TWO RIVERS CONNECTION /

Aging and Disability Resource Center Of Buffalo and Pepin Counties

PEDIX BUFFALO

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April 2023

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Dementia Care Calendar April 2023 MONDAY TUESDAY FRIDAY WEDNESDAY THURSDAY 3 7 4 5 Silver Linings 6 Virtual Book Club Thursday Evening for Caregivers Conversations "Other Me's" Virtual Meeting-Zoom by Jim Adams 7:30 - 8:30pm 2:00 - 3:00pm 10 12 Silver Linings 13 14 **11** Coffee and **Conversation Memory** Virtual Book Club Thursday Evening for Caregivers Café Conversations Hurlburt's Haven, "Other Me's" Virtual Meeting-Zoom by Jim Adams Durand 7:30 - 8:30pm 2:00 - 3:00pm 10:00am - 11:30am 17 18 21 20 **19** Silver Linings Lunch Bunch Virtual Support for Caregivers Virtual Book Club via Zoom, 11:30am - 12:30pm for Caregivers "Other Me's" **Thursday Evening** by Jim Adams Conversations 2:00 - 3:00pm Virtual Meeting-Zoom 7:30 - 8:30pm 24 25 **26** Silver Linings 27 28 Virtual Book Club Thursday Evening for Caregivers Conversations "Other Me's" Virtual Meeting-Zoom 7:30 - 8:30pm by Jim Adams 2:00 - 3:00pm

Advocacy Day—Alzheimer's Association

March 7, 2023 was Advocacy Day with the Alzheimer's Association and Alzheimer's Impact Movement. Our Dementia Care Specialist Katrina Longmire traveled to Madison for a day of Advocacy training, followed by an afternoon of meetings with Senator Jeff Smith and Representative Warren Petryk's staff members, to review three priorities the Alzheimer's Association would like to see approved in the 2023 State Budget.

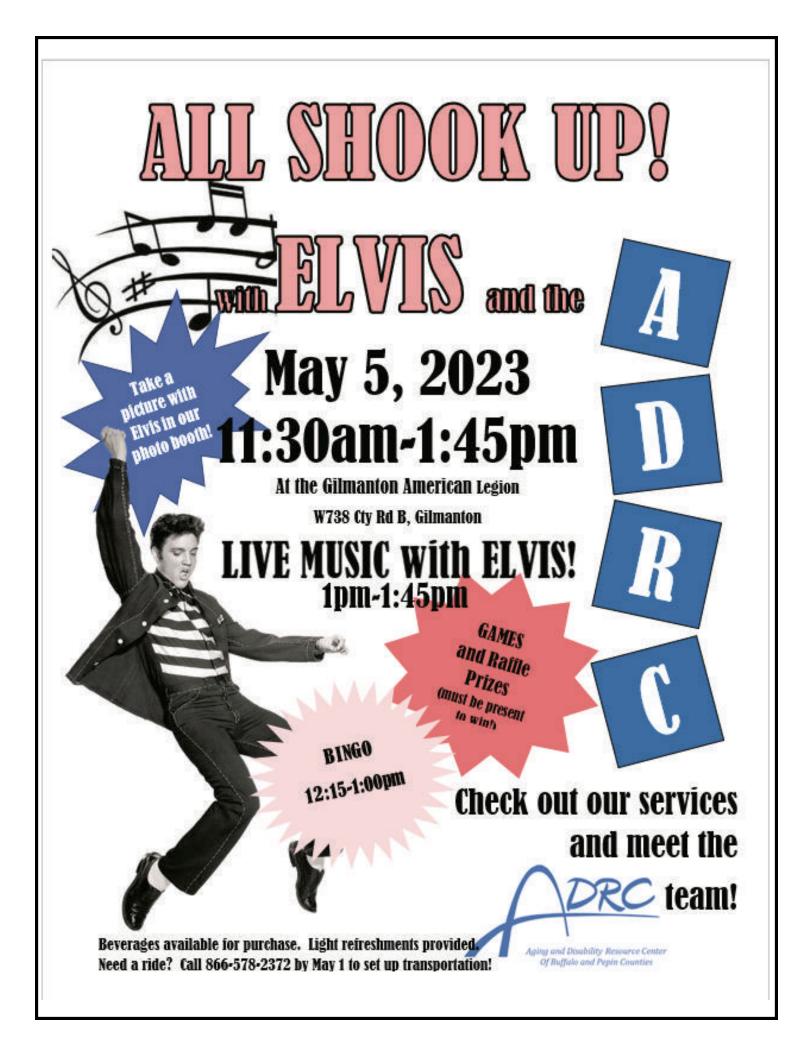
- <u>Priority 1</u>: Increase funding for Alzheimer's Family Caregiver Support Program and raising the income limit for eligibility. The AFCSP program funding cap has not had an increase in the amount caregiver's can receive to assist with care since 1985. The Alzheimer's Association and AIM would like to see that amount increased from \$4000 to \$11,000 per year.
- <u>Priority 2</u>: Provide \$500 Caregiver Tax Credit.
- <u>Priority 3</u>: Increase funding for the Wisconsin Alzheimer's Disease Research Center which will assist in their pursuit of answers that will lead to improved diagnosis and care for patients, while also finding a way to prevent and effectively treat Alzheimer's disease.

If you are a caregiver or a person living with dementia, a family member, or community advocate and Alzheimer's disease has affected you, you have a story to tell. Law makers encourage community attendance at Joint Finance Committee hearings throughout the state. Law makers need to hear your stories and how Alzheimer's disease or dementia has impacted your life, and why it is so important for these priorities to be approved in the 2023 Budget.

If you would like to increase your advocacy and raise awareness of these issues, or would like a schedule of the Joint Committee on Finance Hearings, please reach out to Katrina Longmire at 715-279-7870.

Call Katrina at 715-279-7870 for information in signing up for the group Zoom links!!

TWO RIVERS CONNECTION APRIL 2023



Specialist Spotlight

Left to Right, your ADRC Specialist Team: Jennifer Nelson - Information & Assistance Specialist Katrina Longmire (center) - Dementia Care Specialist Melissa Hovland (left) - Disability Benefit Specialist Bernie Rogers and Julie Fick - Elder Benefit Specialists



What Happens to Your Debts After You Die?

5 Things Loved Ones Will Have To Do To Settle Your Accounts

Article by: Patricia Amend, AARP, March 5, 2021; Article submitted by: Jennifer Nelson I&A Specialist

When loved ones pass away, there's way too much to handle in a short time: notifying others despite feelings of intense grief; funeral arrangements; living without the departed individual; keeping or dispensing with their possessions; a potential change in income and other financial matters. And this is a just partial list. There's also the matter of the debts the person left behind, which raises a flurry of questions. Will they be forgiven somehow? If not, how are they to be paid? What if the liabilities exceed the assets? Who is responsible for them, and under what conditions? Will debt collectors come calling? It's complicated but not insurmountable.

1. The estate should cover most bills

A person's financial obligations are not automatically forgiven once they've died. According to the Consumer Financial Protection Bureau, in most cases, any unpaid debts are covered by the person's estate — the total assets owned at death. If the individual appointed a personal representative, executor or administrator, he or she is responsible for paying any debts from the estate, including medical debt. Creditors have their rights, too, says Martin Hewitt, a lawyer in New York City who's also a member of the American Bar Association's Commission on Law and Aging: "They can file claims in probate [the process of establishing the validity of a will], and can sue heirs who may try to bypass the probate process." Debts must be settled before heirs receive any money. If there is no will, a judge will decide how the assets should be distributed, and will appoint an administrator to carry out those decisions.

2. Exceptions to the rule

"If the debt is in the decedent's name, the decedent's estate will be responsible," says Rachael K. Pirner, a lawyer in Wichita, Kansas, who's a fellow of the American College of Trust and Estate Counsel. However, if you're responsible for seeing that debts are paid, you may want to consult a probate lawyer before paying anything, she advises. Doing so may help things go as smoothly as possible. "Most state bar associations have a lawyer referral service, and that is a good place to start," she says. Obtaining legal advice may be wise because you may not be aware of some situations. Parents may be responsible for a dead child's medical bills and hospice care, for example, and spouses may also be responsible for similar debts from a deceased spouse. A lawyer can let you know what bills you might be responsible for. If you cosigned a loan with the decedent, you owe the debt. Also, a joint account holder on a credit card will be responsible for the debts of the deceased co-owner.

3. State law matters

State law may require a spouse to pay certain debts. It may, for example, require the estate executor or administrator to pay an outstanding bill out of property that was jointly owned by the surviving and deceased spouse. Also, in community property states — Alaska (if a special agreement is signed), Arizona, California, Idaho, Louisiana, Nevada, New Mexico, Texas, Washington and Wisconsin — the surviving spouse may be required to use community property to pay debts of a deceased spouse. If there was no joint account, cosigner or other exception, the estate of the deceased person owes the debt. What if the debts exceed the estate's assets? State statute directs who gets paid and how much, Hewitt says. "An insolvent probate is like a bankruptcy with the unpaid balances being written off by the creditors. On joint accounts, the creditors can generally collect from any joint account holder. Often the best course of action on an insolvent estate is to turn it over to an attorney or to the court public administrator, if the court has one."

(Article continued on page 5)

Do you have a question for one of our specialists? Contact the ADRC, and it may be featured in a future newsletter! See the back page for contact information.

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(Continued from page 4)

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4. Mistakes happen

Fortunately, you don't have to settle things immediately, so take your time to avoid errors. "Generally there is a minimum period in state probate law for creditors to present a claim, or let the estate know they are owed money," Hewitt says. "On, average this is between three and six months. If you are sure there will be more than enough money to pay all debts, you can pay sooner." Common mistakes include the failure to notify known creditors of the person's death; distributing the assets before determining if there is enough money to cover all debts; and overlooking secured debts, such as car loans or mortgages, when deciding what assets to keep or how to distribute them. "People often owe more on cars than they're worth, and if the lender will take the car in exchange for discharging the debt, then let it go," Hewitt says.

5. Debt collectors may understand

What to do if you hear from debt collectors? "Let them know what has happened, and what is being done to sort out the estate," Hewitt says. "As long as reasonable progress is being made in settling the estate, most creditors will be understanding. By law, if the estate is filed for probate, the creditors need to file claims and will do so." Pirner concludes: "Should the creditor persist and the debt is only in the decedent's name, you should consult a lawyer. If you can't afford one, check with Legal Services or Legal Aid." Note to self: Learn from the experience To spare your loved ones unnecessary grief when your time comes, keep a list of all of your accounts, creditors and account numbers, and let an appropriate person know where to find it. "Make sure that your financial affairs are in order and your electronic passwords are available to a family member," Pirner insists.



For ad info. call 1-800-950-9952 • www.lpicommunities.com Pepin County Human Services - Aging Unit, Durand, WI A 4C 02-1035

| DONNA MAE'S PANTHER CAFÉ <u>GILMANTON</u> : MONDAY-FRIDAY (11:00AM-12:00PM) 715-946-3139 <u>NELSON</u> : MONDAY-THURSDAY (11:00AM-12:00PM) 715-673-4070 PEPIN: MONDAY- FRIDAY HOME DELIVERED AND CARRY OUT ONLY (11:00AM-12:00PM) 715-442-2289 | | | | April 2023 |
|--|--|--|--|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 3 Ham Steak, Cheesy Potatoes, Carrots, Bread, Tropical Fruit, Cake | 4 Broasted Chicken, Mashed Potatoes, Corn, Bread, Pears, Cake | 5 Spaghetti w/Meat Sauce, Lettuce Salad, Garlic Bread, Peaches | 6 Tator Tot Hotdish, Corn/Peas, Carrots, Bread, Mandarin Oranges, Cake | 7 CLOSED |
| 10 Hamburger on Bun, Baby Red Potatoes, Carrots, Pineapple, Cake | 11 Creamed Chicken on Biscuits, Peas/Carrots, Cranberries, Banana, Cake | 12 Scalloped Potatoes w/Ham, Broccoli, Bread, Fruit Cocktail, Cake | 13 Hot Beef on Bread, Mashed Potatoes, Tomatoes, Applesauce, Cake | 14 Cod, Potato Salad, Beans, Coleslaw, Bread, Cake <i>Pepin HDM:</i> <i>Chicken instead of Cod</i> |
| 17 Polish Sausage, Sauerkraut, Mashed Potatoes, Carrots, Bread, Tropical Fruit, Cake | 18 Broasted Chicken, Mashed Potatoes, Corn, Bread, Pears, Cake | 19 Salisbury Steak, Mashed Potatoes, Tomatoes, Bread, Peaches, Cake | 20 Chicken Alfredo on Noodles, Lettuce Salad, Pineapple, Strawberry Dessert, Cake | 21 Cod, Mashed Potatoes, Beans, Coleslaw, Bread, Cake |
| 24 Country Fried Steak, Mashed Potatoes, Carrots, Bread, Pineapple, Cake | 25 Baked Chicken, Stuffing, Corn, Bread, Cranberries, Banana, Cake | 26 Meatloaf, Mashed Potatoes, Carrots, Bread, Fruit Cocktail, Cake | 27 Ham Salad Sandwich, Cowboy Beans, Broccoli Salad, Applesauce, Cake | 28 Cod, Baked Potatoes, Beans, Coleslaw, Bread, Cake <i>Pepin HDM:</i> <i>Chicken instead of Cod</i> |
| | | | DatesSalad Option3rd-7th- Grilled Chicken10th-14th- Crispy Chicken17th-21st- Taco24th-28th- Chef | <u>Served with each</u> <u>meal</u> : Milk |
| BUS TRIPS Direction Direction | | | | |
| Fau Claire Trips: 1st Monday of each month Winona Trips: per each month Call to register at last 2 days and dot set 152 or 187 T15-672-8941 Ext 152 or 187 https://www.adrc-bcp.com/ https://www.adrc-bcp.com/ https://www.adrc-bcp.com/ Miling to share their knowledge if there are any questions. We meet to share hobbies and camarader rie. Please feel free to drop in with any questions you | | | | om Durand. Bring cro- re working on. Gen- n projects. Occa- r anyone who wants uctor, but everyone if there are any ies and camarade- |



The Aging and Disability Resource Center of Buffalo and Pepin Counties (ADRC) is recruiting a **Stepping On** leader. This individual will be trained by the Wisconsin Institute for Healthy Aging (WIHA) to lead **Stepping On** workshops.

Stepping On is an evidenced-based workshop that focuses on fall prevention. **Stepping On** can help avoid a dangerous and costly fall so individuals can keep doing the things they love to do. In just seven weeks, you will help individuals learn:

- To identify and remove or avoid fall hazards both inside and outside your home.
- How vision, hearing, medication, and footwear affect your risk of falling.
- Strength and balance exercises that you can adapt to your individual level.
- To get back on your feet the right way if you do fall.

Being a **Stepping On** leader allows you to make a difference in the lives of others! You will co-lead the workshops with another trained leader from the area.

- All of the materials and handouts are provided.
- ADRC staff will help to market the workshop and recruit participants.
- This is a volunteer position, however the ADRC will pay for the training, and reimburse mileage to and from the workshops.
- Our goal is to hold one workshop each year.

If you are interested in learning more about this opportunity, please contact the ADRC at 866-578-2372 or **adrc-bp@co.pepin.wi.us**.



| CORRAL BAR & RIVERSIDE GRILL DURAND: TUESDAY- FRIDAY (11:30AM-1:00PM) 715-672-8936 | | | | April 2023 |
|---|---|--|--|---|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| <u>Served with each</u> <u>meal:</u> Milk | 4 Chicken Parmesan over Pasta, Cauli- flower, Lettuce Salad w/French Dressing, Wheat Bread, Banana | 5 Country Fried Steak, Mashed Potatoes w/Gravy, Baked Beans, Wheat Bread, Fruit Cocktail | 6 Baked Ham, Scalloped Potatoes, Whole Kernel Corn, Wheat Bread, Pears, Pie | 7 CLOSED GOOD FRIDAY |
| | 11 Pork Chop w/ Mushroom Gravy, Baked Potato w/Sour Cream, Carrots, Wheat Bread, Fruit Cocktail | 12 Tater Tot Hot Dish, Creamy Coleslaw, Whole Grain Muffin, Mandarin Oranges | 13 Cheeseburger on Bun, Baked Beans, Tomato Juice, Applesauce | 14 Egg Salad on Croissant, Creamy Cauliflower & Broccoli Soup, Lettuce Salad w/French Dressing, Pineapple |
| Call previous day by 1:00pm to order lunch. | 18 Baked Ham, Sweet Potatoes, California Blend Veggies, Wheat Bread, Banana | 19 Creamed Chicken & Biscuit, Peas & Carrots, Lettuce Salad w/ Ranch, Peaches, Dessert | 20 Beef Roast, Mashed Potatoes w/ Gravy, Creamy Coleslaw, Wheat Bread, Tropical Fruit | 21 Fish Sandwich on Bun, Tartar Sauce, Split Pea Soup, Tomato Juice, Pineapple |
| <u>Salad Options:</u> Chef Salad Chicken Fiesta Seafood Salad Taco Salad | 25 Baked Chicken, Baked Potato w/Sour Cream, Harvard Beets, Wheat Bread, Apple | 26 Salisbury Steak, Mashed Potatoes w/ Gravy, Carrots, Pineapple, Wheat Bread | 27 Lasagna, Mixed Vegetables, Lettuce Salad w/ French Dressing, Garlic Bread, Straw- berries | 28 Tuna Salad on Croissant, Potato Soup, Baked Beans, Pears |

Easter Word Scramble

Unscramble the following words about Easter!

- sertea ynubn ______
 rcodeol gesg ______
- trasee líty ______
 sretae tbskae ______
 dycna ______
- 6. naydsu _____
- 7. whe hleosct _____
- 8. wolsfre _____
- 9. lelyj enabs _____
- 10. hlmlamwaros gesg _____
- 11. sraeet geg tnhu _____

| - | |
|-----|----------------|
| 12. | cleathoco |
| 13. | dnitirota |
| 14. | rsatee draepa |
| 15. | etraes notneb |
| 16. | raetes slelb |
| 17. | balm |
| 18. | tho srcso nbsu |
| 19. | eppes dcyna |
| 20. | bnrio ggse |
| 21. | pphay rtseea |
| 22. | myflai nendri |
| | |

23. ybba ksccíh _____

Answers on page 11

TWO RIVERS CONNECTION

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Bridges Health clinic sites are back open! Bridges Health offers FREE health, wellness, and social services from Winona State University students supervised by licensed clinical faculty. Check out the dates for the clinic site at Milton Townhall in Buffalo County. Call (507) 457-289, or go to www.bridgeshealthwinona.com to schedule an appointment or visit for more information.

♦ FREE Services ♦

Foot & Nail Care

- Ear Check & Cleaning
- Blood Pressure Check
- Health Screening & Education
- Social Interaction
- Mental Health Referrals Vision/Hearing Screening
- Community Resources
- Neck & Shoulder Massage

♦ Location ♦ Milton Town Hall S2794 State Road 88 Fountain City, WI 54629

Dates & Times

Select Thursdays 9:30am-2:30pm February 2, 16, March 2, 16, April 6, 20

Need A Ride?

The ADRC of Buffalo and Pepin Counties may be able to help.

Transporation program for anyone 60 years and older or any age with a disability who needs help with transportation

How Can You Help?

If you're looking for a meaningful activity to fill free time, the ADRC of Buffalo and Pepin Counties has some options for you! We are in need of:

Volunteer drivers for our transportation program (this entails getting individuals to and from medical and non-medical trips). Mileage reimbursement is offered.

Volunteers to deliver home-delivered meals (we have 6 meal sites in Buffalo & Pepin Counties so you could help at the site nearest to you). Mileage reimbursement and a free lunch is included.

A trained leader for the Stepping On workshop (this is a fall prevention workshop offered to individuals looking to decrease their fall risk). You would co-lead workshops with another trained leader from the area.

If you'd like to learn more about any of these opportunities, please contact us at 866-578-2372 or adrc-bp@co.pepin.wi.us. You can volunteer as little or as much as you'd like!

Concerned about Medicare fraud? Give us a call...

PROTECT your personal information

DETECT suspected fraud, abuse, or errors

REPORT suspicious claims or activities



888-818-2611 www.smpwi.org

Toll-free Helpline:

WisconsinSeniorMedicarePatrol



This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.



Pepin County Human Services - Aging Unit, Durand, WI C 4C 02-1035

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME

Ruth Schlitz

rschlitz@lpicommunities.com

(800) 950-9952 x2671

Call 715-672-8941 ext 152 to get an application or schedule a ride

| THE LOST PIRATE BUFFALO CITY: MONDAY-THURSDAY (11:45AM-12:15PM) 608-248-2683 HOME-DELIVERED MONDAY & WEDNESDAY ONLY | | | | April 2023 |
|---|---|---|---|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 3 Sloppy Joe, French Fries, Baked Beans, Carrots, Fruit | 4 Beef Stroganoff, Mashed Sweet Potatoes, Corn, Fruit | 5 Chicken & Gravy over Mashed Potatoes, Mixed Vegetables, Fruit | 6 Spaghetti & Garlic Toast, Corn, Side Salad, Fruit | Served with each <u>meal:</u> 1% Milk Whole Wheat Bread |
| 10 Lemon Baked Fish, Baked Potato, Coleslaw, Fruit | 11 Pork Chops, Baby Reds, Broccoli, V8 Juice | 12 Philly Cheese Steak, Sweet Potato Puffs, Cucumber Salad, Fruit | 13 Chicken Patty Sandwich w/Cheese, Vegetable Soup, Fruit | |
| 17 Meatloaf, Mashed Potatoes & Gravy, Carrots, Fruit | 18 Creamed Chicken over Biscuit, Mixed Vegetables, Fruit | 19 Cheeseburger, Potato Salad, Coleslaw, Fruit | 20 Baked Fish, Baked Potato, Side Salad, Fruit | Call previous day by 1:00pm to order lunch. |
| 24 Chicken Stir Fry w/Rice, Cucumber Salad, Fruit | 25 Polish Sausage, Baked Potato, Broccoli, Baked Beans, Fruit | 26 Barbeque Pork Sandwich, French Fries, Mixed Vegetables, Fruit | 27 Baked Chicken, Mashed Sweet Potatoes, Baked Beans, Fruit | <u>Salad Options:</u> Taco Ham Chicken |

At the February 28th meeting of the Pepin County Council of Senior Citizens, it was determined that expenses have exceeded our income for the past couple of months. Due to the lack of rentals and of course, the weather, expenses have risen. Our hope is that the Annual Quilt Raffle, to be held on June 5, 2023, will help defray this difference. Tickets are currently available at the Center and we urge our members and supporters to stop in to purchase, and hopefully bring friends. This will



be a good time to renew your membership for 2023, as our numbers right now are at only 68 members.

The Lions Club will be using the center for their annual "Easter Bunny" event on April 3rd and we look forward to having a happy and smiling group of children participating. On April 1, the Riverview Quilters will host another "De-Stash" Sale. This event was very popular last year and there were tables filled with unique craft items, beau-tiful fabrics, patterns and sewing accessories. April 20-21 we will be participating in the "Ten on Ten" Thrift Sales as we did last year, with the many donations you supplied for the event. Popular items for donation would include plants, gardening hand tools, baskets, planters and other items that herald the arrival of Spring. Please call us at 715-672-4101 with any questions on donations.

Looking forward to seeing all of you at the events listed above. Remember that Community support is important to maintaining the Senior Center that your parents and grandparents built so many years ago. Marge Briggs

Commodity Foods —Food for Seniors

Who is eligible?

You may qualify if you: Live in **<u>Pepin or Buffalo County</u>**

- Are 60 years old or over
- Have an income (before tax deductions) that is less or equal to CSFP income guide-lines listed here.

| Household Monthly Income-2023: |
|--------------------------------|
| Cine Income |

<u>Size</u> <u>Income</u> 1 \$1,473

\$1,984

\$2,495

For each additional household member, add \$511.

<u>Commodity Supplemental</u> <u>Food Program</u>

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3

CSFP works to improve the health of low-income adults age 60 years and older by supplementing their diets with nutritious foods.

How CSFP Works:

CSFP provides a monthly supplemental food package that includes:

- * Canned fruits & vegetables
- * Juice
- * Dry or canned milk
- * Cheese
- * Canned meat
- * Peanut butter or dried beans
- * Cereal and grains
- * Rice, instant potatoes or pasta

Contact Matthew at **715-672-8941**, **Ext. #163** for more information.

| AMERICAN LUTHERAN HOME MONDOVI: HOME DELIVERED & CARRYOUT MEALS ONLY (M-TH) 715-926-4962 | | | April 2023 | |
|--|--|--|---|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 3 Country Fried Steak w/Gravy, Mashed Potatoes, Bread, Roasted Beets, Mandarin Oranges | 4 Beef Stew over Biscuit, Crackers, Broccoli, Pumpkin Crisp | 5 Polish Sausage on Bun, Sauerkraut, Baked Beans, Mixed Fruit | 6 Meatballs w/Gravy over Mashed Potatoes, Carrots, Bread, Pears | <u>Served with each</u> <u>meal:</u> Milk |
| 10 Hamburger Gravy over Mashed Potatoes, Sunshine Carrots, Bread, Applesauce | 11 Ham & Bean Chowder, Sweet Potato Wedges, Whole Wheat Dinner Roll, Fruit Crisp | 12 Roast Beef w/ Gravy, Mini Baker Potatoes, Broccoli, Bread, Fruit Pie | 13 Chicken Parme- san Pasta Bake, Italian Blend Veggies, Salad w/Dressing, Breadstick, Straw- berries | |
| 17 Fish Fillet, Conique Potatoes, Broccoli, Bread, Peaches | 18 Chicken Alfredo over Pasta, Baked Tomato Half, Salad w/Dressing, Bread, Mandarin Oranges | 19 Homemade Chili, Crackers, Cornbread, Cascade Blend Veggies, Caramel Apple Crisp | 20 Turkey w/Gravy, Stuffing, Cranberry Sauce, Green Beans, Bread, Pumpkin Pie | Call previous day by 1:00pm to order lunch. |
| 24 Split Pea Soup w/Ham, Parslied Carrots, Whole Wheat Dinner Roll, Fruit Cocktail | 25 Salisbury Steak w/Mushroom Gravy, Mashed Potatoes, Broccoli, Bread, Pumpkin Bar | 26 Baked Ham, Sweet Potatoes, Green Beans, Whole Wheat Dinner Roll, Fruit Pie | 27 Ritzy Chicken Divan Hot Dish, Au Gratin Potatoes, Chuckwagon Corn, Bread, Pears | <u>Salad Options:</u> Taco Chef (Turkey, Ham) Chicken Tender |
| Easter Egg H 1. Easter bunny 2. Colored Eggs 3. Easter Lily 4. Easter Basket 5. Candy 6. Sunday 7. New Clothes 8. Flowers 9. Jelly Beans 10. Marshmallow Eggs 11. Easter Egg Hunt Pepin County Wisher Thank Our Recent D | es to | Aging and Resource Ever wond ADRC tea You can find a and upcoming hosting by visiti adrc-bcp.com/ | Da | Nail Care Clinics!Clinics will be held in Durand and Pepin each month.Call Ruth Potter to schedule your appointment at 715-308-1334.Image: Constant of the image: Constant of the image: Constant of the image: Constant of the constant of the the section of the section of t |
| Lorraine Komro, for Ginny Kallstrom; Dorothy Bauer, for Dorothy Prissel; Linda Tollefson, for Duane Tollefson, Edmund & Leona Grippen, and Art & Emma Tollefson TWO RIVERS CONNECTION APRIL 2 | | Chuck & Lois Laehr <u>Memorials</u> : The Farkle Players, for Pau | | & Lois Laehn emorials: |
| | | | | |

TWO RIVERS CONNECTION

ADRC of Buffalo and Pepin Counties 740 7th Ave. West Durand, WI 54736

Address Service Requested

PRST STD US POSTAGE PAID PERMIT NO. 9 DURAND, WI

| COMMUNI | | NTACTS |
|---|-------------------------|----------------------|
| ADRC of Buffalo & Pepin Counties: 1- | -866-578-2372 or ad | rc-bp@co.pepin.wi.us |
| | | |
| Please add or remove my name to/t Connection newsletter (Circle One) | from the mailing list f | or the Two Rivers |
| Name: | | |
| Address: | | |
| City: | State: | Zip |
| Spouse's Name: | | |
| Donation Amount: \$ | | |
| Please return to: ADRC of Buffalo an 740 7th Ave. West PO Box 39 Durand, WI 5473 | t | |