## ~Coffee & Conversation~ Memory Café

## When:

Second Thursday of each month, 11:00am-12:00pm

## Where:

Wings Over Alma Nature & Art Center

110 N Main St. Alma, WI A Memory Café is a gathering during which people share thoughts and experiences. Cafés are attended by persons who are living with dementia or concerned about memory loss, as well as by those who are interested in brain-healthy activities and life-long learning.

Each Café is unique and offers a program or activity that is enlightening and fun.

Cafés are great places to engage with others in a warm and welcoming environment. All events are free and hosted in accessible spaces. Coffee and refreshments are served.

No sign up necessary. Just drop in!

For additional information, please call **Chelsey** at the **Aging and Disability Resource Center of Buffalo and Pepin Counties**.

Phone: 715.279.7870



