

Resource Booklet



*Aging and Disability Resource Center
Of Buffalo and Pepin Counties*

DISCLAIMER:

This list is provided to you for informational purposes only. You are solely responsible to verify the credentials of a provider/resources. The ADRC does not assume any responsibility for these providers/resources and does not guarantee the quality or availability of services. This is not an all-inclusive list.

TABLE OF CONTENTS

<u>Introduction</u>	<u>3</u>
<u>Abuse & Neglect.....</u>	<u>4</u>
<u>Adult Day Care / Respite.....</u>	<u>5</u>
<u>Alzheimer’s Disease.....</u>	<u>5 - 6</u>
<u>Assistance Programs.....</u>	<u>6 - 9</u>
<u>Assisted Living.....</u>	<u>9 - 11</u>
<u>Benefit Specialists.....</u>	<u>12</u>
<u>Caregiver Assistance.....</u>	<u>12 - 13</u>
<u>Community Resources.....</u>	<u>13</u>
<u>Employment & Vocational Rehabilitation.....</u>	<u>14 - 15</u>
<u>Financial Services.....</u>	<u>15 - 16</u>
<u>Food Related Services.....</u>	<u>16 - 18</u>
<u>Hard of Hearing & Visual Impairments.....</u>	<u>18 - 19</u>
<u>Health Care Providers.....</u>	<u>19 - 23</u>
<u>Health & Wellness Education.....</u>	<u>23</u>
<u>Homeless Shelters.....</u>	<u>23 - 24</u>
<u>Hospice.....</u>	<u>24</u>
<u>Housing Options - Subsidized.....</u>	<u>24 - 25</u>
<u>In-Home Healthcare Agencies.....</u>	<u>25 - 26</u>
<u>Internet, Phone and Technology.....</u>	<u>26 - 27</u>
<u>Legal Assistance and Advocacy.....</u>	<u>27 - 29</u>

TABLE OF CONTENTS CONTINUED

<u>Long-Term Care Options Counseling.....</u>	<u>29</u>
<u>Meal Site and Home Delivered Meals.....</u>	<u>30</u>
<u>Medical Equipment & Loan Closets.....</u>	<u>31 - 33</u>
<u>Nursing Homes.....</u>	<u>33 - 34</u>
<u>Personal Emergency Response System.....</u>	<u>34</u>
<u>Power of Attorney.....</u>	<u>35</u>
<u>Support Groups.....</u>	<u>36</u>
<u>Thrift Stores.....</u>	<u>37</u>
<u>Transportation.....</u>	<u>37 - 38</u>
<u>Veteran's Services.....</u>	<u>38 - 39</u>

INTRODUCTION

The Aging and Disability Resource Center (ADRC) of Buffalo and Pepin Counties is a single point of contact for information and assistance to residents of Buffalo and Pepin Counties, all at no cost to you. We can help you sort through the options that are available for older adults aged 60+ and adults with disabilities, mental illness and/or substance abuse disorders, along with their family members and caregivers. Having this knowledge will enable you to make informed decisions about such things as:

- Maintaining your independence
- Choices for long-term care and related services
- Medicare benefits and other health-related benefits
- Social Security benefits
- Supportive services and resources in your community

Pepin County publishes a monthly newsletter called the “Golden Age Newsletter”. This newsletter includes information and local resources for seniors and their family/caregivers. To start receiving this newsletter by mail or email, call (866)-578-2372.

ABUSE AND NEGLECT

Adult protective services provide aid to elder adults and Adults-at-Risk who have been abused, neglected, or exploited. If you suspect an elder adult or adult at risk has experienced, is currently experiencing, or is at risk of experiencing abuse, neglect, self-neglect, or financial exploitation, please contact your county agency. *If you or someone you know is in immediate life-threatening danger, call 911*

Wisconsin Elder Abuse Hotline **1-833-586-0107**
<https://reportelderabusewi.org>

Buffalo County Department of Health & Human Services **(608) 685-4412**
<https://www.buffalocountywi.com>

407 S 2nd Street, Alma, WI 54610

- Business Hours: Monday - Friday 8:00 am - 4:30 pm
- *EMERGENCY AFTER HOURS: (608) 685-4433*

Pepin County Department of Human Services **(715) 672-8941**
<https://www.co.pepin.wi.us>

740 7th Avenue W, Durand, WI 54736

- Business Hours: Monday - Friday 8:30 am - 4:30 pm
- *EMERGENCY AFTER HOURS: (715) 672-5944*

Long-Term Care Ombudsman **(800) 815-0015**
<http://www.longtermcare.wi.gov>

1402 Pankratz Street, Suite 111 Madison, WI 53704

- Responds to complaints of residents or recipients of long-term care, such as care in nursing homes, assisted livings and services of managed long-term care programs (Family Care & IRIS).

Bolton Refuge House **(715) 834-9578**
<https://www.boltonrefuge.org/>

807 S Farwell Street Eau Claire, WI 54701

- Serves individuals affected by domestic violence, intimate partner violence, sexual assault, dating violence, and stalking. Eau Claire staff available 24 hours a day, 365 days a year. Other offices in Buffalo and Jackson Co.

New Horizons **(715) 538-2810**
<http://www.nhagainstabuse.org/>

21104th Avenue NE, Menomonie, WI 54751

- New Horizons offers FREE and confidential services to victims and survivors of domestic and sexual abuse in Buffalo County, Wisconsin. The shelter's Crisis Advocates provide support and advocacy for victims throughout their shelter stay.
- *24 Hour Crisis Line: Call (888)231-0066 or text for help: 608-667-9944*

The Bridge to Hope **(715) 235-9074**
<https://www.thebridgetohope.org>

21104th Avenue NE, Menomonie, WI 54751

- The Bridge to Hope offers FREE and confidential services to victims and survivors of domestic abuse, sexual assault and human trafficking in Dunn and Pepin Counties, Wisconsin.
- *24 Hour Hotline: Call (800) 924-9918 or Text (715) 505-3640*

Victim / Witness Services **Call your local District Attorney's Office**

Provides information, support and advocacy to victims of crime and to witnesses for hearings.

- Buffalo County District Attorney's Office: **(608) 685-6237**
- Pepin County District Attorney's Office: **(715) 672-8939**

ADULT DAY CARE / RESPITE

Adult Day Care is daytime care for functionally and/or cognitively impaired adults. It is provided through a structured program of social and rehabilitative services in a supportive group setting. Funding may be provided by the National Family Caregiver Support Program, or the Alzheimer's Family Caregiver Support Program. (Please refer to Page 8 of this booklet for more information on "Caregiver Assistance" and related programs). Adult Day Care and hourly respite are available at the facilities listed. Meals and activities may be included.

Arc of Dunn County, INC. (715) 235-7373
1502 9th Street, E Menomonie, WI 54751 <http://arcofdunncounty.org/>

Augusta Health & Rehab/ Respite (715) 286-2266
901 Bridge Creek Lane, Augusta, WI 54722 <http://augustahealthandrehab.com/>

Grace Adult Day Services (715) 832-8811
2441 New Pine Drive, Altoona, WI 54720 www.livegracefully.org

Hmong Senior Center LLC (715) 514-3491
1724 Westgate Road, Eau Claire, WI 54703

Hurlburt's Haven (715) 672-4049
1227 E Prospect Street, Durand, WI 54736 <https://hurlburtshaven.weebly.com/>

Plum City Care Center (715) 647-2401
301 Cherry Avenue W, Plum City, WI 54761 <https://www.plumcitycare.com/>

REACH: Helen's House (715) 456-3874
309 Selma Street, Eau Claire, WI 54703 <http://reach-inc.org/>

- Selma House is for any adult with a disability.

REACH: Menomonie Adult Day Program (715) 235-7733
3375 Kothlow Avenue, Suite 35, Menomonie, WI 54751 <http://reach-inc.org/>

- Serves adults with disabilities. Offers day programs and vocational programming.

ALZHEIMER'S, DEMENTIA & MEMORY LOSS

Alzheimer's Caregiver Support Program (866)-578-2372
Funding to assist caregivers of persons with a dementia diagnosis to help with temporary respite or supplemental services like adaptive aids, transportation, or other things to help caregivers.

Alzheimer's Association of Greater Wisconsin (920) 469-2110
404 ½ N. Bridge Street, Chippewa Falls, WI 54729 <https://www.alz.org/gwwi>

- 24-Hour Helpline: (800) 272-3900

Memory Cafés (866)-578-2372

A place for people with early memory loss to socialize, join in interesting activities or enjoy speakers on topics of health and wellness. Contact the ADRC Dementia Care Specialist for more information on Memory Café's in your area!

Memory Screens (866) 578-2372

740 7th Avenue W, Durand, WI 54736

A memory screen is a wellness tool that helps identify possible changes in memory and cognition. It creates a baseline of where a person is at so that future changes can be monitored. The confidential screen takes about 10 minutes and can be done in your home or the ADRC Office. Talk to an Information and Assistance Specialist at your local ADRC for more information and to schedule your free memory screen.

ASSISTANCE PROGRAMS

Energy and Heating

Buffalo County Department of Health and Human Services (608) 685-4412

407 S 2nd Street, Alma, WI 54610

<https://www.buffalocounty.com>

- ***Must be a Buffalo County Resident***
- **Wisconsin Home Energy Assistance Program (WHEAP):** WHEAP provides eligible households assistance with heating costs, non-heat electrical costs, energy crisis funding and furnace repair or replacement. The regular WHEAP season runs from October 1 through May 15. Funds are limited.

Western Dairyland (715) 985-2391

23122 Whitehall Road, Independence, WI 54747

<https://www.westerndairyland.org>

- ***Must be a Buffalo County Resident***
- **Weatherization:** The weatherization program exists to improve the energy efficiency of the housing stock for low/moderate income people. The program is available to eligible people who own or rent (with landlord's approval). Work can be done on homes, mobile homes, duplexes and apartment buildings. If you received Wisconsin Home Energy Assistance Program (WHEAP) benefits during the last heating season, you are automatically eligible for weatherization services.

WestCAP (715) 265-4271

525 Second Street, PO Box 308, Glenwood City, WI 54013

<http://westcap.org>

- ***Must be a Pepin County Resident***
- **Weatherization:** The weatherization program exists to improve the energy efficiency of the housing stock for low/moderate income people. The program is available to eligible people who own or rent (with landlord's approval). Work can be done on homes, mobile homes, duplexes and apartment buildings. If you received Wisconsin Home Energy Assistance Program (WHEAP) benefits during the last heating season, you are automatically eligible for weatherization services.
- **Wisconsin Home Energy Assistance Program (WHEAP):** WHEAP provides eligible households assistance with heating costs, non-heat electrical costs, energy crisis funding and furnace repair or replacement. The regular WHEAP season runs from October 1 through May 15. Funds are limited.

Home Buying / Home Repair Programs

Chippewa County Housing Authority

(715) 726-7933

711 N Bridge Street, Chippewa Falls, WI 54729

<https://www.co.chippewa.wi.us/community/housing-authority>

- **Homebuyer Program:** No interest, deferred payment loans are available for down payment and closing costs assistance to income-eligible homebuyers. Applicants must contribute at least \$1,000 of their own funds toward the purchase of the home. Loans are paid back when the owner no longer occupies the home.
- **Housing Rehabilitation Program:** A loan program designed to assist low and moderate-income households with repairs to their homes. Owner-occupied property loans are offered at 0% interest and payments are deferred until you sell or move out of the home.

Foundation for Rural Housing, Inc.

(608) 238-3448

PO Box 314, Oregon, WI 53575

<https://www.wisconsinruralhousing.org/>

- Provides critical financial assistance toward Security Deposit, Rent, Mortgage, Utilities and Property Taxes. Applicant must be under the 50% County Median Income. Other program restrictions apply.

Tomorrow's Home Foundation

(608) 255-1088

258 Corporate Drive, Suite 200 C, Madison, WI 53714

<https://www.tomorrowshomefoundation.org/>

- **Helping Hands Grant:** Designed to assist low-income mobile and manufactured homeowners who need critical repairs to their primary residence. Critical home repairs are those that are essential to remain in the home.
- **Project Renewal Grant:** Available to assist Wisconsin low-income mobile homeowners with disposal or recycling of old, uninhabitable mobile homes. Applicant must own the home to be disposed of.

USDA Rural Development

(715) 232-2614

390 Red Cedar Street, Suite G, Menomonie, WI 54751

<https://www.rd.usda.gov/wi>

- Provides a variety of low-interest loans to low-income eligible persons for housing needs. Housing Programs give families and individuals the opportunity to buy, build, repair, or own safe and affordable homes located in rural America. Also provides grants to persons aged 62 + that are unable to repay a repair loan.

Western Dairyland

(715) 985-2391

23122 Whitehall Road, Independence, WI 54747

<https://www.westerndairyland.org/>

- **Rapid Rehousing Program:** The goal of the program is to move homeless families and individuals into permanent housing as quickly as possible. For information about the program call (715) 836-7511.
- **Home Repair & Accessibility Program:** Provides funds for making essential improvements to homes. Income eligibility restrictions apply.

*** Property must be the primary residence of the owner & be located in Buffalo County. ***

MEDICATIONS

RxAssist <https://rxassist.org>

RxAssist offers a comprehensive database of patient assistance programs run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. A free prescription savings card is also available for print which can save costs on your prescription medications at participating pharmacies.

Medicine Assistance Tool <https://medicineassistancetool.org/>

The Medicine Assistance Tool is a search engine designed to help patients, caregivers, and health care providers by matching you with resources and cost-sharing programs that may help to lower your out-of-pocket costs, whether or not you have insurance.

Needy Meds <https://www.needy meds.org>

NeedyMeds is an online information resource of programs that provide assistance to people who are unable to afford their medications and health care costs. All the information is free, easy to access and updated regularly.

FamilyWize <https://familywize.org/>

FamilyWize is a trusted provider of prescription discounts, drug coupons and a prescription discount card. Prescription discounts are pre-activated, ready-to-use and free.

Other Assistance / Programs

Feed My People – Foodshare Specialist **(715) 835-9415**

2610 Alpine Road, Eau Claire, WI 54703 fmpfoodbank.org
Assists individuals in applying for and renewing FoodShare benefits.

FoodShare & Medicaid **(888) 627-0430**

Western Region for Economic Assistance (WREA)
<https://www.dhs.wisconsin.gov/forwardhealth/imagency/western.htm>

To apply for FoodShare and/or Medicaid Insurance, there are 4 options:

- Online: Visit <https://access.wisconsin.gov> to complete an application
- Call: WREA at (888) 627-0430 to complete a phone interview
- Local Agency: Call WREA at (888) 627-0430 to request a face-to-face appointment with someone from your local agency.
- Mail or Fax: Complete a paper application and mail to CDPU, PO Box 5234, Janesville, WI 53547 OR Fax to (855) 293-1822

Connect to your benefits anywhere, anytime using the MyAccess mobile app available for download from Google Play or the Apple Store

Goodwill Vouchers **Contact your Local Agency**

Vouchers are available to Buffalo and Pepin County residents experiencing a financial hardship and in need of clothing. Vouchers are valued at \$25 and can be used at most Goodwill stores.

- Buffalo County Human Services: **(608) 685-4412**
- Pepin County Human Services: **(715) 672-8941**

Homestead Tax Credit Program **(866) 578-2372**

The Homestead Tax Credit is a tax benefit for renters and homeowners with low or moderate incomes. Eligible persons can get back some or all of their state taxes withheld during the year. Those who do not have earnings, or whose earnings were too small to have taxes withheld, can get extra cash back from the State. For more information or to apply, contact your local ADRC.

Salvation Army **Call your Local Agency** **www.salvationarmy.com**

The Salvation Army provides short-term emergency financial assistance and help for people in a crisis. Funds can be used toward shelter, heat/utilities, food, clothing, medical and transportation.

- Buffalo County Human Services: **(608) 685-4412**
- Pepin County Human Services: **(715) 672-8941**

St. Vincent DePaul **(715) 672-8617 (Help Line)**

825 E Prospect Street, Durand, WI 54736

Volunteers are trained to work closely with local agencies and charities. Together they help families and individuals in need of financial assistance and other services to help those less fortunate. They also run a thrift store which can provide low-cost household items and clothing.

- Must be a resident of Pepin County to receive financial assistance.

ASSISTED LIVING (RCACs) **** = Also a CBRF Facility***

Residential Care Apartment Complexes (RCACs):

- Residential Care Apartment Complexes (RCACs) are adult independent apartments.
- Private lockable entrance, kitchen with stove, private bathroom, sleeping/living areas.
- Individual can receive up to 28 hours of assistance per week.
- Current listing of residential care apartment complexes:

<https://www.dhs.wisconsin.gov/guide/rcac.htm>

***The Homeplace of Mondovi** **(715) 926-4777**

158 E. Main Street, Mondovi, WI 54755

<https://www.thehomeplaceof.com/>

Autumn Village **(715) 235-3697**

915 Elm Avenue E, Menomonie, WI 54751

<https://www.americanlutheranhomes.com/>

***Comforts of Home Menomonie RCAC** **(715) 953-2196**

917 22nd Avenue NE, Menomonie, WI 54751

<https://wpseniorliving.com>

***Heritage Oakwood Hills** **(715) 831-9118**

3706 Damon Street, Eau Claire, WI 54701

<https://heritagesenior.com/>

Oak Gardens Place **(715) 598-3447**

342 Twin Oak Drive, Altoona, WI 54720

<http://www.enlivant.com>

The Homeplace of Durand **(715) 672-4823**

315 Country Lane, Durand, WI 54736

<https://www.thehomeplaceof.com/>

Valley Villas Assisted Living	(715) 778-5545
5820 Westland Drive, Spring Valley, WI 54767	http://svhcs.org/
Welcome Home Assisted Living	(715) 639-3402
1121 Industrial Road, Elmwood, WI 54740	
Dove Healthcare Osseo Assisted Living	(715) 597-1796
51017 Ridge View Road, Osseo, WI 54758	https://www.dovehealthcare.com/osseo_assisted_living.html
Clover Way RCAC	(715) 538-4518
36125 E End Road, Independence, WI 54747	https://www.tchcc.com/community-living/clover-way-rcac/
Gundersen St. Elizabeth's Senior Living	(651) 565-5566
1200 5th Grant Boulevard W, Wabasha, MN 55981	https://www.gundersenhealth.org/
High Street House Assisted Living	(651) 345-5000
317 North High Street, Lake City, MN 55041	http://highstreethouseassistedliving.com/
Brookdale Winona	(507) 494-8029
835 East Bellevue Street, Winona, MN 55987	https://www.brookdale.com/en.html
Callista Court - Benedictine Living Community	(507) 494-8087
1347 West Broadway, Winona, MN 55987	https://www.benedictineliving.org/winona-mn

ASSISTED LIVING (CBRFs)

**** = Memory Care Facility**

Community Based Residential Facilities (CBRFs):

- State licensed: 24-hour supervision, meals, medication monitoring, personal care, semi-private/private rooms or apartments.
- May or may not have a private bathroom in each room.
- Facilities generally have 5-25 residents.
- Current listing of Community Based Residential Facilities

<https://www.dhs.wisconsin.gov/guide/cbrf.htm>

Hillview Senior Living	(715) 926-4962
200 Memorial Drive, Mondovi, WI 54755	https://www.americanlutheranhomes.com/
**The Homeplace of Mondovi	(715) 926-4777
158 E Main Street, Mondovi, WI 54755	https://www.thehomeplaceof.com/
Potters Country Home	(715) 505-0621
N3430 State Road 25, Menomonie, WI 54751	
**Azura Memory Care of Eau Claire	(715) 563-2618
4803 & 4811 Bullis Farm Road, Eau Claire, WI 54701	https://www.azuramemory.com/
Dove Healthcare South Assisted Living	(715) 858-2041
3656 Mall Drive, Eau Claire, WI 54701	https://www.dovehealthcare.com/south_assisted_living.phtml
**Preferred Senior Living of Ellsworth	(715) 273-6600
429 W Wayne Street, Ellsworth, WI 54011	https://www.preferredseniorliving.com/

<u>The Seasons</u>	<u>(715) 647-2169</u>
301 Cherry Avenue W, Plum City, WI 54761	https://www.theseasonsassistedliving.com/
<u>Family Circle</u>	<u>(715) 695-3531</u>
211 6th Avenue N, Strum, WI 54770	
<u>River Oaks at Lake Pepin</u>	<u>(651) 345-2713</u>
815 North High Street, Lake City, MN 55041	https://www.riveroaksmn.com/lake-city-mn/
<u>Green Prairie Place</u>	<u>(507) 534-3191</u>
800 2nd Avenue NW, Plainview, MN 55964	https://monarchmn.com/
<u>**Adith Miller and Roger Metz Manor – Winona Health</u>	<u>(507) 454-0179</u>
885 Mankato Avenue, Winona, MN 55987	https://www.winonahealth.org/
<u>Eagles Rest at Pepin Assisted Living</u>	<u>(715) 442-2197</u>
1110 2 nd Street, Pepin, WI 54759	https://www.eaglesrestpepin.com/

ASSISTED LIVING (AFHs)

Adult Family Home (AFH):

- State licensed: 24-hour supervision, meals, medication monitoring, personal care and private rooms.
- Can accommodate 2 – 4 residents.
- May include up to 7 hours per week of nursing care per resident.
- Current listing of Adult Family Homes: <https://www.dhs.wisconsin.gov/guide/afhdir.pdf>

<u>Linden House</u>	<u>(715) 233-0329</u>
E5532 700th Avenue, Menomonie, WI 54751	
<u>Solomon Hill Residential Care</u>	<u>(715) 505-1404</u>
N5903 238th Street, Menomonie, WI 54751	
<u>Apple Valley Home</u>	<u>(715) 835-5141</u>
6700 Highway 53, Eau Claire, WI 54701	https://www.avhassistedliving.com/
<u>Dearwood LLC</u>	<u>(715) 830-0518</u>
2011 N 60th Avenue, Eau Claire, WI 54703	
<u>Assisted Living of Durand</u>	<u>(715) 672-3936</u>
1103 E Laneville Avenue, Durand, WI 54736	
<u>Brookside</u>	<u>(715) 273-5060</u>
N5335A 760th Street, Ellsworth, WI 54011	
<u>Clover Way Adult Family Home</u>	<u>(715) 538-4518</u>
36125 East End Road, Independence, WI 54747	

BENEFIT SPECIALIST PROGRAMS

A Benefit Specialist is an individual who has been trained to help persons who are having difficulty with their private or government benefits. Benefit Specialists are often called “red tape cutters” because they are experts at helping adults with disabilities and the aging population with the extensive and complicated paperwork that is often required in applying for and obtaining benefits.

An ***Elder Benefit Specialist (EBS)*** assists anyone that is 60 years of age or older with answering questions or helping with the complicated paperwork that comes along with:

- Medicare A, B, C, and D
- Medicare Supplement Policies
- Social Security
- Other Public and Private Benefit Programs

A ***Disability Benefit Specialist (DBS)*** assists individuals ages 18-59 who have physical and/or developmental disabilities, mental illness, or substance use disorders. They provide information and assistance regarding public and private benefit programs and help individuals apply for and/or appeal the denial of benefits. Some areas and programs that they can assist with include:

- | | |
|---------------------------------|--------------------------------------|
| • Medicaid (Medical Assistance) | • Supplemental Security Income (SSI) |
| • Medicare, Including Part D | • Social Security Disability (SSDI) |
| • Prescription Drug Assistance | • Housing & Utility Issues |
| • Health Insurance Issues | • Low-Income Tax Credits |
| • Employment | • Food Share |

****You may make an appointment with a Benefit Specialist through the ADRC of Buffalo and Pepin Counties by calling (866) 578-2372.**

CAREGIVER ASSISTANCE

National Family Caregiver Support Program **(866) 578-2372**

Funding to help caregivers who care for a person aged 60 and over, or a person with Alzheimer’s disease or a related disorder regardless of age. Funding can help pay for such services as temporary respite, supplemental services like adaptive aids, transportation, etc. Funding assistance is also available to grandparents or relative caregivers 55 years of age and older who care for children under the age of 19, or care for a relative with a disability who is 19–59 years of age.

Respite Care Association of Wisconsin **(608) 222-2033**

<https://respitecarewi.org/>

RCAW promotes, supports, and expands quality statewide respite care across the lifespan. RCAW offers grants to family caregivers and organizations. These grants are not income-based. RCAW also offers free training for people interested in providing respite care, training for family caregivers, and the Wisconsin Respite Care Registry.

TRUALTA**(800) 214-5085**<https://wisconsin caregiver.trualta.com>

TRUALTA is a free, online training platform for family caregivers across WI. Anyone caring for an older adult can benefit from Trualta's support, whether they are seeking personal care training, safety and fall prevention tips, help caring for a person with dementia, caregiver wellness ideas, or other support. To register visit: WisconsinCaregiver.Trualta.com

COMMUNITY RESOURCES

Carrier Alert Program – Great Rivers 211

The Carrier Alert program can provide special monitoring for those who live alone. After registration, mail carriers will notify Great Rivers 2-1-1 if the mail is not collected at the home. Specialists will try to reach the resident, emergency contacts and police, if needed. To register yourself or someone else, complete an intake form online: <https://forms.office.com/r/v3EWD7YUZ8>

Center for Independent Living (CIL)**(715) 233-1070**

2920 Schneider Avenue E, Menomonie, WI 54751

<http://cilww.com/>

The Center for Independent Living in Western Wisconsin offers an array of services and will work with anyone who has a disability, regardless of age. Their services include such areas as advocacy, independent living skills training, information and referral, peer support, transition, assistive technology, accessibility, benefits analysis, and transportation.

- *Serves Pepin County Residents*

Great Rivers 211**Dial 2-1-1 or (800) 362-8255**<https://www.greatrivers211.org/gr211/>

The 2-1-1 database takes the struggle and frustration out of finding answers to your questions. Offers free, confidential community information and referrals 24 hours/day. Using a comprehensive resource database, 2-1-1 Information and referral specialists will listen to your concerns, help you make informed decisions and link you to the most appropriate community resources.

Independent Living Resources**(888) 474-5745**

4439 Mormon Coulee Road, La Crosse, WI 54601

<http://www.ilresources.org/>

Helps individuals with disabilities achieve or maintain more self-sufficient and productive lives in their communities. People with disabilities are assisted in exploring alternatives to institutionalization and are encouraged to make their own decisions about how they will live. Services include Information and referral; Independent living skills training; Advocacy; Peer support; and Transition Services.

- *Serves Buffalo County Residents*

United Way of Dunn County: C-3 Center**(715) 231-3066**

1620 Stout Road, Menomonie, WI 54751

<http://www.uwaydunn.org/c-3-center/>

Families in need can receive furniture, bedding, housewares, hygiene items, clothing and more - free of charge. This program is intended to make their homes and their lives better by allowing them to utilize their financial resources for basic needs such as food, housing, and childcare. Whether someone is in a crisis or having a short-term difficulty, we are here to help.

EMPLOYMENT & VOCATIONAL REHAB

Career Development Center (715) 834-2771

1515 Ball Street, Eau Claire, WI 54703

<https://www.lecdc.org/>

Provide meaningful and appropriate vocational services and employment opportunities for individuals with disabilities or disadvantages. Some of the services provided include job placement, benefits analysis, vocational evaluation, prevocational services, and skills training.

Center for Independent Living (CIL): Telework Program (715) 233-1070

2920 Schneider Avenue E, Menomonie, WI 54751

<http://cilww.com/funding-resources/>

The Wisconsin Telework Program is a statewide, alternative loan program that allows Wisconsin residents with disabilities to purchase computers and other equipment needed to work from home or from other remote sites away from the office, such as work on the road or at a telework center.

- *Serves Pepin County Residents*

Division of Vocational Rehabilitation (DVR) **Contact Your Local Agency**

Provide vocational services such as: Job search and placement assistance; Transition to work services for students with disabilities in high school; Supported employment services for persons with severe disabilities (includes time-limited on-the-job training); Rehabilitation technology, vocational and other training; Disability and employment assessment; Occupational licenses, tools and other equipment; Interpreter services; Rehabilitation teaching services; Post-employment services; And other supports.

- *Buffalo County Residents:* (800) 523-2139
- *Pepin County Residents:* (800) 622-1771

REACH (715) 833-7755

2205 Heimstead Road, Eau Claire, WI 54703

<http://reach-inc.org/home/3582174>

Assists individuals with disabilities to successfully achieve competitive employment each year. Programs include the Supported Employment Program and the Adult Pre-Vocational and Life Skills Program.

Stout Vocational Rehabilitation Institute (715) 232-1410

221 10th Avenue E, Menomonie, WI 54751

<https://www.uwstout.edu/outreach-engagement/stout-vocational-rehabilitation-institute>

Highly qualified staff coordinate and deliver vocational services directly to individuals with disabilities based on referrals from DVR, managed care organizations, and others. Services may include determining eligibility for DVR services, analyzing the effect that working will have on an individual's benefits, vocational evaluation assessment, pre-driving evaluation and training.

Ticket to Work (866) 833-2967

<https://www.ssa.gov/work/>

Ticket to Work is a voluntary employment program for people ages 18 through 64 who are receiving disability benefits under Social Security's Supplemental Security Income (SSI) program and/or Social Security Disability Insurance (SSDI) program. The goal is to assist beneficiaries in obtaining employment and working towards becoming self-sufficient.

Wisconsin Senior Employment Program (WISE) (608) 615-1845

205 5th Avenue S, Suite 426, La Crosse, WI 54601

<https://ser-national.org/senior-community-service-employment-program/>

The Wisconsin Senior Employment Program (Senior Community Services Employment Program) is an employment training program for low-income, unemployed individuals aged 55 years and older. The program provides subsidized, part-time work experience for a limited time through community service to obtain the skills necessary for permanent employment. Participants in the program learn new skills and talents, or enhance existing ones, through valuable work experience and other training to become competitive in today's workforce.

Workforce Connections (608) 790-2380

Workforce Connections, Inc. administers employment and training programs funded through a variety of sources. Services include general staff assistance, specialist staff assistance, resource room facilities, job seeker services, youth services and business services.

- Buffalo County Residents: 36084 Walnut Street, Independence, WI 54747
- Pepin County Residents: 403 W. 3rd Avenue, Durand, WI 54736

FINANCIAL SERVICES

Financial Counseling

UW Extension for Buffalo and Pepin Counties (715) 672-5214

740 7th Avenue W, Durand, WI 54736 <https://pepin.extension.wisc.edu/family-living/family-finance/>

Offers free budget and debt counseling to those who need help with budgeting, money management skills and debt management.

Lutheran Social Services Contact Your Local Agency

<https://www.lsswis.org/>

LSS Financial Counseling offers an array of services that will assist in developing financial literacy.

Services include budget and debt counseling; debt management plans, credit report review, and financial education.

- Buffalo County Residents: (608) 788-5090
- Pepin County Residents: (877) 967-5577

Representative Payee Services

A representative payee, or substitute payee, is a person who acts as the receiver of United States Social Security Disability (SSDI) or Supplemental Security Income (SSI) for a person who is not fully capable of managing their own benefits.

Aptiv (608) 784-9450

3000 South Avenue, La Crosse, WI 54601

<https://www.aptiv.org/>

House Calls of Menomonie (888) 232-6475

1921 Talen Street, PO Box 361, Menomonie, WI 54751

<http://www.housecallsinc.org>

Payee Service Inc (715) 233-0203

390 Red Cedar Street, #R, Menomonie, WI 54751

RP Services of Wisconsin, Inc. (715) 285-5020

PO Box 368, Arkansaw, WI 54721

Social Security Representative Payee Program (800) 772-1213

<https://www.ssa.gov/payee>

- Assists in finding a representative payee if you are concerned that someone you know becomes incapable of managing or directing the management of their benefits.

FOOD RELATED SERVICES

Community Meals

St. John Lutheran Church (608) 685-4534

709 S 2nd Street, Alma, WI 54610

<https://www.stjohn-alma.org>

- 1st Sunday of the month from 5 - 6 pm. A no cost meal where all are welcome.

Central Lutheran Church (715) 926-3811

221 W Main Street, Mondovi, WI 54755

<https://www.centralmondovi.org>

- 2nd Wednesday of the month from 4:30 - 6 pm. Everyone is welcome to attend.

Masonic Hall (715) 672-8107

203 W Main Street, Durand, WI 54736

<https://www.149-wi.ourlodgepage.com>

- Last Sunday of the month from 4:30 - 6 pm. Bingo from 3:30-4:30 pm. Sponsored by Faith Lutheran Church of Durand and Rock Creek Lutheran Church.

Food Pantries

***If you are new to the pantry, please be prepared to provide: 1. A form of ID for each member in your household; 2. Proof of Address; 3. Income ***

***For subsequent visits, please be prepared to provide: 1. A form of ID for the person picking up the food; 2. Proof of Residency only if it has changed since your last visit. ***

Buffalo County Food Pantry (608) 685-4946

St. John's Lutheran Church - 709 S 2nd Street, Alma, WI 54610

- Third Thursday of the month from 11 am - 3 pm.

Mondovi Area Food Pantry (715) 926-3115

125 E Hudson Street, Mondovi, WI 54755

- Tuesdays and Thursdays from 10 am - 12 pm. Wednesdays from 5 - 7 pm. Also offers a backpack program.

Immaculate Conception Catholic Church Food Shelf (608) 687-8530

Immaculate Conception Parish Life Center - 2 N Hill Street, Fountain City, WI 54629

- Saturdays from 9 am - 10 am.

St. John's UCC Food Pantry (608) 687-3277

303 S Hill Street, Fountain City, WI 54629

- Second & Fourth Wednesdays from 3 - 5 pm. First & Third Mondays from 4:30 - 6:30 pm.

Ruby's Pantry (715) 926-4824

Buffalo County Highway Shop - 360 S Eau Claire St, Mondovi, WI 54755

- Every Third Thursday from 4 - 5:30 pm.

Durand Area Food Pantry (715) 672-3203

114 E Main Street, Durand, WI 54736

- Wednesdays from 9 am - 12 pm. Thursdays from 1 pm - 4 pm.

Durand Area Mobile Food Pantry (715) 672-8617

St. Mary's Assumption Catholic Church - 911 W Prospect Street, Durand, WI 54736

- Second Thursday of the month from 4:30 - 6 pm. Bring your own bags/boxes.

Pepin Food Pantry Senior Site (952) 261-2990

Eastside Apartments - 701 Dunn Street, Pepin, WI 54759

- First, Third and Fifth Wednesday of the month from 10 - 11:30 am.

Pepin/Stockholm Food Pantry (715) 442-2519

Immanuel Lutheran Church - 205 Pine Street, Pepin, WI 54759

- Thursdays from 10 - 11 am and 5 - 6 pm.

Grocery Delivery

Hansen's IGA (715) 926-3342

142 E Hudson Street, Mondovi, WI 54755

- Delivery fee of \$5. Will deliver within the Mondovi city limits. Place your order on Wednesdays between 8:30 am - 2:30 pm for Thursday morning delivery.

E&S Fresh Market (715) 442-2441

410 2nd Street, Pepin, WI 54759

- Delivery fee of \$5. Will deliver within the Pepin city limits. Same-day delivery available during store hours Monday - Saturday.

Other Food Programs

Food Share See Pg. 13 for ways to apply

FoodShare Wisconsin was created to help stop hunger and to improve nutrition and health. FoodShare helps eligible individuals with limited money buy the food they need for good health.

- Feed My People has a Foodshare Specialist who can assist individuals in applying for and renewing FoodShare benefits by calling (715) 835-9415, Ext. 121.

Commodity Supplemental Food Program**(866) 578-2372**

740 7th Avenue W, Durand, WI 54736

<https://www.adrc-bcp.com/>

The Wisconsin Department of Health Service's Commodity Supplemental Food Program (CSFP) offers free, nutritious foods to low-income seniors aged 60 years and older. The monthly food package, worth about \$35, is available at no cost to eligible individuals. The foods are intended to be a supplement and do not provide a complete diet.

Senior Farmer's Market Nutrition Program**(866) 578-2372**740 7th Avenue W, Durand, WI 54736<https://www.adrc-bcp.com/>

The Senior Farmers Market Nutrition Program offers low-income citizens, aged 60 or older, an opportunity to purchase fresh, locally grown fruits, vegetables and herbs from certified farmers. The individual will be issued vouchers which can be used from June 1 - October 31 at any participating farmers market or roadside stand in Wisconsin.

- *Must be a Pepin County Resident*

Hard of Hearing & Visual Impairments**iCanConnect****(844) 638-5800**

Center for Deaf-Blind Persons, Inc

8306 West Lincoln Avenue, West Allis, WI 53219

<https://www.icanconnect.org>

iCanConnect provides free equipment including smartphones, tablets, computers, screen readers, braille displays, and more to people who meet federal disability and income guidelines.

Office for the Blind and Visually Impaired (OBVI)**(888) 879-0017**www.dhs.wisconsin.gov/blind

Helps improve the lives of people with vision loss. Staff provide one-on-one services at a local office or in home. Some services OBVI staff can provide include adjustment to vision loss, education about eye diseases and disorders, suggest resources and teach new skills.

- Buffalo County Residents: (608) 789-5663
- Pepin County Residents: (608) 266-1255

Office for the Deaf and Hard of Hearing**(715) 502-9355**

610 Gibson Street, Suite 1, Eau Claire, WI 54701

www.dhs.wisconsin.gov/odhh

Provides information and referral services on a variety of topics tailored to the unique needs of Deaf, Deaf-Blind, or hard of hearing residents. Topics include but are not limited to the following: 1. Available Technologies for Accessibility; 2. Community Services and Resources; 3. Communicating with people who are deaf, hard of hearing and deaf-blind.

Telecommunications Equipment Purchase Program (TEPP)**(888) 816-3831**

PO Box 7854, Madison, WI 53707

<https://tepp.solixinc.com>

Helps people with disabilities buy equipment they need in order to use basic telephone services.

Wisconsin Talking Book and Braille Library**(800) 242-8822**

813 W Wells Street, Milwaukee, WI 53233

<http://dpi.wi.gov/talkingbooks>

A full-service public library which provides talking books and players free of charge, along with free postage, to anyone with any type of vision or physical limitation that prevents them from reading normal print or comfortably holding a book. In addition, they also provide audio-described DVDs, audio and braille magazines and newspapers from across the nation.

Health Care Providers

For individuals with Medicaid Insurance, contact Forward Health Member Service at (800) 362-3002 for benefit information and assistance in locating a service provider in your area that accepts Medicaid.

Chiropractic

Durand Chiropractic Health Center**(715) 672-4699**

210A W Main Street, Durand, WI 54736

Eagle Valley Chiropractic**(651) 565-4863**

131 Main Street W, Wabasha, MN 55981

<http://www.eaglevalleychiropractic.com/>**Foundations Chiropractic****(608) 687-1255**

W502 Spur Lane, Fountain City, WI 54629

<https://www.foundationschiropracticwi.com/>**Mondovi Chiropractic****(715) 926-4998**

143 Franklin Street, Mondovi, WI 54755

<http://www.mondovichiropractor.com/>**Pimblett Chiropractic****(715) 828-1655**

695 E Main Street, Mondovi, WI 54755

<https://www.pimblettchiro.com/>

Dental

Chippewa Valley Technical College - Dental Hygiene Clinic**(715) 833-6271**

615 W Clairemont Avenue, Eau Claire, WI 54701

<https://www.cvtc.edu/community-members/dental-clinic>**Family Health Center of Marshfield Clinic - Menomonie****(715) 233-6800**

404 Red Cedar Street, Menomonie, WI 54751

<https://www.marshfieldclinic.org>**Midwest Dental - Durand****(715) 672-5261**620 7th Avenue W, Durand, WI 54736<https://midwest-dental.com>**Midwest Dental - Mondovi****(715) 926-4237**

132 Monroe Street B, Mondovi, WI 54755

<https://midwest-dental.com>**Mork Dental****(608) 248-2442**

241 N Main Street, Cochrane, WI 54622

<https://www.morkdental.com/>**Pederson Dental****(715) 926-6035**

853 W Main Street, Mondovi, WI 54755

Vogel Family Dentistry	(715) 926-4459
156 N Franklin Street, Mondovi, WI 54755	http://www.vogelfamilydentistry.com/
WDA Donated Dental Services	(866) 812-9840
	https://www.wda.org/wda-foundation/donated-dental-services

Hearing

Beltone Hearing Aid Center	(877) 261-5994
183 Main Street W, Wabasha, MN 55981	https://www.beltone.com/en-us
Everclear Hearing Products	(715) 831-0289
2215 E Clairemont Avenue, #5, Eau Claire, WI 54701	https://everclearhearing.com/
Miracle Ear	(715) 726-0931
309 3 rd Avenue W, Suite E, Durand, WI 54736	https://www.miracle-ear.com
North Ridge Hearing	(715) 381-3111
406 1 st Street, Pepin, WI 54759	https://www.northridgehearing.com/pepin-wisconsin/

Medical

Advent Health Hospital	(715) 672-4211
1220 3 rd Avenue W, Durand, WI 54736	https://www.adventhealth.com
Buffalo County Public Health	(608) 685-4412
407 South 2 nd Street, Alma, WI 54610	https://www.buffalocounty.com
Advent Health - North Clinic	(715) 672-5981
905 7 th Avenue W, Durand, WI 54736	https://www.adventhealth.com
Advent Health - South Clinic	(715) 672-5233
1250 3 rd Avenue W, Durand, WI 54736	https://www.adventhealth.com
Gundersen Health System Medical Center	(608) 782-7300
1900 South Avenue, La Crosse, WI 54601	https://www.gundersenhealth.org/
Gundersen St. Elizabeth's Hospital	(651) 565-4531
1200 Grant Blvd. W, Wabasha, MN 55981	https://www.gundersenhealth.org/
Gundersen St. Elizabeth's Alma Clinic	(651) 565-5599
203 South Main Street, Alma, WI 54610	https://www.gundersenhealth.org/
SHS Sacred Heart Hospital	(715) 717-4121
900 W Clairemont Avenue, Eau Claire, WI 54701	https://www.sacredhearteauclair.org/
Marshfield Medical Center	(715) 858-8100
2310 Craig Road, Eau Claire, WI 54701	https://www.marshfieldclinic.org
Mayo Clinic Health System - Franciscan Healthcare (Clinic)	(608) 323-3373
895 South Dettloff Drive, Arcadia, WI 54612	https://mayoclinichealthsystem.org
Mayo Clinic Health System - Franciscan Healthcare (Hospital)	(608) 785-0940
700 West Avenue S, La Crosse, WI 54601	https://mayoclinichealthsystem.org

Mayo Clinic Health System – Luther Campus	(715) 838-3311
1221 Whipple Street, Eau Claire, WI 54703	https://mayoclinichealthsystem.org
Mayo Clinic Health System – Oakridge	(715) 926-4858
700 Buffalo Street, Mondovi, WI 54755	https://mayoclinichealthsystem.org
Pepin County Health Department	(715) 672-5961
740 7 th Avenue W, Durand, WI 54736	https://www.co.pepin.wi.us
Prevea Arcadia Health Center	(608) 323-1500
945 Dettloff Drive, Arcadia, WI 54612	https://www.prevea.com/locations/arcadia
Prevea Mondovi Health Center	(715) 926-6230
250 State Road 37, Mondovi, WI 54755	https://www.prevea.com/locations/Mondovi
Winona Health	(507) 454-3650
855 Mankato Avenue, Winona, MN 55987	https://www.winonahealth.org

Mental Health & Substance Abuse

Arbor Place	(715) 235-4537
4076 Kothlow Avenue, Menomonie, WI 54751	https://arborplaceinc.org/
<ul style="list-style-type: none"> • Services include Addiction Treatment and Mental Health Counseling 	
Buffalo County Human Services	(608) 685-4412
407 South 2 nd Street, Alma, WI 54610	https://www.buffalocounty.com
LE Phillips Libertas Center	(715) 723-5585
2661 County Highway I, Chippewa Falls, WI 54729	
http://www.libertascenter.org/	
<ul style="list-style-type: none"> • Services include Detox, Addiction Treatment and Mental Health Counseling 	
Marriage and Family Health Services	(715) 832-0238
2925 Mondovi Road, Eau Claire, WI 54701	https://www.marriageandfamilyhealthservices.com/
Locations in Durand and Mondovi also. Please call the Eau Claire Center to schedule your first appointment.	
Pepin County Human Services	(715) 672-8941
740 7 th Avenue W, Durand, WI 54736	https://www.co.pepin.wi.us

******If you or someone you care for are experiencing a mental health crisis, contact the Northwest Connections Crisis Line at: 888-552-6642 or text Hopeline at “741741”.***

Pharmacies

CVS Pharmacy	(507) 452-6308
860 Mankato Avenue, Winona, MN 55987	https://www.cvs.com
Gundersen Pharmacy Wabasha	(651) 565-5611
1200 Grant Boulevard W, Wabasha, MN 55981	https://www.gundersenhealth.org/

Heike Pharmacy (715) 672-5202

213 W Main Street, Durand, WI 54736

Hometown Pharmacy (715) 926-4938

122 South Eau Claire Street, Mondovi, WI 54755

<https://hometownpharmacyrx.com>**Walmart Pharmacy** (507) 452-0615

955 Frontenac Drive, Winona, MN 55987

<https://www.walmart.com>*Vision***Durand Optometry Clinic** (715) 672-8981

100 E Main Street, Durand, WI 54736

<https://durandoptometryclinic.com/>**Mondovi Eye and Optical** (715) 926-4273

129 S Eau Claire Street, Mondovi, WI 54755

<https://mondovieyeandoptical.com/>**Robeson Family Vision Center** (507) 454-4092

1400 Homer Road, Winona, MN 55987

<https://visionsource-winona.com/>**Wabasha Eye Clinic** (651) 565-3687

183 Main Street W, Wabasha, MN 55981

<http://plainvieweyeclinic.com/>*Other Healthcare Resources***Aids Resource Center of Wisconsin** (715) 836-7710

505 S Dewey Street, #107, Eau Claire, WI 54701

<https://viventhealth.org/>

- Services include Lifepoint Needle Exchange Program; Testing: HIV, Hepatitis C & Sexually Transmitted Infections; Dental Care for patients with HIV; Behavioral Health and Wellness Clinic for patients with HIV

Bridges Health - Milton Townhall (507) 457-2891

S2794 WI-88, Fountain City, WI

<https://bridgeshealthwinona.com/>

- Clinic Hours: Thursdays from 11 am – 3 pm. Appointments are encouraged.
- Services Provided: Health screening services, foot & nail care, primary care services, specialty services, virtual wellness program and other services.

Chippewa Valley Free Clinic (715) 839-8477

1030 Oak Ridge Drive, Eau Claire, WI 54701

<http://cvfreeclinic.org/>

- Walk-In Clinic: Tuesday from 4:30 pm – 9 pm
- Mental Health Clinic: 1st & 3rd Thursday from 4:30 pm – 9 pm
2nd & 4th Thursday 5 pm – 8 pm (*by appointment only)
- Vision Clinic: 4th Thursday from 5:15 pm – 8 pm (*by appointment only)
- Dental Clinic: Tuesday from 5 pm – 8 pm (*by appointment only)

Menomonie Free Clinic**(715) 308-3808**

2321 Stout Road, Menomonie, WI 54751

<http://www.menomoniefreeclinic.org/>

- Services Provided: Health exams, lab, medications (excluding controlled substances) and reproductive health services. Dental services referred to other providers and payment stipend offered on a case-by-case basis.
- Clinic Hours: Tuesdays from 5 pm – 7 pm. Walk-Ins Only.

Health and Wellness Education**Diabetes Group Education Classes****(507) 457-4521**

Learn in a supportive environment that allows for an engaging discussion about diabetes.

Diabetes group classes consist of a small group of individuals with diabetes and their support person. The four-class sessions are held over a three-month period. If you are interested in attending one of these sessions, contact your doctor for a referral or contact Winona Health Scheduling at (507) 457-4521 to sign up.

www.winonahealth.org/diabetesgroup**Gundersen Health System Classes & Events****(608) 782-7300**

Find ways to get active, or get involved, in your community. A current listing of all classes and events is listed at <https://www.gundersenhealth.org/events>

Mayo Clinic Health Systems Classes & Events**(888) 838-4777**

Find ways to get active, or get involved, in your community. A current listing of all classes and events is listed at mayoclinichealthsystem.org/classes-and-events.

HSHS Sacred Heart Hospital Events & Classes**(715) 717-4121**

Find ways to get active, or get involved, in your community. A current listing of all classes and events is listed at <https://www.hshs.org/SacredHeart/Events>.

Stepping On: Fall Prevention Class**(866) 578-2372**

This multiweek, evidence-based fall prevention program will cover improving balance and vision, strength training, home environment safety and medication review. Gain confidence in your ability to manage your health behaviors and reduce the risk of falls to maintain an active and fulfilling life. To attend, you should be able to walk unassisted, live independently, and have had a fall or are at risk of falling. Organized by the ADRC of Buffalo and Pepin Counties.

Homeless Shelters**Hope Gospel Mission Inc.****(715) 552-5566 Ext. 1307**

2650 Mercantile Drive, Eau Claire, WI 54701

www.hopegospelmission.org

- Men's Shelter. Hours: Mon.-Fri. from 5 pm-8 am. Sat. & Sun. from 8 am-7 pm.

Ruth House**(715) 834-4000**

2517 Moholt Drive, Eau Claire, WI 54703

www.hopegospelmission.org

- Women's Shelter. Hours: Mon-Fri from 5 pm-8 am. Sat & Sun from 8 am-7 pm. Call after 5 pm or leave a message.

Sojourner House (715) 514-5556

618 S Barstow Street, Eau Claire, WI 54701

<https://cclse.org/the-sojourner-house/>

- A safe, clean place for adult men and women who are experiencing homelessness. Check in hours are 7 pm - 9 pm daily.

Catholic Charities – La Crosse Warming Center (608) 782-0710

413 South 3rd Street, La Crosse, WI 54603

<https://cclse.org/la-crosse-warming-center/>

- Open nightly November 1st – April 30th from 6:30 pm – 8:00 am.

Family Promise – Beacon House Shelter (715) 834-4357

309 E Lake Street, Eau Claire WI 54701

<https://www.familypromisecv.org/>

- Can house up to six families at a time and provides immediate relief for families without a place to stay by giving them short-term shelter and allowing them time to get their feet back on the ground.

Western Dairyland Community Action Agency (715) 985-2391

23122 Whitehall Road, PO Box 125, Independence, WI 54747

www.WesternDairyland.org

- Single-family units may be occupied for 30-60 days.

Hospice

Promedica Hospice (866) 216-5708

3410 Oakwood Mall Drive Suite 400, Eau Claire, WI 54701

<https://www.promedica hospice.org/>

Mayo Clinic Health System Hospice in Eau Claire (800) 236-8408

1221 Whipple Street, Eau Claire, WI 54703

<https://mayoclinichealthsystem.org>

St. Croix Hospice (855) 278-2764

1280 W Clairemont Avenue, #4, Eau Claire, WI 54701

<https://stcroixhospice.com/>

Gundersen St. Elizabeth's Hospice (651) 565-5577

1200 5th Grant Boulevard W, Wabasha, MN

<https://www.gundersenhealth.org/>

St. Joseph's Home Health & Hospice (715) 717-7395

2661 County Hwy. I, Chippewa Falls, WI 54729

<https://www.stjoeschippfalls.org>

Interim Healthcare Hospice of Western Wisconsin (715) 377-9617

625 Commerce Drive, Suite 200, Hudson, WI 54016

<https://www.interimhealthcare.com>

- Only serves Pepin County residents.

Winona Health Home & Hospice (507) 457-4468

175 E Wabasha St, Winona, MN 55987

<https://winonahealth.org>

- Available to Buffalo County residents who live within 25 miles of Winona, MN.

Housing Options - Subsidized

Buffalo County Housing Authority (608) 685-3663

- Several apartment units located in Alma, Cochrane, Nelson, and Mondovi.

Mondovi Housing Authority – Highland Apartments (715) 926-4943
600 Buffalo Street, Mondovi, WI 54755 <http://www.mondovihousing.com/>

Bear Creek Apts– Managed by ACC Management Group TriCity (715) 619-1617
170 & 172 Country Lane, Durand, WI

Eagle Bluff Apartments – Managed by ACC Management Group TriCity (715) 619-1617
436 South Main Street, Fountain City, WI 54629

Great River Apartments – Horizon Management (800) 944-4866
N1000 County Road CC, Pepin, WI 54759 <https://www.hmgapt.com/>

Jefferson Street Apartments – Managed by Landmark Company (715) 834-3411
310 Jefferson Street, Mondovi, WI 54755

Pepin County Housing Authority – Managed by Landmark Company (715) 834-3411
<https://www.landmark-company.com/>

- Several apartment units located in Durand, Arkansaw and Pepin, WI.

Fair Housing Council (877) 647-3247
759 N. Milwaukee Street, Suite 500, Milwaukee, WI 53202 <https://www.fairhousingwisconsin.com>
Promotes fair housing throughout the state of Wisconsin by combating illegal housing discrimination and by creating and maintaining racially and economically integrated housing patterns.

Section 8 Housing Choice Voucher Program (608) 784-1381
412 South 3rd Street, La Crescent, MN 55947 <https://www.allegiantpropertymgmtllc.com>
The housing choice voucher program is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. A housing subsidy is paid to the landlord directly by the Public Housing Authority (PHA) on behalf of the participating family. The family then pays the difference between the actual rent charged by the landlord and the amount subsidized by the program. Income eligibility rules apply.

In-Home Healthcare

In-home healthcare services include a variety of services from skilled nursing care, housekeeping, personal care assistance, therapy and more. Contact any of the agencies below to inquire about rates and payment options. If you are unable to afford these services, please contact the ADRC of Buffalo and Pepin Counties at (715) 672-8945, as you may qualify for funding assistance, if eligible.

Almost Family (715) 831-0631
2523 W Folsom Street, Suite B, Eau Claire, WI 54703 <https://lhcgroupp.com>

- Coverage area includes all of Buffalo and Pepin Counties.

Always There Homecare (715) 530-3076
S643 County Road BB, Mondovi, WI 54755 <https://www.alwaystherehomecarewi.com>

- Coverage area includes all of Buffalo and Pepin Counties.

Aveanna Home Health **(715) 598-5600**

4319 Jeffers Road, Suite 201, Eau Claire, WI 54703 <https://www.aveanna.com>

- Coverage area includes Mondovi, WI.

Clear Water Home Care **(715) 514-1520**

1109 W MacArthur Avenue, Eau Claire, WI 54701 <https://cwhc.co>

- Coverage area includes Buffalo and Pepin Counties.

Gundersen St. Elizabeth's Home Health **(651) 565-5577**

1200 5th Grant Boulevard, Wabasha, MN 55981 <https://www.gundersenhealth.org/>

- Coverage area includes most of Buffalo and Pepin counties.

Hiawatha Homecare **(651) 388-2223**

4920 Moundview Drive, Suite B, Red Wing, MN 55066 <https://hiawathahomecare.com>

- Coverage area only includes Stockholm, WI.

Interim Healthcare of Western WI, Inc. **(715) 834-1313**

4257 Southtowne Drive, Suite 3, Eau Claire, WI 54701 <https://www.interimhealthcare.com>

- Coverage area includes northern Buffalo County and all of Pepin County.

International Quality Home Care **Contact Your Local Agency**

<http://www.internationalquality.com/>

- [36347 Main Street, Whitehall, WI 54773](#) [\(800\) 687-9480](tel:(800)687-9480)
- [1215 N 7th Street, Suite 105, Lake City, MN 55041](#) [\(877\) 519-1644](tel:(877)519-1644)
- [129 Hedin Avenue, Suite 101, Red Wing, MN 55066](#) [\(877\) 517-0644](tel:(877)517-0644)
- [2620 Stein Boulevard, Suite A, Eau Claire, WI 54701](#) [\(888\) 278-3405](tel:(888)278-3405)

Mayo Clinic Health System - Home Health Care **(715) 831-0100**

1221 Whipple Street, Eau Claire, WI 54703 <https://mayoclinichealthsystem.org>

- Coverage area includes Mondovi, WI.

Safe at Home Senior Care **(715) 598-7233**

505 S Dewey Street, Eau Claire, WI 54701 <https://www.sahsc.org>

- Coverage area includes Buffalo and Pepin Counties.

Internet, Phone and Technology

Adaptive Technology Resources Inc. **(800) 770-8474**

W175 N11163 Stonewood Drive, Suite 232, Germantown WI 53022 <http://www.AdaptiveTR.com>

Provides a range of technological support to senior citizens, individuals with disabilities, those with visual impairments, and caregivers. A few examples of support include assistance with setting up internet services, setting up smart home systems such as Alexa, making sure communication equipment is up to date, staying in touch remotely with family members and monitoring the health of loved ones remotely.

EveryoneOn**(877) 789-9889**<https://www.everyoneon.org>

Connects low-income families and individuals to affordable internet service, computers and provides online digital skills training and information.

Internet and Phone Helpline - Public Service Commission**(608) 267-3595**

A helpline for people who need help locating phone or internet service. A Consumer Affairs staff person will walk through internet and phone service options, share any discount information, and provide information about Lifeline eligibility and enrollment.

Open Wi-Fi tool for Drive-Up Internet<https://maps.psc.wi.gov/apps/PublicWiFiLocations/>

An online tool that can assist users in finding free-to-use public broadband locations in their area. These are emergency internet locations for residents who do not have access to the internet at home. The buildings are closed, but the Wi-Fi connections remain accessible.

Wisconsin Lifeline & Link-Up Program**Contact your local telephone company**<https://psc.wi.gov/Pages/Programs/LifeLineLinkup.aspx>

Lifeline is a Wisconsin Universal Service Fund program that makes essential telecommunications more affordable for low-income households by reducing monthly telephone charges. Most telephone companies that provide local residential service in Wisconsin offer this program to their residential customers. If you are interested in financial assistance for your local telephone service, then call your provider and say that you want to apply for Lifeline benefits.

- CenturyLink: (800) 201-4099
- Frontier Communications: (844) 365-4737
- TracFone (Safelink): (800) 723-3546
- US Cellular: (800) 447-1339
- Virgin Mobile: (888) 898-4888
- 24/7 Telecom: (888) 247-2035
- Cochrane Cooperative: (608) 248-2323
- Nelson Telephone: (715) 672-4204
- Tri-County Telephone: (800) 831-0610
- TDS (855) 354-6962

Legal Assistance and Advocacy Organizations**Clients Rights Office - WI Department of Health Services****(608) 266-5525**

PO Box 7851, Madison, WI 53707

<https://www.dhs.wisconsin.gov/clientrights/index.htm>

The Client Rights Office serves individuals receiving services for developmental disability, mental health, and substance use. Inmates, emergency room patients, and single-person provider clinic patients are not served by the Client Rights Office.

Disability Rights Wisconsin (800)-928-8778 or Rice Lake office at (715) 736-1232

217 W Knapp Street, Rice Lake, WI 54868

<http://www.disabilityrightswi.org/>

Disability Rights Wisconsin is a private non-profit organization that protects the rights of people with disabilities statewide. They work to pursue justice on matters related to human and legal rights. They also provide assistance to individuals aged 18-59 who are currently enrolled or are eligible but not yet enrolled in Family Care, Family Care Partnership, or IRIS.

Guardianship Support Center (GSC) (855) 409-9410
<https://gwaar.org/guardianship-resources>

Operated by GWAAR, the Guardianship Support Center (GSC) provides information and assistance on issues related to adult guardianship, protective placement, advance directives and more. The GSC is required to be a neutral information source and is unable to provide legal advice or offer direct representation. If you would like specific legal advice, please consult an attorney.

Greater Wisconsin Agency of Aging Resources, Inc. (GWAAR) (608) 243-5670

1414 MacArthur Road, Suite A, Madison, WI 53714

<https://gwaar.org>

Provides information, training and resources needed to develop advocacy skills.

Lawyer Referral & Information Services – State Bar of WI (800) 362-9082
<https://www.wisbar.org/forpublic/inneedalawyer/pages/lris.aspx>

Will help you figure out if you need a lawyer and how to proceed if you do. You will not receive legal advice, but instead will talk with a legal assistant who will help analyze potential legal problems. If necessary, a referral will be made to an attorney in your area who has indicated an interest in your type of legal situation. Attorneys referred through this program agree to charge no more than \$20 for the first consultation, up to one half hour. Anything beyond the first half-hour, you will be charged the lawyer's regular fees.

Legal Action of WI – La Crosse Office (608) 785-2809

700 N 3rd Street, Suite 203, La Crosse, WI 54601

<https://www.legalaction.org/>

Provides free civil legal assistance to secure safety, stability, and independence for elder abuse victims through the “Elder Rights Project”. Free civil legal aid is also available to low-income individuals and families. *Must be a Buffalo County resident.*

Long-Term Care Ombudsman (800) 815-0015

1402 Pankratz Street, Suite 111, Madison, WI 53704

<http://www.longtermcare.wi.gov>

Provides advocacy services to persons age 60 and older who are consumers of Wisconsin long term care programs (Family Care and IRIS). The Ombudsman Program has, by law, the authority to have contact with any resident or tenant of a Wisconsin nursing home, Community Based Residential Facility (CBRF), Residential Care Apartment Complex (RCAC), Adult Family Home (AFH).

National Academy of Elder Law Attorneys (NAELA)

Members of NAELA are attorneys who are experienced and trained in working with legal problems of older Americans and individuals of all ages with disabilities. To find a lawyer close to you, go online at: www.naela.org. Search by zip code or attorney name.

Wisconsin Judicare, Inc. (800) 472-1638

401 5th Street, Suite 200, Wausau, WI 54403

<http://www.judicare.org>

Provides free civil legal assistance to secure safety, stability, and independence for elder abuse victims through the “Elder Rights Project”. Wisconsin Judicare's mission is to provide legal assistance to those who otherwise cannot afford it.

- *Must be a Pepin County resident*

Elder Law Attorneys

Disclaimer: The following attorneys work in the area of elder law and estate planning. This list is provided to you for informational purposes only and the attorneys are not listed in any particular order. The ADRC assumes no responsibility for the qualifications of these attorneys. Being listed does not guarantee the quality or availability of their services. You are responsible to verify the credentials and background of any attorneys listed as this is not done by the ADRC. Any arrangement as to fees or legal advice is a personal arrangement between you and the attorney.

<u>Gardner Attorney-at-Law</u>	<u>(715) 832-4444</u>
2411 Hillcrest Parkway, Suite 9, Altoona, WI 54720	http://gardner-law.net/

<u>Grosskopf Law Office</u>	<u>(715) 835-6196</u>
1324 West Clairemont Avenue, Eau Claire, WI 54701	https://www.eclawyers.com

<u>Heike Law Offices, LLC</u>	<u>(715) 926-5007</u>
135 E Main Street, Mondovi, WI 54755	https://www.heikelaw.com

<u>Roger Hillestad & Associates</u>	<u>(715) 672-8955</u>
308 3 rd Avenue W, Durand, WI 54736	

<u>Ruder Ware, LLSC</u>	<u>(715) 834-3425</u>
402 Graham Avenue, Eau Claire, WI 54702	http://www.ruderware.com

<u>Schmoldt Law Office, LLC</u>	<u>(715) 726-3070</u>
702 Bay Street, Chippewa Falls, WI 54729	https://www.schmoldtlawoffice.com

<u>Seifert and Schultz, SC</u>	<u>(715) 672-8938</u>
315 2 nd Avenue W, Durand, WI 54736	https://seifertandschultz.com/

<u>Weld Riley, SC</u>	<u>(888) 880-9353</u>
3624 Oakwood Hills Parkway, Eau Claire, WI 54701	http://weldriley.com/

Long-Term Care Options Counseling

<u>Aging and Disability Resource Center of Buffalo and Pepin Counties</u>	<u>(866) 578-2372</u>
740 7 th Avenue W, Durand, WI 54736	https://www.adrc-bcp.com/

Offers information about the choices that are available to meet your long-term care needs and discusses factors to consider when making long-term care decisions. Staff can assist with financial eligibility requirements, screening for functional eligibility and enrollment into long-term care programs such as Family Care or IRIS, if eligible.

Meal Sites and Home Delivered Meals

Home Delivered Meal Program

Aging and Disability Resource Center of Buffalo and Pepin Counties (866) 578-2372

740 7th Avenue W, Durand, WI 54736

<https://www.adrc-bcp.com/>

Home delivered meals are available throughout Buffalo and Pepin Counties to eligible individuals. No eligible person shall be denied a meal due to inability to pay. Delivery is available county-wide. Hot meals and salads available to all participants. Suggested contribution range is \$4 - \$6 per meal for both Buffalo and Pepin County participants. Reservations are required one (1) day in advance.

Meal Sites

Congregate Meal sites provide an opportunity for Pepin and Buffalo County residents age 60+ and domestic partner (regardless of age) to enjoy a hot meal or salad in a family-like atmosphere. Suggested donation range of \$4 - \$6 per meal. Reservations are required one (1) day in advance for all meal sites, excluding Donna Mae's.

American Lutheran Home (715) 926-4962

200 Memorial Drive, Mondovi, WI 54755

- Home Delivered Meals Only

Donna Mae's Panther Café (715) 946-3139

870 State Highway 88, Gilmanton, WI 54743

- Serves Monday - Friday

Nelson Community Hall (715) 673-4070

5105 N Main St, Nelson, WI 54756

- Serves Monday - Thursday

The Lost Pirates (608) 248-2683

175 S River Road, Buffalo City, WI 54622

- Serves Monday - Thursday

Corral Bar & Riverside Grill (715) 672-8936

318 W Main Street, Durand, WI 54736

- Serves Tuesday-Friday

Pepin Lion's Club (715) 442-2289

300 8th Street, Pepin, WI 54759

- Home Delivered Meals Only

Medical Equipment & Loan Closets

Medical Equipment & Assistive Devices

A&J Mobility (715) 874-6630

2650 Prospect Drive, Eau Claire, WI 54703

<https://www.aandjmobility.com>

Wheelchair Van Sales, Rentals, Service and Mobility Equipment

All Star Elevators (715) 598-7511

2180 Hallie Road, Chippewa Falls, WI 54729

<https://www.allstarelevatorllc.com/>

Apria Healthcare (715) 834-7517

1316 N Hastings Way, Suite B, Eau Claire, WI 54703

<https://www.apria.com>

Barber DME Supply Group (888) 342 3564

720 Moorefield Park Drive, Suite 202, Chesterfield, Virginia 23236

<https://dmesupplyusa.com>

Grace Home Respiratory (715) 832-7377

2204 N Hillcrest Parkway, #2, Altoona, WI 54720

<https://www.ghr-ec.com>

Hometown Pharmacy (715) 926-4938

122 South Eau Claire Street, Mondovi, WI 54755

<https://hometownpharmacyrx.com>

J&B Medical Supply (800) 737-0045

<https://jandbmedical.com>

J&B Medical offers an extensive assortment of medically necessary supplies. Supplies include diabetes management, incontinence, and much more. J&B Medical will work with health plans (including Medicaid) and providers to assist members in obtaining these life-enhancing supplies.

Lifeway Mobility (507) 267-5214

<https://www.lifewaymobility.com/rochester-mn/>

Mayo Clinic Store (715) 838-1815

1400 Bellinger Street, Suite PHM 3, Eau Claire, WI 54703

<https://www.mayoclinic.org>

Mobility Works (715) 438-4030

3115 Oak Knoll Drive, Eau Claire, WI 54701

<https://home.mobilityworks.com/>

Numotion (715) 552-3711

2601 Morningside Drive, Eau Claire, WI 54703

<https://www.numotion.com>

SafeinHome (855) 476-6665

<https://www.safeinhome.com>

SafeinHome's Remote Support staff provides support with the help of an integrated system of sensors and assistive technology used in and out of the home. Remote Support solutions cover visitor safety, medication management, seizure management, daily activity reminders, community engagement, transitioning youth, and much more.

Stout Vocational Rehabilitation Institute (715) 232-1410221 10th Avenue E, Menomonie, WI 54751 <http://www.uwstout.edu/svri/atrc/>

- Wheelchair Clinic: Technologists will diagnose potential repairs and perform routine cleaning and maintenance adjustment procedures. This is a free service. Appointments are suggested.
- Assistive Technology Services: Includes evaluation, design, customization, modification, maintenance, repair, training, technical assistance, and identification of funding options.

Winona Home Medical (507) 457-7703930 Parks Avenue, Winona, MN 55987 <https://www.winonahealth.org>

Loan Closets and Programs

Center for Independent Living (CIL) (715) 233-10702920 Schneider Avenue E, Menomonie, WI 54751 <http://cilww.com/>

- Device Loan and Demonstration Program: Over 2000 pieces of assistive technology available for short-term trials, providing an opportunity for consumers to try out equipment and determine if it meets their needs. Staff also has knowledge of where to acquire equipment and any potential funding options that may be available.
- For Sale/Donation Site: Visit <http://cilww.com/for-sale-donations/> for a current list of medical equipment that has been donated or is being sold privately.
- WISLOAN: A statewide alternative loan program that allows Wisconsin residents with disabilities to finance assistive technology, home modifications, or equipment needed to become self-employed or to work from home.
- *Must be a Pepin County resident*

Dunn County Veterans Service Office (715) 232-16463001 US Highway 12 E, Suite 116, Menomonie, WI 54751 <https://www.co.dunn.wi.us>

- Loan Closet available to anyone regardless of residency.

Gilmanton Legion (715) 797-3893

W736 County Road B, Mondovi, WI 54755

- Loan Closet available for *Buffalo County residents*.

Independent Living Resources (888) 474-57454439 Mormon Coulee Road, La Crosse, WI 54601 <http://www.ilresources.org/>

- Device Loan and Demonstration Program: Assistive technology available for short-term trials, providing an opportunity for consumers to try out equipment and determine if it meets their needs. Staff also has knowledge of where to acquire equipment and any potential funding options that may be available.
- Donations: Durable Medical Equipment is donated by community members. Because these items come in as a donation, they are able to be given out to individuals in need for free. Examples: walkers, wheelchairs, shower chairs etc.
- WISLOAN: A statewide alternative loan program that allows Wisconsin residents with disabilities to finance assistive technology, home modifications, or equipment needed to become self-employed or to work from home.
- *Must be a Buffalo County resident*.

UCP of West Central Wisconsin	(715) 832-1782
2153 Eastridge Center, Eau Claire, WI 54701	http://www.ucpwcw.org/loan-closet

Nursing Homes

American Lutheran Homes - Mondovi Unit	(715) 926-4962
200 Memorial Drive, Mondovi, WI 54755	https://www.americanlutheranhomes.com/

American Lutheran Homes - Menomonie Unit	(715) 235-9041
915 Elm Avenue E, Menomonie, WI 54751	https://www.americanlutheranhomes.com/

Benedictine Living Community	(507) 494-8066
1347 West Broadway, Winona, MN 55987	http://www.benedictineliving.org

Dove Healthcare - South	(715) 552-1035
3656 Mall Drive, Eau Claire, WI 54701	https://www.dovehealthcare.com/south_eau_claire.phtml

Dove Healthcare - West Accepts Medicaid	(715) 552-1030
1405 Truax Blvd, Eau Claire, WI 54701	https://www.dovehealthcare.com/south_eau_claire.phtml

Grand View Care Center	(608) 989-2511
620 Grand View Avenue, PO Box 27, Blair, WI 54616	https://www.grandviewhome.org/

Grace Lutheran Communities	(715) 598-7800
206 N Wilson Drive, Altoona, WI 54720	https://www.graceluthfound.com/

Gundersen St. Elizabeth's Nursing Home - Grant Blvd	(651) 565-4531
1200 Grant Boulevard W, Wabasha, MN 55981	https://www.gundersenhealth.org/

Gundersen St. Elizabeth's Care Center - Shields Ave	(651) 565-4581
626 Shields Avenue, Wabasha, MN 55981	https://www.gundersenhealth.org/

Heritage of Elmwood Nursing Home	(715) 639-2911
232 E Springer Avenue, Elmwood, WI 54740	http://heritageofelmwood.com/

Lake Winona Manor	(507) 457-4366
865 Mankato Avenue, Winona, MN 55987	https://www.winonahealth.org

Marinuka Manor	(608) 582-2211
19475 Silvercreek Road, Galesville, WI 54630	https://www.bsicorp.com/marinuka-manor/

Plum City Care Center	(715) 647-2401
301 Cherry Avenue W, Plum City, WI 54761	https://www.plumcitycare.com/

Sauer Health Care	(507) 454-5540
1635 W Service Drive, Winona, MN 55987	https://www.sauerhealthcare.org/

St. Anne Extended Healthcare (507) 454-3621
1455 West Broadway, Winona, MN 55987

The Neighbors of Dunn County (715) 232-2661
2901 Forbes Avenue, Menomonie, WI 54751 <https://neighborsdc.org/>

Personal Emergency Response System (PERS)

A personal emergency response system (PERS) is a home device that connects an individual to a 24-hour call center with the push of a button. The transmitter is typically worn on a neck pendant or wristband and sends a signal to the receiver. When the PERS button is pushed, the call center staff member evaluates the situation to decide if family or 911 should be contacted. The individual can talk with the call center staff from anywhere in the house using a 2-way intercom.

Alert1 1-877-969-2603
<https://www.alert-1.com>

Bay Alarm Medical (877) 522-9633
<https://www.bayalarmmedical.com>

Life Alert (800) 360-0329
<http://www.lifealert.com/>

LifeFone (800) 331-9198
<https://www.lifefone.com>

Life Station (833) 875-0364
<https://www.lifestation.com>

Medical Alert (800) 800-2537
<https://www.medicalalert.com>

Medical Guardian (800) 668-9200
<https://www.medicalguardian.com>

MobileHelp (800) 992-0616
<https://www.mobilehelp.com>

Lifeline (855) 681-5351
<https://www.lifeline.com>

Senior Safety (888) 473-2800
<https://www.seniorsafety.com>

VRI (800) 860-4230 Select Option 2
<https://vricares.com>

Power of Attorney: Healthcare and Finance

The Power of Attorney for Health Care law allows you to complete a written document designating another person to act on your behalf as your health care agent. Subject to limitations you impose, the designated health care agent is authorized to make many types of health care decisions on your behalf, should you later become incapacitated. In addition, it allows you to indicate in advance when, and under what circumstances, you would like to receive or refuse a feeding tube for provision of nutrition or hydration and receive or refuse the use of life-sustaining procedures. A Power of Attorney for Health Care takes effect upon a finding of incapacity by two (2) physicians who have personally examined the individual and sign a statement specifying that the individual has incapacity. Incapacity means “the inability to receive and evaluate information effectively or to communicate decisions to such an extent that the individual lacks the capacity to manage his or her health care decisions.”

The Power of Attorney for Finances allows you to plan for future financial decision-making even if you are unable to make your own decisions. By completing this document, you are not giving up any powers or rights to control your finances or property. Instead, you are giving your designated agent, in addition to yourself, the authority to handle your finances and property. This document is effective immediately when executed unless you state otherwise.

Why is drafting a Power of Attorney important to you and your family?

Completing an advance directive (Power of Attorney) is a gift to yourself and those you love. You are encouraged to make your wishes and expectations about medical care and end-of-life care known to loved ones and to solidify these wishes by completing an advanced directive. When your wishes are known, everyone is on the same page. These decisions should be made now and not in a time of crisis.

Why would ADRC's educate and promote the completion of advance directives?

- Firstly, having the advance directive allows the family to focus on medical decisions and supporting one another.
- Secondly, without an advance directive, family members may need to hire attorneys and participate in court processes to obtain guardianship and protective placement authority before they are able to make healthcare decisions. This process is very costly not only to the family but to the county system. It also means that no action can be taken until these steps are taken, causing families to wait for days/weeks to make important decisions.

What can you do?

Everyone age 18 and older is encouraged to have an advance directive. If you do not have an advance directive, contact the ADRC of Buffalo and Pepin Counties at 1-866-578-2372 or stop by their offices at the Buffalo and Pepin County Courthouse and ask for the WI advance directive document(s). ADRC staff are available to help explain the documents and their importance. You may also ask your health care provider. Fill out the form and ensure that your loved ones have a copy of the document. Secondly, ask your family and friends if they have an advance directive. If not, please share this important information.

Support Groups

The information below is believed to be accurate at the time of printing. For updated information and information on other support groups available in your area, please reach out to the ADRC at 866-578-2372 or adrc-bp@co.pepin.wi.us.

Alzheimer's & Caregiving

Alzheimer's Support Groups (800) 272-3900

- Search by area code to find an Alzheimer Caregiver Support Group near you by visiting <https://www.alz.org/events>. Virtual options available.

Caregiver Support Group - Live Well Winona (507) 452-0580

902 E 2nd Street, Suite 321, Winona, MN 55987

- Caregiver Support Group for adults, age 55 and better, provides an opportunity to meet with other caregivers to exchange helpful tips, give and receive support, and learn about new resources. Virtual and In-Person Opportunities

Memory Cafés (866)-578-2372

A place for people with early memory loss to socialize, join in interesting activities or enjoy speakers on topics of health and wellness. Contact the ADRC Dementia Care Specialist for more information on Memory Café's in your area!

Grief and Healing

Mayo Clinic Eau Claire - Grief Support (715) 464-5086

- Call for information on meeting dates, times, and locations.

The Healing Place (715) 717-6028

2125 Heights Drive, Eau Claire, WI 54701

- Call for dates and times of groups. Various time-limited, on-going support and meditation groups that help individuals cope with different life adjustments.

Winona Health - Grief Support (507) 457-4468

- Call for information on meeting dates, times, and locations.

Long-Term Health Conditions

Diabetes Group Education Classes - Winona Health (507) 457-4521

- Call for information on meeting dates, times, and locations.

Eau Claire Area Stroke Support Group (715) 717-4315

- Call for information on meeting dates, times, and locations.

Gundersen Health System (608) 775-6870

- Support groups and classes for those living with diabetes and chronic pain. Both in-person and virtual options offered. Call for information on meeting dates, times, and locations.

Northwestern WI ALS Support Group

- Email: diane.fergot@als.org for information on meeting dates, times, and locations.

Thrift Stores

Common Closet Thrift Store (651) 565-0359

154 Pembroke Avenue, Wabasha, MN 55981

Goodwill Industries <https://www.goodwillncw.org>

- 3605 Gateway Drive, Eau Claire, WI 54701 (715) 835-0532
- 2500 Hills Court, Menomonie, WI 54751 (715) 235-8488
- 1450 Gilmore Avenue, Winona, MN 55987 (507) 454-4817

Hope Gospel Mission Bargain Center <https://www.hopegospelmission.org>

- 121 N Eau Claire Street, Mondovi, WI 54755 (715) 598-4778
- 1230 N Broadway Street, Menomonie, WI 54751 (715) 598-2097
- 2511 W Moholt Drive, Eau Claire, WI 54701 (715) 839-9498

Luke 3:11 Project (715) 530-2197 or ahubert@frontier.net

- Free but used good winter outerwear for people of all ages.

Mondovi Area Thrift Shop (715) 926-5268

113 E Main Street, Mondovi, WI 54755

OLPH Mission Thrift Store (608) 323-7116

411 S Washington Street, Arcadia, WI 54612 <https://www.holyfam.com/olph-mission.html>

Society of St. Vincent de Paul (715) 672-8975

826 E Prospect Street, Durand, WI 54736

In addition to being a thrift store, they also provide assistance to those in need on a case-by-case basis. Volunteers are trained to work closely with local agencies and charities. Together they can help families and individuals in need of financial assistance, help for bills and expenses, and other services to help those less fortunate. ***Must be a resident of Pepin County*** to receive financial assistance.

United Way of Dunn County: C-3 Center (715) 231-3066

1620 Stout Road, Menomonie, WI 54751 <http://www.uwaydunn.org/community/c3center>

Ye Old School Shoppe (608) 248-2691

8th & Humboldt Street, Buffalo City, WI 54622

Transportation

ADRC of Buffalo and Pepin Counties Transportation Program (866) 578-2372

740 7th Avenue W, Durand, WI 54736

Transportation services are available to Pepin and Buffalo County residents seven days a week for all purposes including medical, social, and personal business. Priority is given to individuals aged 60+ and people with disabilities. Handicap accessible van & bus available for individuals who require specialized transportation. Passengers will pay a cost share rate which is determined by income. Requests for transportation must be made 3 days in advance whenever possible.

- To schedule a ride, contact the Pepin and Buffalo Counties Transportation Program at (866) 578-2372.

*For those with ***WI Medicaid, BadgerCare Plus Standard and Benchmark Plans***, transportation for medical appointments only is provided by Wisconsin's State Transportation Program, MTM/Veyo:

- To schedule transportation for medical appointments, call MTM, Inc/Veyo. at 1-866-907-1493.

*For those who are **Veterans**, please contact your local Veterans Service Office first:

- Buffalo County Veterans Service Office (608) 685-6219
- Pepin County Veterans Service Office (715) 672-8887

Center for Independent Living (800) 228-3287

2920 Schneider Avenue E, Menomonie, WI 54751 <http://cilww.com/transportation-services/>

- Service area includes Pepin County. Accessible van transportation available.

Veterans Services

Contact your local veteran's office for information about financial, educational, health or disability benefits and more for veterans.

Buffalo County Veteran Services (608) 685-6219

407 S 2nd Street, Alma, WI 54610 <https://www.buffalocounty.com/198/Veteran-Services>

Pepin County Veterans Service Office (715) 672-8887

407 S 2nd Street, Alma, WI 54610 <https://www.co.pepin.wi.us>

Chippewa Valley VA Clinic (715) 720-3780

475 Chippewa Mall Drive, Chippewa Falls, WI 54729 <https://www.va.gov/>

River Valley VA Clinic (608) 784-3886

2600 State Road, La Crosse, WI 54601 <https://www.va.gov/>

Minneapolis VA Medical Center (612) 725-2000

1 Veterans Drive, Minneapolis, MN 55417 <https://www.minneapolis.va.gov>

Tomah VA Medical Center (608) 372-3971

500 E Veterans Street, Tomah, WI 54660 <https://www.tomah.va.gov>

Veterans Outreach and Recovery Program (VORP) **Contact your Regional Rep**

Connects Veterans to community services, provides case management and support, with a special focus on treatment and recovery. Staff work with community providers and professionals to provide assistance and connection to: Mental Health Services; Substance Use Treatment; Financial Assistance; Housing and Utilities; Claims and Benefits Assistance; Employment and Education; Transportation; and many more services.

- Buffalo County Residents: Region 2: Tabitha Dahn (608) 306-0390
- Pepin County Residents: Region 3: Karla Peterson (608) 381-1525

VA Caregiver Support**(855) 260-3274**

The Caregiver Support Program offers training, educational resources, and multiple tools to help you succeed.

Veterans Crisis Line**988 (Press 1)**

Are you a Veteran in crisis or concerned about one? Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

- *Chat: VeteransCrisisLine.net/cha*
- *Or Text: 838255*

For More Copies Contact:

The ADRC of Buffalo
and Pepin Counties
Toll Free: (866) 578-2372

Buffalo County:
407 S 2nd Street
Alma, WI 54610

Pepin County:
740 7th Ave West
Durand, WI 54736

Send us an email at:
ADRC-BP@co.pepin.wi.us

Visit us on the web at:
www.adrc-bcp.com

Like us on Facebook!
www.facebook.com/ADRCBuffaloAndPepinCounties

