 years old or over
- have an income (before tax deductions) that is less or equal to CSFP income guidelines below.

<u>Household Size</u>	<u>Monthly Income</u>
1	\$1383
2	\$1868
3	\$ 2353

Updated Feb 2020

## How to apply for CSFP

Contact Mylessa Ingli, Nutrition Program Coordinator, 715-672-8941 ext. 163 or [mingli@co.pepin.wi.us](mailto:mingli@co.pepin.wi.us) to see if you qualify! There are limited available slots for participation.

Those that qualify may at times be put on a waiting list.

## How CSFP Works

CSFP provides a monthly supplemental food package that includes:

- Canned fruits & vegetables
- Juice
- Dry or canned milk
- Cheese
- Canned meat
- Peanut butter or dried beans
- Cereal and grains
- Rice, instant potatoes or pasta

If you are eligible, you will receive a food package once per month of nutritious foods provided by the U.S.

Department of Agriculture (USDA).

# CSFP

## Commodity Foods

—Food for Seniors—

**Who to contact to learn  
more about CSFP:**

Call: Mylessa Ingli

- 715-672-8941 Ext. 163

E-mail: [mingli@co.pepin.wi.us](mailto:mingli@co.pepin.wi.us)



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## Commodity Supplemental Food Program

CSFP works to improve the health of low-income adults age 60 years and older by supplementing their diets with Nutritious foods.