

## Who is eligible?

You may qualify if you

- live in Pepin or Buffalo County
- are 60 years old or over
- have an income (before tax deductions) that is less or equal to CSFP income guidelines below.

| <u>Household Size</u> | <u>Monthly Income</u> |
|-----------------------|-----------------------|
| 1                     | \$1473                |
| 2                     | \$1984                |
| 3                     | \$ 2495               |

Updated Feb 2022

## How to apply for CSFP

Contact Matthew Bertelson, Nutrition Program Coordinator, 715-672-8941 ext. 163 or [mberteslon@co.pepin.wi.us](mailto:mberteslon@co.pepin.wi.us) to see if you qualify!

There are limited available slots for participation. Those that qualify may at times be put on a waiting list.

## How CSFP Works

CSFP provides a monthly supplemental food package that includes:

- Canned fruits & vegetables
- Juice
- Dry or canned milk
- Cheese
- Canned meat
- Peanut butter or dried beans
- Cereal and grains
- Rice, instant potatoes or pasta

If you are eligible, you will receive a food package once per month of nutritious foods provided by the U.S. Department of Agriculture (USDA).

## Who to contact to learn more about CSFP:

Call: Matthew Bertelson

- 715-672-8941 Ext. 163

E-mail:

[mbertelson@co.pepin.wi.us](mailto:mbertelson@co.pepin.wi.us)

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# CSFP Commodity Foods

—Food for Seniors—



## Commodity Supplemental Food Program

CSFP works to improve the health of low-income adults age 60 years and older by supplementing their diets with Nutritious foods.

